UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92037

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations

- Rancho Bernardo
- La Jolla
- Scripps Ranch
- Sorrento Valley
- Kearny Mesa
- Hillcrest
- Downtown
- Encinitas
- Chula Vista
- Temecula
- Vista
- Kearny Mesa Area
- College Area
- Hillcrest
- Downtown
- Encinitas
- Chula Vista
- Kearny Mesa
- Chula Vista
# Table of Contents

- Rheumatology
- Index

---

- Rheumatology .............................. 1
- Index ........................................ 3
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about rheumatology at UC San Diego Health System.

Harry Bluestein, MD
Rheumatologist

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Bluestein's research interests included the identification and characterization of cell membrane molecules that serve as targets of SLE antibodies and on the role of those antibodies in the pathogenesis of SLE, particularly the neuropsychiatric manifestations. He is now retired as a researcher.

Arnold Ceponis, MD, PhD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

Bio:
Arnold Ceponis, MD, is a board-certified rheumatologist with clinical and research interest in musculoskeletal ultrasound. In addition to long-established methods of diagnosis and treatment of rheumatic and systemic diseases, Dr. Ceponis uses in-office ultrasonography for diagnosis and ultrasound-guided injections of joints and other musculoskeletal structures.

Kenneth Kalunian, MD
Professor of Clinical Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Dr. Kenneth Kalunian is the Associate Director of the Center for Innovative Therapy and also a Professor in the Division of Rheumatology, Allergy and Immunology in the School of Medicine at UC San Diego.

Arthur Kavanaugh, MD
Professor of Medicine

Specialty:
Rheumatology

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Rheumatologist, Clinical Immunologist
Rheumatology (cont.)

Susan J Lee, MD  
Associate Professor of Medicine  

Specialty:  
Rheumatology  

Add'l Language:  
Korean  

La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6110  

Bio:  
In addition to clinical practice, Dr. Lee is actively involved in numerous clinical research as well as outcomes research.

Gregory D. Middleton, MD  
Rheumatologist  
Professor of Medicine and Orthopaedic Surgery  

Specialties:  
Rheumatology, Orthopedics  

Subspecialty:  
Hand & Upper Extremity  

Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Road  
La Jolla - Koman Family Outpatient Pavilion  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line - La Jolla: (858) 657-6110  

Bio:  
Gregory D. Middleton, MD, is a board-certified rheumatologist who specializes in the nonsurgical care of patients with joint and muscle pain, particularly those with rheumatic disorders such as osteoarthritis. He takes a comprehensive approach to treating arthritis, pain and autoimmune diseases, and strives to help patients maintain a satisfying and active lifestyle.

Katherine Nguyen, MD  
Rheumatologist  
Associate Professor of Medicine  

Specialty:  
Rheumatology  

Add'l Language:  
Vietnamese  

Hillcrest - Medical Offices South  
La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line - La Jolla: (858) 657-6110  

Bio:  
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren’s syndrome and rheumatoid arthritis (RA).

Abha G. Singh, MD  
Rheumatologist  
Assistant Professor of Medicine  

Specialty:  
Rheumatology  

Add'l Languages:  
Hindi, Punjabi  

La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6110  

Bio:  
Abha Singh, MD, is a board-certified rheumatologist. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus (SLE or lupus), vasculitis, gout, polymyalgia rheumatica, and osteoarthritis.
Index

B
Bluestein, Harry .................................................. 1

C
Ceponis, Arnold ................................................. 1

K
Kalunian, Kenneth ............................................. 1

Kavanaugh, Arthur ........................................... 1

L
Lee, Susan J ....................................................... 2

M
Middleton, Gregory D. ................................. 2

N
Nguyen, Katherine ................................. 2

S
Singh, Abha G. ................................................. 2