Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

**La Jolla**

La Jolla Emergency  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

La Jolla Urgent Care  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

Orthopedics Urgent Care  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92037

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

Hillcrest Emergency  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**  
Includes Rancho Bernardo Urgent Care  
16950 Via Tazon  
San Diego, CA 92127

**Rancho Bernardo Urgent Care**

**Encinitas**  
Includes Encinitas Express Care (Suite 110)  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**  
910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123

**Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
# Table of Contents

Senior Medicine .......................................................................................................................... 1
Index ........................................................................................................................................... 4
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about [senior medicine](https://health.ucsd.edu) at UC San Diego Health System.

---

**Veronica V. Gonzalez, MD**  
Primary Care Physician  

**Specialties:**  
Primary Care, Senior Medicine  

**Add'l Language:**  
Spanish  

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

---

**Roopali Gupta, MD**  
Primary Care Physician  
Assistant Professor of Medicine  

**Specialties:**  
Primary Care, Senior Medicine  

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

**Alison Moore, MD, MPH, FACP**  
Primary Care Physician  
Chief, Division of Geriatrics, Department of Medicine

**Specialties:**  
Primary Care, Senior Medicine

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

**Khai H. Nguyen, MD, MHS**  
Primary Care Physician  
Clinical Services Chief, Senior Medicine

**Specialties:**  
Primary Care, Senior Medicine

**Add'l Language:**  
Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

**Ian C. Neel, MD**  
Geriatrician

**Specialty:**  
Senior Medicine

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - La Jolla: (858) 249-2500

**Bio:**  
Ian Neel, MD, is a board-certified internal medicine doctor who specializes in caring for older adults. He serves as the primary geriatric medicine consultant for Senior Behavioral Health at UC San Diego Health.
Senior Medicine (cont.)

**Jairo Alberto Romero, MD**  
Primary Care Physician  
Professor of Medicine  

**Specialties:**  
Primary Care, Senior Medicine  

**Add'l Language:**  
Spanish  

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500  

**Bio:**  
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

**Lindsey Yourman, MD**  
Primary Care Physician  
Assistant Professor of Medicine  

**Specialties:**  
Primary Care, Senior Medicine  

**Add'l Language:**  
Spanish  

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500  

**Bio:**  
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.

**James R. Templeman, MD, MPH**  
Geriatrician  

**Specialty:**  
Senior Medicine  

**Add'l Language:**  
Spanish  

**La Jolla - Perlman Medical Offices**  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500  

**Bio:**  
James Templeman, MD, MPH, is a board-certified geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on healthy aging, disease prevention, treatment of acute and chronic illnesses, and preservation of function.
# Index

<table>
<thead>
<tr>
<th>G</th>
<th>Gonzalez, Veronica V. ...................................... 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gupta, Roopali ............................................ 1</td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>Moore, Alison .................................................. 2</td>
</tr>
<tr>
<td>N</td>
<td>Neel, Ian C. ..................................................... 2</td>
</tr>
<tr>
<td>Nguen, Khai H. ............................................... 2</td>
<td></td>
</tr>
<tr>
<td>R</td>
<td>Romero, Jairo Alberto ......................................... 3</td>
</tr>
<tr>
<td>T</td>
<td>Templeman, James R. ........................................... 3</td>
</tr>
<tr>
<td>Y</td>
<td>Yourman, Lindsey ............................................... 3</td>
</tr>
</tbody>
</table>