UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**  
  Sulpizio Cardiovascular Center  
  9434 Medical Center Drive  
  La Jolla, CA 92037

- **La Jolla Urgent Care**  
  8910 Villa La Jolla Drive  
  La Jolla, CA 92037

- **Orthopedics Urgent Care**  
  **Sports Medicine**  
  4520 Executive Drive, Suite Plaza 1  
  San Diego, CA 92121

  - 4510 and 4520 Executive Drive  
    San Diego, CA 92121  
    8910 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 8899 and 8929 University Center Lane  
    San Diego, CA 92122  
    8939 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 9333 Genesee Avenue  
    San Diego, CA 92121  
    8950 Villa La Jolla Drive  
    La Jolla, CA 92037

  - 9350 Campus Point Drive  
    La Jolla, CA 92037

- **Shiley Eye Institute**  
  9415 Campus Point Drive  
  La Jolla, CA 92093

- **Sulpizio Cardiovascular Center**  
  9434 Medical Center Drive  
  La Jolla, CA 92093

### Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92039

### Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

### Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

### Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

### Hillcrest
- **Hillcrest Emergency**  
  UC San Diego Medical Center  
  200 West Arbor Drive  
  San Diego, CA 92103

  - 4th and Lewis Medical Offices  
    330 Lewis Street  
    San Diego, CA 92103

  - Medical Offices North  
    200 West Arbor Drive  
    San Diego, CA 92103

  - Medical Offices South  
    4168 Front Street  
    San Diego, CA 92103

  - UC San Diego Medical Center  
    200 West Arbor Drive  
    San Diego, CA 92103

### Rancho Bernardo
- **Includes Rancho Bernardo Urgent Care**  
  16950 Via Tazon  
  San Diego, CA 92127

### Encinitas
- **Includes Encinitas Express Care (Suite 110)**  
  1200 Garden View Road  
  Encinitas, CA 92024

  - 477 North El Camino Real  
    Encinitas, CA 92024

### College Area
- **6719 Alvarado Road, Suite 302**  
  San Diego, CA 92120

### Downtown
- **Downtown Express Care**  
  203 West F Street  
  San Diego, CA 92101

### Vista
- **910 Sycamore Avenue**  
  Vista, CA 92081

### Sorrento Valley
- **4910 Directors Place**  
  San Diego, CA 92121

### Scripps Ranch
- **9909 Mira Mesa Blvd, Suite 200**  
  San Diego, CA 92131

### Kearny Mesa
- **7910 Frost Street**  
  San Diego, CA 92123

### Chula Vista
- **959 Lane Avenue**  
  Chula Vista, CA 91914

### Temecula
- **31720 Temecula Parkway, Suite 100**  
  Temecula, CA 92592
# Table of Contents

- Senior Medicine ........................................................................................................... 1
- Index ................................................................................................................................ 4
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Ian C. Neel, MD
Geriatrician

Specialty:
Senior Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-2500

Bio:
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as the primary geriatric medicine consultant for Senior Behavioral Health at UC San Diego Health.
Senior Medicine (cont.)

Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

James R. Templeman, MD, MPH
Geriatrician

Specialty:
Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
Index

G
Gonzalez, Veronica V. ........................................... 1
Gupta, Roopali ...................................................... 1

M
Moore, Alison ...................................................... 2

N
Neel, Ian C. .......................................................... 2
Nguyen, Khai H. ................................................... 2

R
Romero, Jairo Alberto ......................................... 3

T
Templeman, James R. ......................................... 3

Y
Yourman, Lindsey ................................................ 3