UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

**La Jolla**
- La Jolla Emergency
  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

**La Jolla Urgent Care**
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037

**Orthopedics Urgent Care**
*Sports Medicine*
- 4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121

- 4510 and 4520 Executive Drive
  San Diego, CA 92121

- 8910 Villa La Jolla Drive
  La Jolla, CA 92037

- 8899 and 8929 University Center Lane
  San Diego, CA 92122

- 8939 Villa La Jolla Drive
  La Jolla, CA 92037

- 9333 Genesee Avenue
  San Diego, CA 92121

- 8950 Villa La Jolla Drive
  La Jolla, CA 92037

- 9350 Campus Point Drive
  La Jolla, CA 92037

- Shiley Eye Institute
  9415 Campus Point Drive
  La Jolla, CA 92037

- Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- Moores Cancer Center
  3855 Health Sciences Drive
  La Jolla, CA 92037

- Jacobs Medical Center
  9300 Campus Point Drive
  La Jolla, CA 92037

- Koman Family Outpatient Pavilion
  9400 Campus Point Drive
  La Jolla, CA 92037

- Perlman Medical Offices
  9350 Campus Point Drive
  La Jolla, CA 92037

**Hillcrest**
*Hillcrest Emergency*
- UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

- 4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103

- Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103

- Medical Offices South
  4168 Front Street
  San Diego, CA 92103

- UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

**Rancho Bernardo**
*Includes Rancho Bernardo Urgent Care*
- 16950 Via Tazon
  San Diego, CA 92127

**Encinitas**
*Includes Encinitas Express Care (Suite 110)*
- 1200 Garden View Road
  Encinitas, CA 92024

- 477 North El Camino Real
  Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
  San Diego, CA 92120

**Downtown**
- Downtown Express Care
  203 West F Street
  San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
  Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
  San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
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Cardiology - Electrophysiology

Frederick (Fred) Han, MD
Cardiac Electrophysiologist
Associate Professor of Medicine

Specialty:
Cardiology
Subspecialty:
Electrophysiology

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0734

Bio:
Frederick (Fred) Han, MD, is board-certified cardiologist who subspecializes in cardiac electrophysiology. He takes care of patients with all types of fast (tachycardia), slow (bradycardia), and irregular heart rhythm disorders, including both atrial and ventricular arrhythmias.
Cardiology - Heart Failure

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7777

Bio:
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.

Hao (Howie) Tran, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Temecula: (951) 303-0734
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Hillcrest: (619) 543-5743

Bio:
Howie Tran, MD, is board-certified cardiologist who specializes in treating patients with end-stage or advanced heart failure. He cares for patients who require heart transplants and mechanical circulatory support devices, including ventricular assist devices (VADs) and percutaneous ventricular assist devices (PVADs). Dr. Tran is also experienced in right heart-catheterization with heart tissue biopsies.
Cardiology - Heart Failure (cont.)

Nicholas Wettersten, MD
Cardiologist
Assistant Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Heart Failure

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sulpizio Cardiovascular Center: (858) 657-8530
Direct Clinic Line - Temecula: (951) 303-0374
Direct Clinic Line - Hillcrest: (858) 657-8530

Bio:
Nicholas Wettersten, MD, is a board-certified cardiologist who treats patients with advanced heart failure.
# Cardiothoracic (Heart and Lung) Surgery

Cardiothoracic (Heart and Lung) Surgery specializes in operations to the heart, chest or both — generally includes treatment for heart and lung diseases and conditions. Learn more about [cardiothoracic (heart and lung) surgery](https://health.ucsd.edu) at UC San Diego Health System.

## Steven Howe, MD
Cardiothoracic Surgeon  
Associate Professor of Surgery  

**Specialties:**  
Cardiothoracic (Heart and Lung) Surgery, Surgery  

**Temecula - 31720 Temecula Parkway**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (951) 303-0734  

**Bio:**  
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

## Travis L. Pollema, DO
Cardiothoracic Surgeon  
Assistant Professor of Surgery  

**Specialties:**  
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation  

**Subspecialties:**  
Lung Transplantation, Heart Failure, Heart Transplantation  

**Sulpizio Cardiovascular Center**  
Temecula - 31720 Temecula Parkway  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7777  

**Bio:**  
Travis L. Pollema, DO, is a cardiothoracic surgeon who specializes in treating diseases of the heart and lungs. His expertise includes treating coronary artery disease with bypass surgery and valvular heart disease with valve repair or replacement. Dr. Pollema performs operations for patients with advanced stages of heart failure; patients needing mechanical circulatory support, including temporary and permanent ventricular assist devices (VADs); and those who have undergone or need heart and/or lung transplantation. He also implements and manages the care of those requiring extracorporeal membrane oxygenation (ECMO), a type of life support treatment that provides enough oxygen to a person while allowing time for their lungs and heart to rest or heal.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about [gastroenterology](https://health.ucsd.edu) at UC San Diego Health System.

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**Michel Henry Mendler, MD**  
Gastroenterologist and Transplant Hepatologist  
Professor of Medicine

**Specialties:**  
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**  
Liver Transplantation

**Add'l Language:**  
French

**La Jolla - 4510 Executive Drive**  
**La Jolla - Perlman Medical Offices**  
**Hillcrest - Medical Offices South**  
**Temecula - 31720 Temecula Parkway**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5415  
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728  
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

**Bio:**  
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

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La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

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Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Steven Howe, MD
Cardiothoracic Surgeon
Associate Professor of Surgery

**Specialties:**
Cardiothoracic (Heart and Lung) Surgery, Surgery

**Temecula - 31720 Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (951) 303-0734

**Bio:**
Steven Howe, MD, is a board-certified cardiothoracic surgeon who specializes in treating a wide range of cardiovascular diseases, including aortic valve disease, coronary artery disease, and other peripheral and major vascular conditions. Dr. Howe performs adult cardiothoracic surgery, including peripheral and major vascular surgery, thoracic and abdominal endovascular surgery and thoracic trauma surgery.

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

**Specialties:**
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

**Subspecialties:**
Lung Transplantation, Heart Failure, Heart Transplantation

**Sulpizio Cardiovascular Center**
**Temecula - 31720 Temecula Parkway**

**Contact:**
New Patient Registration: (800) 926-8273
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Transplantation - Heart Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
Temecula - 31720 Temecula Parkway

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Direct Clinic Line: (858) 657-7777

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Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Temecula - 31720 Temecula Parkway

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
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Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. He has expertise in performing lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Transplantation - Lung Transplantation

Travis L. Pollema, DO
Cardiothoracic Surgeon
Assistant Professor of Surgery

Specialties:
Cardiothoracic (Heart and Lung) Surgery, Surgery, Cardiology, Transplantation

Subspecialties:
Lung Transplantation, Heart Failure, Heart Transplantation

Sulpizio Cardiovascular Center
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