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Infectious Diseases

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Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Saima Aslam, MBBS
Infectious Disease Specialist
Director, Solid Organ Transplant Infectious Diseases Service
Associate Professor of Medicine

Specialty:
Infectious Diseases
Add'l Language:
Urdu

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Saima Aslam, MBBS, is a board-certified infectious disease specialist. Her expertise is in caring for solid-organ transplant candidates and recipients as well as other immunocompromised individuals. Dr. Aslam directs UC San Diego Health's Solid Organ Transplant Infectious Diseases Service, which provides expert care in the prevention and management of infectious diseases in organ transplant donors and recipients.
Constance A Benson, MD
Senior Attending Physician
Professor of Medicine

Specialties: Infectious Diseases, HIV/AIDS

Hillcrest - UC San Diego Medical Center

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6146

Bio:
Dr. Benson is Professor of Medicine in Infectious Diseases at the University of California, San Diego. Dr. Benson received her MD degree from The Ohio State University College of Medicine in 1978, and completed her residency in Internal Medicine and fellowship in Infectious Diseases at Rush University Medical College in Chicago in 1986, after serving three years on active duty in the U.S. Navy as an internist.

Ajay Bharti, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialty: Infectious Diseases

Hillcrest - Medical Offices South

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6146

Bio:
Ajay Bharti, MD, is a board-certified infectious disease specialist. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to other infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones. Dr. Bharti also has expertise in tropical infectious diseases.

Jill S. Blumenthal, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Specialties: Infectious Diseases, HIV/AIDS, Primary Care

Hillcrest - Medical Offices South

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-3995

Bio:
Jill Blumenthal, MD, is a board-certified infectious disease physician who provides primary care services and specializes in caring for children, teens, and adults with HIV and AIDS. She has expertise in caring for transgender and gender non-conforming individuals seeking hormone replacement therapy and other supportive care. She also has extensive experience in HIV prevention using pre-exposure prophylaxis (PrEP) for HIV-uninfected individuals. Dr. Blumenthal cares for people at the UC San Diego Mother, Child and Adolescent HIV Program and UC San Diego Health's Owen Clinic, one of America's top HIV care programs.

Sara H Browne, MD
Infectious Disease Specialist
Assistant Professor of Medicine

Hillcrest - Medical Offices South

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6146

Bio:
Sara H. Browne, MD is an Associate Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases, at the University of California, San Diego (UCSD).
Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
HIV/AIDS, Infectious Diseases

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Anne N. Cowell, MD, MPH
Infectious Disease Specialist

Specialty:
Infectious Diseases

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Anne Cowell, MD, MPH, is a board-certified infectious disease specialist who sees patients in both the hospital and outpatient setting for a range of infectious diseases, including bloodstream and intravascular device infections, intra-abdominal and urinary tract infections, tuberculosis, prosthetic joint infections, and other postoperative infections.

Jennifer R. Dan, MD, PhD
Infectious Disease Specialist

Specialty:
Infectious Diseases

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Jennifer Dan, MD, PhD, is a board-certified internist and infectious disease specialist who cares for hospitalized patients.

Jeffrey D. Jenks, MD, MPH
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Infectious Diseases

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Jeffrey Jenks, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Jenks also has advanced training in infectious diseases and a special interest in treating tuberculosis.
Maile Young Karris, MD
Associate Professor of Medicine
HIV/AIDS Specialist

**Specialties:**
Infectious Diseases, HIV/AIDS

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Maile Young Karris, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. She is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women. Her clinical practice includes caring for individuals newly diagnosed with HIV and helping individuals living with HIV age successfully. Dr. Karris has expertise in non-HIV associated infections in individuals with HIV and in preventing HIV infection (pre-exposure prophylaxis or PrEP).

Scott Letendre, MD
Infectious Disease Specialist
Professor of Medicine

**Specialties:**
Infectious Diseases, HIV/AIDS

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Scott Letendre, MD, is an infectious disease specialist who cares for people at UC San Diego Health's Owen Clinic, one of America's top HIV care programs. He also provides consultation and care for patients staying in the hospital for infectious diseases.

Cathy Logan, MD
Infectious Disease Specialist
Professor of Medicine

**Specialty:**
Infectious Diseases

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Cathy Logan, MD, is a board-certified infectious disease specialist. Her expertise is in treating and preventing infections in immunocompromised individuals, including those with malignant disorders, stem-cell transplant recipients, and solid-organ transplant recipients.

Sanjay R. Mehta, MD
Transplant Infectious Disease Specialist
Assistant Professor of Medicine

**Specialty:**
Infectious Diseases

**Add'l Languages:**
Marathi, Portuguese

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

**Bio:**
Sanjay R. Mehta, MD, is one of the solid organ transplant infectious disease faculty at UC San Diego Health. He maintains an HIV-HCV co-infection clinic and is an assistant director of the Clinical Microbiology Lab at UC San Diego. He is also one of the faculty advisors for the UC Haiti Project.
Michele L. Ritter, MD
Infectious Disease Specialist
Associate Professor of Medicine

Specialty:
Infectious Diseases

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9062

Bio:
Michele L. Ritter, MD, is a board-certified infectious disease specialist who cares for patients with severe or deep-seated infections. She is director of UC San Diego Health’s outpatient parenteral antibiotic therapy (OPAT) program, which allows patients to avoid hospitalization for serious infections by receiving intravenous (IV) antimicrobial therapies in an outpatient setting, including at-home care.

Francesca Torriani, MD
Medical Director, Infection Prevention and Clinical Epidemiology
Professor of Clinical Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Languages:
French, German, Italian, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Francesca J. Torriani, MD, is a Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases at the University of California, San Diego (UCSD). Dr. Torriani received her medical degree in 1985 from the University Medical School in Lausanne, Switzerland. In 1995, Dr. Torriani joined UC San Diego Health after completing a fellowship in infectious diseases.

Robert Turner Schooley, MD
Infectious Disease Specialist
Chief, Division of Infectious Diseases

Specialty:
Infectious Diseases

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Robert T. Schooley, MD, is an infectious disease specialist and an expert in HIV and hepatitis C (HCV) infection and treatment. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones.
Infectious Diseases (cont.)

Darcy A. Wooten, MD
Assistant Professor of Medicine
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Darcy A. Wooten, MD, is an infectious disease specialist who diagnoses and treats diseases caused by viruses, bacteria, fungi, and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, among others. Dr. Wooten provides primary care for adults with HIV and specialized care and treatment for patients with hepatitis C virus (HCV). She also has expertise in general infectious diseases, including infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs, and bones.

David L. Wyles, MD
Infectious Disease Specialist
Associate Professor of Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
David L. Wyles, MD, is an infectious disease specialist and hepatitis C (HCV) infection and treatment expert. Infectious disease specialists care for patients with infections or diseases caused by viruses, bacteria, fungi and parasites. These include hepatitis viruses, tuberculosis, influenza, and HIV/AIDS, in addition to other infections of the sinuses, heart, brain, lungs, gastrointestinal system, urinary tract, pelvic organs and bones.
Infectious Diseases - Tropical Diseases

Sharon Lee Reed, MD  
Professor of Pathology and Medicine  
Infectious Disease Specialist

Specialty:  
Infectious Diseases

Subspecialty:  
Tropical Diseases

Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6146

Bio:  
Sharon L. Reed, MD, is a board-certified infectious disease specialist and physician with UC San Diego Health. Since 1994, she has also been director of the clinical microbiology laboratory at UC San Diego Health.
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