UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Reid Allen Abrams, MD
Orthopedic Surgeon
Chief of Hand and Microvascular Surgery
Chair of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Reid Abrams, MD, is a board-certified orthopedic and hand surgeon. He is chief of Hand and Microvascular Surgery and chairman of the Department of Orthopaedic Surgery. Dr. Abrams’ expertise includes treating severe upper limb trauma; nerve injuries; tendon injuries; arthritis of the elbow wrist and hand; carpal tunnel syndrome; Dupuytren’s contracture; as well as fractures and sports injuries of the elbow, forearm, wrist and hand.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

David J. Dalstrom, MD
Orthopedic Surgeon

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Foot & Ankle, Orthopedic Trauma

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
David Dalstrom, MD, is a board-certified orthopedic surgeon who specializes in treating traumatic injuries, degenerative conditions and sports injuries of the foot and ankle.
Sports Medicine (cont.)

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.

William T. Kent, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine
Subspeciality:
Orthopedic Trauma
Additional Language:
Spanish

Jacobs Medical Center
La Jolla - 4520 Executive Drive
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
William Kent, MD, is an orthopedic surgeon who specializes in treating fractures related to trauma, sports injuries and fractures around total joint replacements. His clinical practice includes treating fractures of the acetabulum, hip, pelvis, clavicle, humerus, elbow, forearm, femur, tibia, ankle and foot.
Sports Medicine (cont.)

Matthew Meunier, MD
Orthopedic Surgeon
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Sports Medicine, Hand & Upper Extremity

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Matthew Meunier, MD, is a board-certified orthopedic surgeon who specializes in hand, upper extremity and microvascular surgery to treat a variety of conditions, including fractures and dislocations, shoulder injuries, chronic wrist pain, and congenital hand disorders. He is one of the region’s top hand injury experts and an associate team physician for the San Diego Padres. He was a consultant physician for the San Diego Chargers.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale’s expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
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