UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Table of Contents

Family Medicine
  Integrative & Holistic Medicine ................................................................. i
Internal Medicine ......................................................................................... 2
Primary Care ................................................................................................. 3
Index ............................................................................................................ 6
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](#) at UC San Diego Health.

**Heeran Abawi, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine

**Carlsbad - 7740 El Camino Real**  
**Downtown - Columbia St**

**Contact:**  
Direct Clinic Line: (619) 232-3500

**Bio:**  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

**Brandon Miller, DO**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine

**Fallbrook - E. Elder**

**Contact:**  
Direct Clinic Line: (760) 728-8344

**Bio:**  
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog
Carlsbad - 6260 El Camino Real
Contact:
Direct Clinic Line: (760) 434-6060
Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact: Direct Clinic Line: (619) 232-3500
Bio: Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Victoria Bayliss, PA
Physician Assistant
Affiliated Provider
Specialty: Primary Care
Carlsbad - 7740 El Camino Real
Contact: Direct Clinic Line: (619) 232-3500
Bio: Victoria Bayliss, PA, MPH, is a certified physician assistant providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

John D. Awad, MD
Primary Care Physician
Specialty: Primary Care
Carlsbad - 7740 El Camino Real
Contact: Direct Clinic Line: (619) 232-3500
Bio: John Awad, MD, provides primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Internal Medicine
Add'l Language: Tagalog
Carlsbad - 6260 El Camino Real
Contact: Direct Clinic Line: (760) 434-6060
Bio: Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Bruce Olmscheid, MD
Affiliated Provider
Specialty:
Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.

Brandon Miller, DO
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Fallbrook - E. Elder
Contact:
Direct Clinic Line: (760) 728-8344
Bio:
Brandon Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Mary Steinhoff, NP
Nurse Practitioner
Affiliated Provider
Specialty:
Primary Care
Fallbrook - E. Elder
Contact:
Direct Clinic Line: (760) 728-8344
Bio:
Mary Steinhoff Holt, NP, is a certified nurse practitioner providing primary care at Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.
## Index

| A | Abawi, Heeran | 1, 3 |
|   | Awad, John D. | 3 |
| B | Bayliss, Victoria | 3 |
| C | Chong, Maribeth | 2, 3 |
|   | Mayeda, Donna | 2, 4 |
|   | Miller, Brandon | 1, 4 |
| O | Olmscheid, Bruce | 4 |
| S | Steinhoff, Mary | 4 |
| T | Tsai, Cindy H. | 2, 5 |