Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and U.S. News & World Report’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ New Patients (who have never seen a UC San Diego Health provider)
  To register as a new patient and schedule an appointment, call 800-926-8273, Monday through Friday, 8 a.m. to 5 p.m.

→ Current Patients
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, 858-657-7000, and ask to be transferred to your physician’s office.

→ Find a Doctor
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at 855-543-0555 from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at 855-543-0555 or fax 888-539-8781 and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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<td>4510 and 4520 Executive Drive</td>
<td>San Diego, CA 92121</td>
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<tr>
<td></td>
<td>8910 Villa La Jolla Drive</td>
<td>La Jolla, CA 92037</td>
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<td></td>
<td>8899 and 8929 University Center Lane</td>
<td>San Diego, CA 92122</td>
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<td>8939 Villa La Jolla Drive</td>
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<td>8950 Villa La Jolla Drive</td>
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<td>9350 Campus Point Drive</td>
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<tr>
<td><strong>Hillcrest</strong></td>
<td>4th and Lewis Medical Offices</td>
<td>San Diego, CA 92103</td>
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<tr>
<td></td>
<td>330 Lewis Street</td>
<td>San Diego, CA 92103</td>
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<tr>
<td></td>
<td>Medical Offices North</td>
<td>San Diego, CA 92103</td>
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<td>200 West Arbor Drive</td>
<td>San Diego, CA 92103</td>
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<td></td>
<td>Medical Offices South</td>
<td>San Diego, CA 92103</td>
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<tr>
<td></td>
<td>4168 Front Street</td>
<td>San Diego, CA 92103</td>
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<td></td>
<td>UC San Diego Medical Center</td>
<td>San Diego, CA 92103</td>
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<tr>
<td></td>
<td>200 West Arbor Drive</td>
<td>San Diego, CA 92103</td>
</tr>
<tr>
<td><strong>Encinitas</strong></td>
<td>1200 Garden View Road</td>
<td>Encinitas, CA 92024</td>
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<td>477 North El Camino Real</td>
<td>Encinitas, CA 92024</td>
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<td><strong>Vista</strong></td>
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<td>San Diego, CA 92131</td>
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<td><strong>Kearny Mesa</strong></td>
<td>7910 Frost Street</td>
<td>San Diego, CA 92123</td>
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<td>3020 Children’s Way</td>
<td>San Diego, CA 92123</td>
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<tr>
<td><strong>Chula Vista</strong></td>
<td>959 Lane Avenue</td>
<td>Chula Vista, CA 91914</td>
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<tr>
<td><strong>Temecula</strong></td>
<td>31720 Temecula Parkway</td>
<td>Temecula, CA 92952</td>
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<tr>
<td><strong>Sorrento Valley</strong></td>
<td>4910 Directors Place</td>
<td>San Diego, CA 92121</td>
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Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Charles H. Choe, MD
Clinical Service Chief - Endocrinology, Diabetes and Metabolism
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Charlie Choe, MD, is a board certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370
Endocrinology (cont.)

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD
Endocrinologist

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism

Specialty:
Endocrinology

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health System.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

**Specialties:**
Endocrinology, Internal Medicine, Primary Care

**La Jolla - 8939 Villa La Jolla Drive**
**La Jolla - Perlman Medical Offices**

**Contact:**
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Direct Clinic Line: (858) 657-1636

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Kathryn Macaulay, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology  
Subspecialty: General Gynecology

Encinitas - Garden View  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

Bio:  
Kathryn Macaulay, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections. Dr. Macaulay's expertise is in caring for perimenopausal and menopausal women. She treats common symptoms and conditions of menopause, such as hot flashes, night sweats, insomnia, mood changes, osteoporosis, and weight gain. She also has extensive experience in hormone replacement therapy.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
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Direct Clinic Line: (858) 657-1636

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Jairo Alberto Romero, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Jairo Alberto Romero, MD, is a board-certified geriatric medicine doctor. He provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

Deborah Kado, MD  
Bone Health Specialist  
Professor of Family Medicine and Public Health  

Specialties:  
Endocrinology, Senior Medicine  
Add'l Language:  
Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

Bio:  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Jairo Alberto Romero, MD  
Primary Care Physician  
Professor of Medicine  

Specialties:  
Primary Care, Senior Medicine  
Add'l Language:  
Spanish  

La Jolla - Perlman Medical Offices  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500  

Bio:  
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