UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Daniel Vicario, MD
Medical Director, San Diego Cancer Center
Director, Integrative Oncology Program

Specialty:
Cancer

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Vicario is a medical oncologist who co-founded the San Diego Cancer Center (SDCC). He is a pioneer in the research of mind-body medicine (the influence of the human spirit on the healing process) and in the field of integrative medicine. He created the Integrative Medicine Program at SDCC in 1988, and has been director of the program for over a decade.
Cancer - Breast Cancer

**Anjali Bharne, MD**
Hematologist/Medical Oncologist

*Specialties:*
Hematology/Blood Diseases, Cancer

*Subspecialties:*
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

*Add'l Language:*
Spanish

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

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**Rupa Subramanian, MD**

*Specialty:*
Cancer

*Subspecialty:*
Breast Cancer

*Add'l Language:*
Hindi

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Rupa Subramanian, MD, is a board-certified oncologist and director of breast cancer services at our Encinitas and Vista locations. She believes in compassionate and personalized patient care and using new advanced therapies to create the optimal healing environment for the mind and body.
Cancer - Gastrointestinal Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialties:**
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**
Spanish

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

**Specialties:**
Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Gynecological Cancers

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers

Anjali Bharne, MD
Hematologist/Medical Oncologist

**Specialties:**
Hematology/Blood Diseases, Cancer

**Subspecialties:**
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**
Spanish

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

**Specialties:**
Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:**
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Leukemia & Lymphoma

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
- Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
- Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
- Hematology/Blood Diseases, Cancer

Subspecialties:
- Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
- French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Encinitas: (760) 536-7700
- Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Lung Cancer

Anjali Bharne, MD  
Hematologist/Medical Oncologist

Specialties:  
Hematology/Blood Diseases, Cancer

Subspecialties:  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:  
Spanish

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP  
Medical Oncologist  
Medical Director of North County Cancer Services

Specialties:  
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:  
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:  
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Lung Cancer (cont.)

Fareeha Siddiqui, MD  
Medical Oncologist/Hematologist

Specialties:  
Hematology/Blood Diseases, Cancer  
Subspecialties:  
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer  
Add'l Languages:  
French, Urdu

Encinitas - Garden View Road  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Encinitas: (760) 536-7700  
Direct Clinic Line - Vista: (760) 536-7737

Bio:  
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Pancreatic Cancer

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Urologic Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:
Spanish

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Family Medicine
Add'l Language: Tagalog

Vista - 1954 Via Centre

Contact: Direct Clinic Line: (760) 529-9700

Bio: Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties: Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact: Direct Clinic Line: (760) 940-7000

Bio: Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.

Linda S. Falconio, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Family Medicine

Vista - W. Vista Way

Contact: Direct Clinic Line: (760) 631-4000

Bio: Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider

Specialties: Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact: Direct Clinic Line: (760) 940-7000

Bio: Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Family Medicine (cont.)

Melissa Hurd, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - Thunder Dr
Contact: Direct Clinic Line: (760) 758-1988
Bio: Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Loren S. Novak, DO
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact: Direct Clinic Line: (760) 940-7000
Bio: Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - W. Vista Way
Contact: Direct Clinic Line: (760) 631-4000
Bio: Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Michael Pietila, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact: Direct Clinic Line: (760) 940-7000
Bio: Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about [hematology/blood diseases](https://health.ucsd.edu) at UC San Diego Health.

### Anjali Bharne, MD
Hematologist/Medical Oncologist

**Specialties:** Hematology/Blood Diseases, Cancer

**Subspecialties:** Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:** Spanish

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

### Derek Helton, MD, FACP
Medical Oncologist  
Medical Director of North County Cancer Services

**Specialties:** Medical Oncology, Cancer, Hematology/Blood Diseases

**Subspecialties:** Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View Road**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Hematology/Blood Diseases (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of a wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Arabic, French

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
- Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (760) 697-3000

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
- Primary Care, Internal Medicine

Add'l Language:
- Vietnamese

Vista - Sycamore Avenue

Contact:
- Registration and Scheduling: (800) 926-8273
- Direct Clinic Line: (760) 697-3000

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
- Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Medical Oncology

Medical oncology focuses on the diagnosis and treatment of all types of cancer and other benign and malignant tumors. Medical oncologists administer therapy for these malignancies and collaborate with surgical and radiation oncologists to provide cancer treatments. Learn more about cancer care at UC San Diego Health.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Medical Oncology, Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View Road
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Nephrology (Kidney) - Chronic Kidney Disease

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Critical Care Nephrology

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Nephrology (Kidney) - Dialysis

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Palliative Care

Tamara Rubenzik, MD
Nephrologist and Palliative Care Specialist

Specialties:
Nephrology (Kidney), Palliative Care

Subspecialties:
Chronic Kidney Disease, Dialysis, Critical Care Nephrology

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North
Hillcrest - Medical Offices South
Moores Cancer Center
Jacobs Medical Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Palliative Care: (858) 534-9061
Direct Clinic Line - Vista: (760) 697-3000
Direct Clinic Line - Hillcrest: (619) 543-6248

Bio:
Tamara Rubenzik, MD, is a board-certified nephrologist and palliative care physician. She works in both the Departments of Nephrology and Palliative Care at UC San Diego Health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Sam Baroudi, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine
Add'l Languages:
Arabic, French

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Sam Baroudi, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre
Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Vanessa Cordova, MSN, APRN, FNP
Family Nurse Practitioner
Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre
Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Vanessa Cordova, MSN, APRN, FNP, is a certified family nurse practitioner providing primary care through Tri-City Primary Care. She is a member of UC San Diego Health Physician Network.
Primary Care (cont.)

Linda S. Falconio, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - W. Vista Way
Contact: Direct Clinic Line: (760) 631-4000
Bio: Linda Falconio, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties: Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact: New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio: Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Jeffrey Ferber, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - 1926 Via Centre
Contact: Direct Clinic Line: (760) 940-7000
Bio: Jeffrey Ferber, MD, is a board-certified internal medicine physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Melissa Hurd, MD
Primary Care Physician
Affiliated Provider
Specialties: Primary Care, Family Medicine
Vista - Thunder Dr
Contact: Direct Clinic Line: (760) 758-1988
Bio: Melissa Hurd, MD, is a board-certified physician providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.
Primary Care (cont.)

Mary Jaramillo, MD
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil Levine, MD
Primary Care Physician
Assistant Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Vista - Sycamore Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Johanna McEwen-Morofski, PA
Physician Assistant
Affiliated Provider
Specialties:
Primary Care, Family Medicine
Vista - W. Vista Way
Contact:
Direct Clinic Line: (760) 631-4000
Bio:
Johanna McEwen-Morofski, PA, is a certified physician assistant providing primary care at an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine
Specialties:
Primary Care, Internal Medicine
Add'l Language: Vietnamese
Vista - Sycamore Avenue
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 697-3000
Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Loren S. Novak, DO
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Loren Novak, DO, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Michael Pietila, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Vista - 1926 Via Centre

Contact:
Direct Clinic Line: (760) 940-7000

Bio:
Michael Pietila, MD, is a board-certified physician providing primary care through Tri-City Primary Care. He is a member of UC San Diego Health Physician Network.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 697-3000

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Psychology

Carlos Alarid, PsyD
Psychologist

Specialty: Psychology
Add'l Language: Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Vista: (858) 534-7792

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

William J Sieber, PhD
Psychologist
Professor of Family Medicine and Public Health

Specialty: Psychology

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Sorrento Valley - Directors Place
La Jolla - Perlman Medical Offices
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family Medicine and Public Health as well as Department of Psychiatry, Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.
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