UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Table of Contents

Family Medicine
  Integrative & Holistic Medicine ................................................................. i
Internal Medicine ......................................................................................... 3
Primary Care ................................................................................................. 4
Index ........................................................................................................... 7
**Family Medicine**

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

---

**Heeran Abawi, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Carlsbad - 7740 El Camino Real**  
**Downtown - Columbia St**  

**Contact:**  
Direct Clinic Line: (619) 232-3500  

**Bio:**  
Heeran Abawi, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

---

**Matthew Combs, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Temecula - Single Oak Drive**  
**Hemet - W. Stetson Avenue**  

**Contact:**  
Direct Clinic Line: (951) 252-8650  

**Bio:**  
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

---

**Cristina Bailey, MD**  
Primary Care Physician  
Affiliated Provider  

**Language:**  
Spanish  

**Specialties:**  
Primary Care, Family Medicine  

**Temecula - Single Oak Drive**  

**Contact:**  
Direct Clinic Line: (951) 252-8650  

**Bio:**  
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

---

**Walter F. Combs, MD**  
Primary Care Physician  
Affiliated Provider  

**Specialties:**  
Primary Care, Family Medicine  

**Temecula - Single Oak Drive**  

**Contact:**  
Direct Clinic Line: (951) 252-8650  

**Bio:**  
Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Tae-Woong Im, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Korean

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

### Maribeth Chong, MD
**Primary Care Physician**

**Affiliated Provider**

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Tagalog

**Carlsbad - 6260 El Camino Real**

**Contact:**
Direct Clinic Line: (760) 434-6060

**Bio:**
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

### Donna Mayeda, MD
**Primary Care Physician**

**Affiliated Provider**

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**

**Downtown - Columbia St**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

### Cindy Tsai, MD
**Primary Care Physician**

**Affiliated Provider**

**Specialties:**
Primary Care, Internal Medicine

**Carlsbad - 7740 El Camino Real**

**Contact:**
Direct Clinic Line: (619) 232-3500

**Bio:**
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

### Michelle Uttaburantont, MD
**Primary Care Physician**

**Affiliated Provider**

**Specialties:**
Primary Care, Internal Medicine

**Temecula - 31150 Temecula Parkway**

**Contact:**
Direct Clinic Line: (951) 225-6827

**Bio:**
Michelle Uttaburantont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Heeran Abawi, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Carlsbad - 7740 El Camino Real
Downtown - Columbia St

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Heeran Abawii, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Cristina Bailey, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Spanish

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Cristina Bailey, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Matthew Combs, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive
Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Matthew Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Walter F. Combs, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Walter Combs, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Donna Mayeda, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Internal Medicine
Carlsbad - 7740 El Camino Real
Downtown - Columbia St
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Donna Mayeda, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Tae-Woong Im, MD
Primary Care Physician
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Add'l Language:
Korean
Temecula - Single Oak Drive
Contact:
Direct Clinic Line: (951) 252-8650
Bio:
Tae-Woong Im, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. He is a member of UC San Diego Health Physician Network.

Bruce Olmscheid, MD
Affiliated Provider
Specialty:
Primary Care
Carlsbad - 7740 El Camino Real
Contact:
Direct Clinic Line: (619) 232-3500
Bio:
Bruce Olmscheid, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. He is a member of the UC San Diego Health Physician Network.
Maisara Rahman, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Maisara Rahman, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Cindy H. Tsai, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Carlsbad - 7740 El Camino Real

Contact:
Direct Clinic Line: (619) 232-3500

Bio:
Cindy Tsai, MD, is a board-certified physician providing primary care through One Medical, an independent, membership-based practice with an annual fee. She is a member of the UC San Diego Health Physician Network.

Pamela A. Wong Simmons, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Temecula - Single Oak Drive

Contact:
Direct Clinic Line: (951) 252-8650

Bio:
Pamela Wong Simmons, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.

Michelle Uttaburanont, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Temecula - 31150 Temecula Parkway

Contact:
Direct Clinic Line: (951) 225-6827

Bio:
Michelle Uttaburanont, MD, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
# Index

<table>
<thead>
<tr>
<th>Alphabet</th>
<th>Name</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>Abawi, Heeran</td>
<td>1, 4</td>
</tr>
<tr>
<td>B</td>
<td>Bailey, Cristina</td>
<td>1, 4</td>
</tr>
<tr>
<td>C</td>
<td>Chong, Maribeth</td>
<td>3, 4</td>
</tr>
<tr>
<td></td>
<td>Combs, Matthew</td>
<td>1, 4</td>
</tr>
<tr>
<td></td>
<td>Combs, Walter F.</td>
<td>1, 5</td>
</tr>
<tr>
<td>I</td>
<td>Im, Tae-Woong</td>
<td>2, 5</td>
</tr>
<tr>
<td>M</td>
<td>Mayeda, Donna</td>
<td>3, 5</td>
</tr>
<tr>
<td>O</td>
<td>Olmscheid, Bruce</td>
<td>5</td>
</tr>
<tr>
<td>R</td>
<td>Rahman, Maisara</td>
<td>2, 6</td>
</tr>
<tr>
<td>S</td>
<td>Simmons, Pamela A. Wong</td>
<td>2, 6</td>
</tr>
<tr>
<td>T</td>
<td>Tsai, Cindy H.</td>
<td>3, 6</td>
</tr>
<tr>
<td>U</td>
<td>Uttaburanont, Michelle</td>
<td>3, 6</td>
</tr>
</tbody>
</table>