UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
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[providers.ucsd.edu](http://providers.ucsd.edu)

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
**Locations**

**La Jolla**
- La Jolla Emergency
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- La Jolla Urgent Care
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

**Orthopedics Urgent Care**
- Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- 8899 and 8929 University Center Lane
  - San Diego, CA 92122

- 8939 Villa La Jolla Drive
  - La Jolla, CA 92037

- 9333 Genesee Avenue
  - San Diego, CA 92121

- 8950 Villa La Jolla Drive
  - La Jolla, CA 92037

- 9350 Campus Point Drive
  - La Jolla, CA 92037

- Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- Moores Cancer Center
  - 3855 Health Sciences Drive
  - La Jolla, CA 92039

- Jacobs Medical Center
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- Koman Family Outpatient Pavilion
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- Perlman Medical Offices
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

**Hillcrest**
- Hillcrest Emergency
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

  - Medical Offices North
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - Medical Offices South
    - 4168 Front Street
    - San Diego, CA 92103

  - UC San Diego Medical Center
    - 200 West Arbor Drive
    - San Diego, CA 92103

**Rancho Bernardo**
- Includes Rancho Bernardo Urgent Care
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- Includes Encinitas Express Care (Suite 110)
  - 1200 Garden View Road
  - Encinitas, CA 92024

- 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  - Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  - San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  - San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  - San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  - Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
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Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0734

Bio:
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

**Specialties:**
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

**Subspecialties:**
Lung Transplantation, Heart Failure, Heart Transplantation

**Sulpizio Cardiovascular Center**
**Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

**Bio:**
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Heart Failure

**Sulpizio Cardiovascular Center**
**Hillcrest - Medical Offices South**
**Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Temecula: (951) 303-0734
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (619) 543-5743

**Bio:**
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.
Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Heart Failure

**Sulpizio Cardiovascular Center**
Temecula Parkway
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0374
Direct Clinic Line - Hillcrest: (858) 657-8530

**Bio:**
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about [cardiothoracic (heart and lung) surgery](https://health.ucsd.edu) at UC San Diego Health System.

### Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

**Specialties:**
Cardiothoracic (Heart and Lung) Surgery, Surgery

**Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

**Bio:**
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

### Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

**Specialties:**
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

**Subspecialties:**
Lung Transplantation, Heart Failure, Heart Transplantation

**Sulpizio Cardiovascular Center**
Temecula Parkway

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

**Bio:**
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

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Bio:
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Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery

Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

Bio:
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation
Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

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Direct Clinic Line: (858) 657-7777

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Transplantation - Heart Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology,
Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula Parkway

Contact:
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devices (VADs); and those who have undergone or need heart and/or lung
transplantation. He also implements and manages the care of those
requiring extracorporeal membrane oxygenation (ECMO), a type of life
support treatment that provides enough oxygen to a person while allowing
time for their lungs and heart to rest or heal.
Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)
Subspecialty:
Liver Transplantation
Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula Parkway

Contact:
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Transplantation - Lung Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

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