Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment

Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

Transfer a Patient

For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations

If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient

Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
# Locations

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Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Daniel Vicario, MD
Medical Director, San Diego Cancer Center
Director, Integrative Oncology Program

Specialty:
Cancer

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Vicario is a medical oncologist who co-founded the San Diego Cancer Center (SDCC). He is a pioneer in the research of mind-body medicine (the influence of the human spirit on the healing process) and in the field of integrative medicine. He created the Integrative Medicine Program at SDCC in 1988, and has been director of the program for over a decade.
Cancer - Breast Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Rupa Subramanian, MD

Specialty:
Cancer
Subspecialty:
Breast Cancer
Add'l Language:
Hindi

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Dr. Subramanian believes in the compassionate care of patients, personalizing their care with the newest diagnostic tests and integrating the latest in clinical research.
Cancer - Gastrointestinal Cancers

**Anjali Bharne, MD**
Hematologist/Medical Oncologist

- **Specialties:**
  Hematology/Blood Diseases, Cancer
- **Subspecialties:**
  Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
- **Add'l Language:**
  Spanish

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

**Derek Helton, MD, FACP**
Medical Oncologist
Medical Director of North County Cancer Services

- **Specialties:**
  Cancer, Hematology/Blood Diseases
- **Subspecialties:**
  Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View**
**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

**Bio:**
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Gynecological Cancers

Ramez N. Eskander, MD  
Gynecologic Oncologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:  
Obstetrics & Gynecology, Cancer

Subspecialties:  
Gynecologic Oncology, Gynecological Cancers

Add'l Languages:  
Arabic, Spanish

Moores Cancer Center  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Moores Cancer Center: (858) 822-6100  
Direct Clinic Line - Vista: (760) 536-7737

Bio:  
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.

Derek Helton, MD, FACP  
Medical Oncologist  
Medical Director of North County Cancer Services

Specialties:  
Cancer, Hematology/Blood Diseases

Subspecialties:  
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View  
Vista - Sycamore Avenue

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Cancer - Head & Neck Cancers

**Anjali Bharne, MD**  
Hematologist/Medical Oncologist

**Specialties:**  
Hematology/Blood Diseases, Cancer

**Subspecialties:**  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

**Add'l Language:**  
Spanish

**Encinitas - Garden View**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

**Derek Helton, MD, FACP**  
Medical Oncologist  
Medical Director of North County Cancer Services

**Specialties:**  
Cancer, Hematology/Blood Diseases

**Subspecialties:**  
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

**Encinitas - Garden View**  
**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

**Bio:**  
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Head & Neck Cancers (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Leukemia & Lymphoma

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer
Add'l Languages:
French, Urdu

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Lung Cancer

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer
Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer
Add'l Language:
Spanish

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
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Direct Clinic Line: (760) 536-7700

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Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Cancer, Hematology/Blood Diseases
Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Lung Cancer (cont.)

Fareeha Siddiqui, MD
Medical Oncologist/Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Leukemia & Lymphoma, Lung Cancer

Add'l Languages:
French, Urdu

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Encinitas: (760) 536-7700
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Fareeha Siddiqui, MD, is a board-certified oncologist and hematologist, specializing in the treatment of wide variety of cancers, including lung, ovarian, prostate and brain cancer, as well as lymphoma and leukemia.
Cancer - Pancreatic Cancer

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Cancer - Urologic Cancer

Anjali Bharne, MD  
Hematologist/Medical Oncologist

Specialties:  
Hematology/Blood Diseases, Cancer

Subspecialties:  
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Add'l Language:  
Spanish

Encinitas - Garden View  
Vista - Sycamore Avenue

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 536-7700

Bio:  
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Anjali Bharne, MD
Hematologist/Medical Oncologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialties:
Head & Neck Cancers, Lung Cancer, Breast Cancer, Gastrointestinal Cancers, Urologic Cancer

Additional Language:
Spanish

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Anjali Bharne, MD, is a board-certified hematologist and medical oncologist. She treats a wide range of cancers, including lung, breast, head and neck, gastrointestinal, urologic and hematologic malignancies, as well as benign hematologic disorders.

Derek Helton, MD, FACP
Medical Oncologist
Medical Director of North County Cancer Services

Specialties:
Cancer, Hematology/Blood Diseases

Subspecialties:
Gastrointestinal Cancers, Gynecological Cancers, Head & Neck Cancers, Lung Cancer, Pancreatic Cancer, Leukemia & Lymphoma

Encinitas - Garden View
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 536-7700

Bio:
Derek Helton, MD, is a board-certified medical oncologist and medical director of cancer services at our Encinitas and Vista locations. He specializes in the treatment of a broad range of solid tumor malignancies and benign and malignant blood disorders. He has a special interest in the treatment of gastrointestinal cancers, including colorectal, esophagus, stomach, liver, pancreas, gallbladder, bile duct and anal cancers.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Kareen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Kareen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.
Internal Medicine (cont.)

Mary Jaramillo, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Gynecologic oncology is the medical specialty focusing on cancers of the female reproductive system, including ovarian cancer, uterine cancer, vaginal cancer, cervical cancer, and vulvar cancer. Learn more about gynecologic cancers at UC San Diego Health.

Ramez N. Eskander, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer

Subspecialties:
Gynecologic Oncology, Gynecological Cancers

Add'l Languages:
Arabic, Spanish

Moores Cancer Center
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Vista: (760) 536-7737

Bio:
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about [primary care](https://health.ucsd.edu) at UC San Diego Health System.

Karen Cadman, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Karen Cadman, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Charles Hergesheimer, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Charles Hergesheimer, MD, is a board-certified internal medicine physician. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic illnesses.

Mary Jaramillo, MD
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Mary Jaramillo, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Neil Levine, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 598-1776

**Bio:**
Neil Levine, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including nutrition, preventive care and diagnosis and treatment of acute and chronic diseases.
Primary Care (cont.)

Christine Nguyen, MD  
Primary Care Physician  
Assistant Clinical Professor of Medicine

**Specialties:**  
Primary Care, Internal Medicine  
**Add'l Language:**  
Vietnamese

**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776

**Bio:**  
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Ryan W. Stewart, MD  
Primary Care Physician

**Specialties:**  
Primary Care, Internal Medicine

**Vista - Sycamore Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 598-1776

**Bio:**  
Ryan Stewart, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
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