UC San Diego Health

Physician Directory

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Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

**La Jolla**

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care**  
**Sports Medicine**  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genessee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

**Encinitas**

Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**  
910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123

**Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
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Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health System.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management
Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer

Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6277
Direct Clinic Line: (858) 822-6100

Bio:
Benjamin Abbadessa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.
Cancer - Leukemia & Lymphoma

Benjamin Heyman, MD
Hematologist

Specialties:
Hematology/Blood Diseases, Cancer

Subspecialty:
Leukemia & Lymphoma

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600
Direct Clinic Line - Moores Cancer Center: (858) 822-6100

Bio:
Benjamin Heyman, MD, is a board-certified hematologist who treats patients with blood cancers such as lymphoma, leukemia and myeloma.
Colon and Rectal Surgery

Colon and Rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health System.

Benjamin Abbadesa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer
Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6277
Direct Clinic Line: (858) 822-6100

Bio:
Benjamin Abbadesa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about [hematology/blood diseases](https://health.ucsd.edu) at UC San Diego Health.

### Benjamin Heyman, MD
Hematologist

**Specialties:**
- Hematology/Blood Diseases
- Cancer

**Subspecialty:**
- Leukemia & Lymphoma

**Jacobs Medical Center**
- La Jolla - Koman Family Outpatient Pavilion
- Moores Cancer Center

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 822-6600
- Direct Clinic Line - Moores Cancer Center: (858) 822-6100

**Bio:**
Benjamin Heyman, MD, is a board-certified hematologist who treats patients with blood cancers such as lymphoma, leukemia and myeloma.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Benjamin Beal, MD
Assistant Clinical Professor

Specialties:
Anesthesiology, Pain Management

Add'l Language:
Italian

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Benjamin Beal is an Assistant Professor in the Department of Anesthesiology at UC San Diego. His training includes the treatment of acute and chronic pain via interventional and medication based therapies. His areas of specialty include fluoroscopic guided interventional spine injections, spinal cord stimulation, and ultrasound guided techniques.
Pediatrics - General Pediatrics

Benjamin Shleifer, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Benjamin Shleifer, MD, is a board-certified pediatrician who provides compassionate, evidence-based primary care to newborns and children up to age 18. He has a special interest in newborn care and helping parents with their infant care questions and concerns. Dr. Shleifer also provides well-check and sick visits, treats injuries; manages chronic pediatric conditions such as asthma, eczema (atopic dermatitis); and treats certain behavioral health conditions, such as attention-deficit/hyperactivity disorder (ADHD).
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Benjamin Shleifer, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Rancho Bernardo - Via Tazon

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 605-4452

Bio:
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Surgery - General and Gastrointestinal Surgery

Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

**Specialties:**
Colon and Rectal Surgery, Surgery, Cancer

**Subspecialties:**
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

**Contact:**
New Patient Registration: (800) 926-8273
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Direct Clinic Line: (858) 822-6100

**Bio:**
Benjamin Abbadessa, MD, is a board-certified colorectal surgeon who treats colon cancer, anal cancer, colon polyps, diverticulitis, Crohn's disease, ulcerative colitis, anal fistula, anal fissure, hemorrhoids, anal abscess, fecal incontinence, rectal prolapse, anal dysplasia and anal skin tags.
Surgery - Minimally Invasive Surgery

Benjamin Abbadessa, MD, FACS
Colorectal Surgeon
Assistant Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer

Subspecialties:
Gastrointestinal Cancers, General and Gastrointestinal Surgery, Minimally Invasive Surgery

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices North

Contact:
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