Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

- **4510 and 4520 Executive Drive**
  - San Diego, CA 92121

- **8910 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **8899 and 8929 University Center Lane**
  - San Diego, CA 92122

- **8939 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9333 Genesee Avenue**
  - San Diego, CA 92121

- **8950 Villa La Jolla Drive**
  - La Jolla, CA 92037

- **9350 Campus Point Drive**
  - La Jolla, CA 92037

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92037

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

- **Hillcrest**
  - **Hillcrest Emergency**
    - UC San Diego Medical Center
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **4th and Lewis Medical Offices**
    - 330 Lewis Street
    - San Diego, CA 92103

  - **Medical Offices North**
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **Medical Offices South**
    - 4168 Front Street
    - San Diego, CA 92103

  - **UC San Diego Medical Center**
    - 200 West Arbor Drive
    - San Diego, CA 92103

- **Rancho Bernardo**
  - Includes **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- Includes **Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  - San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  - San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  - Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7710 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Donna Mayeda, MD](image1.jpg)

**Donna Mayeda, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7710 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

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![Cindy H. Tsai, MD](image2.jpg)

**Cindy H. Tsai, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7710 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about [primary care](https://health.ucsd.edu) at UC San Diego Health System.

![Heeran Abawi, MD](image3.jpg)

**Heeran Abawi, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Family Medicine

**Carlsbad - 7710 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

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![Donna Mayeda, MD](image4.jpg)

**Donna Mayeda, MD**
Primary Care Physician
Affiliated Provider

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7710 El Camino Real**
**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Bruce Olmscheid, MD
Affiliated Provider

Specialty:
Primary Care

Carlsbad - 7710 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7710 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
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