Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. i

**Primary Care** .......................................................................................... 2

**Index** ...................................................................................................... 3
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Yulia Yartseva, MSN, APRN, FNP
Family Nurse Practitioner

Affiliated Provider

Specialties:
Primary Care, Family Medicine

Add'l Language:
Russian

Clairemont - Moraga Avenue

Contact:
Direct Clinic Line: (858) 799-0855

Bio:
Yuliya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Yulia Yartseva, MSN, APRN, FNP
Family Nurse Practitioner

Specialties: Primary Care, Family Medicine
Add'l Language: Russian

Clairemont - Moraga Avenue

Contact:
Direct Clinic Line: (858) 799-0855

Bio:
Yulya Yartseva, FNP, is a certified family nurse practitioner providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. She is a member of the UC San Diego Health Physician Network.
Index

Y
Yartseva, Yulia ..................................................... 1, 2