UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92037

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Endocrinology ................................................................................................................................. 1

**ENT/Head and Neck (Otolaryngology)**
- Facial Nerve Disorders .............................................................................................................. 3,
- Facial Plastic Surgery .................................................................................................................... 4,
- General Otolaryngology (ENT) ..................................................................................................... 5,
- Head & Neck Surgery Oncology ................................................................................................... 6,
- Hearing & Balance Disorders ......................................................................................................... 7,
- Laryngology .................................................................................................................................. 8,
- Otology & Neurotology / Skull-Base Surgery .................................................................................. 9,
- Sinus & Rhinology ........................................................................................................................ 10,
- Thyroid & Parathyroid Surgery ...................................................................................................... 11

**Gastroenterology**
- Celiac Disease .............................................................................................................................. 12,
- General Gastroenterology .............................................................................................................. 13,
- GI Cancer ...................................................................................................................................... 14,
- GI Motility ..................................................................................................................................... 15,
- Inflammatory Bowel Diseases ......................................................................................................... 16,
- Interventional Endoscopy / Pancreas & Bile Ducts ......................................................................... 17

**Hepatology (Liver)** ..................................................................................................................... 18

**Infectious Diseases**
- Tropical Diseases .......................................................................................................................... 19

**Internal Medicine** ....................................................................................................................... 20

**Nephrology (Kidney)**
- Apheresis ...................................................................................................................................... 21,
- Chronic Kidney Disease .................................................................................................................. 22,
- Critical Care Nephrology ............................................................................................................... 23,
- Dialysis ......................................................................................................................................... 24,
- Transplant Nephrology .................................................................................................................... 25

**Osteopathic Medicine** ............................................................................................................... 26

**Pain Management** ...................................................................................................................... 27

**Physical Medicine & Rehabilitation** ........................................................................................... 28

**Primary Care** ................................................................................................................................ 29

**Rheumatology** ............................................................................................................................. 30

**Senior Medicine** .......................................................................................................................... 31

**Sports Medicine** ......................................................................................................................... 32

**Surgery**
- Critical Care .................................................................................................................................... 33
- General and Gastrointestinal Surgery ............................................................................................ 34,
- Hepatobiliary Surgery .................................................................................................................... 35,
- Minimally Invasive Surgery ............................................................................................................ 36,
- Surgical Oncology .......................................................................................................................... 37,
- Thyroid and Parathyroid Surgery ................................................................................................... 38
- Trauma ............................................................................................................................................ 39

**Transplantation**
- Heart Transplantation .................................................................................................................... 40
- Kidney Transplantation .................................................................................................................... 41,
- Liver Transplantation ....................................................................................................................... 42,
- Lung Transplantation ...................................................................................................................... 43,
- Pancreas Transplantation .................................................................................................................. 44
- Index ................................................................................................................................................ 45
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Vala Hamidi, MD
Endocrinologist

Specialty:
Endocrinology

Add'l Language:
Farsi

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6303
Direct Clinic Line - La Jolla: (858) 657-8440

Bio:
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine's "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.

Deborah Kado, MD
Bone Health Specialist
Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Endocrinology (cont.)

Karen McCowen, MD
Endocrinologist
Specialty: Endocrinology
La Jolla - Perlman Medical Offices
Contact: New Patient Registration: (800) 926-8273 Direct Clinic Line: (858) 657-1636
Bio: Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Mizuho Mimoto, MD, PhD
Endocrinologist
Assistant Professor of Medicine
Specialty: Endocrinology
La Jolla - Perlman Medical Offices
Contact: New Patient Registration: (800) 926-8273 Direct Clinic Line: (858) 657-8440
Bio: Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.

Gina N. Woods, MD
Endocrinologist and Bone Health Specialist
Associate Professor of Endocrinology and Metabolism
Specialty: Endocrinology
La Jolla - Perlman Medical Offices
Contact: New Patient Registration: (800) 926-8273 Direct Clinic Line: (858) 657-1636
Bio: Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.
ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

**Sapideh Gilani, MD, FACS**
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty.

**Elina Kari, MD**
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums ( tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (typanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
Gastroenterology - General Gastroenterology

Brigid S. Boland, MD
Gastroenterologist
Assistant Adjunct Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347
Direct Clinic Line: (858) 657-7423

Bio:
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.

Denise Kalmaz, MD
Gastroenterologist
Director of Small Bowel Endoscopy
Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.

Nedret Copur-Dahi, MD
Associate Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialty:
General Gastroenterology

Add'l Language:
Turkish

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
UC San Diego Health Links
Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.

Rena Yadlapati, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Motility

Add'l Language:
Gujarati

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Rena Yadlapati, MD, is a board-certified gastroenterologist who specializes in esophageal diseases. Dr. Yadlapati is medical director of the Esophageal Diseases and Motility program at UC San Diego Health and treats gastroesophageal reflux disease (GERD) and related conditions such as voice complaints (laryngopharyngeal reflux), swallowing disorders such as achalasia and esophageal motility disorders, and eosinophilic esophagitis.
Gastroenterology - GI Cancer

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.
Gastroenterology - GI Motility

Rena Yadlapati, MD
Gastroenterologist
Associate Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
General Gastroenterology, GI Motility

Add'l Language:
Gujarati

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Rena Yadlapati, MD, is a board-certified gastroenterologist who specializes in esophageal diseases. Dr. Yadlapati is medical director of the Esophageal Diseases and Motility program at UC San Diego Health and treats gastroesophageal reflux disease (GERD) and related conditions such as voice complaints (laryngopharyngeal reflux), swallowing disorders such as achalasia and esophageal motility disorders, and eosinophilic esophagitis.
Gastroenterology - Inflammatory Bowel Diseases

Brigid S. Boland, MD
Gastroenterologist
Assistant Adjunct Professor of Medicine

Specialty:
Gastroenterology

Subspecialties:
Inflammatory Bowel Diseases, General Gastroenterology

La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347
Direct Clinic Line: (858) 657-7423

Bio:
Brigid Boland, MD, is a board-certified gastroenterologist who treats people with inflammatory bowel disease, including Crohn's disease, ulcerative colitis, indeterminate colitis and microscopic colitis, as well as other conditions.
Gastroenterology - Interventional Endoscopy / Pancreas & Bile Ducts

Denise Kalmaz, MD
Gastroenterologist
Director of Small Bowel Endoscopy
Professor of Medicine

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Denise Kalmaz, MD, is a board-certified gastroenterologist with expertise in general gastroenterology, along with a special interest in the evaluation of the small intestine. She directs UC San Diego Health's small bowel endoscopy program, performing capsule endoscopy, single balloon enteroscopy, and double balloon enteroscopy. These procedures aid in the diagnosis and treatment of gastrointestinal bleeding, small bowel tumors, and inflammatory bowel disease. As one of the few local gastroenterologists who performs balloon enteroscopy, Dr. Kalmaz sees referral patients from all over southern California.

Mary Lee Krinsky, DO
Professor of Medicine
Gastroenterologist

Specialty:
Gastroenterology
Subspecialties:
General Gastroenterology, GI Cancer, Interventional Endoscopy / Pancreas & Bile Ducts

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-2347

Bio:
Dr. Krinsky is a renowned expert in therapeutic endoscopy with a primary clinical interest in gastrointestinal cancer staging and pancreatic and biliary disease. Dr. Krinsky joined UCSD in 1999 after spending 2 years as a Clinical Instructor at Harvard Medical School, clinical gastroenterologist at the Brigham and Women's Hospital and Director of Endoscopy at the West Roxbury VA Medical Center.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation
Subspecialty:
Liver Transplantation
Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology
Subspecialty:
Liver Transplantation
Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for [infectious diseases](https://health.ucsd.edu) at UC San Diego Health.

### Shira Abeles, MD
Infectious Disease Specialist

**Specialties:**
Infectious Diseases, HIV/AIDS

**Add'l Language:**
Spanish

**Locations:**
- Hillcrest - UC San Diego Medical Center
- Hillcrest - Medical Offices South
- La Jolla - Perlman Medical Offices
- Jacobs Medical Center

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Owen Clinic: (619) 543-3995
- Direct Clinic Line - Infectious Disease: (619) 543-6146

**Bio:**
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's [Owen Clinic](https://health.ucsd.edu), one of the nation's outstanding primary care centers for HIV positive men and women.

### Saima Aslam, MBBS
Infectious Disease Specialist

**Director, Solid Organ Transplant Infectious Diseases Service**

**Assistant Professor of Medicine**

**Specialty:**
Infectious Diseases

**Add'l Language:**
Urdu

**Locations:**
- La Jolla - Perlman Medical Offices
- Hillcrest - UC San Diego Medical Center
- Jacobs Medical Center

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (619) 543-6146

**Bio:**
Saima Aslam, MBBS, is a board-certified infectious disease specialist. Her expertise is in caring for solid-organ transplant candidates and recipients as well as other immunocompromised individuals. Dr. Aslam directs UC San Diego Health's Solid Organ Transplant Infectious Diseases Service, which provides expert care in the prevention and management of infectious diseases in organ transplant donors and recipients.
Infectious Diseases (cont.)

Michele L. Ritter, MD
Infectious Disease Specialist
Associate Professor of Medicine

Specialty:
Infectious Diseases

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9062

Bio:
Michele L. Ritter, MD, is a board-certified infectious disease specialist who cares for patients with severe or deep-seated infections. She is director of UC San Diego Health's outpatient parenteral antibiotic therapy (OPAT) program, which allows patients to avoid hospitalization for serious infections by receiving intravenous (IV) antimicrobial therapies in an outpatient setting, including at-home care.

Maria C. Savoia, MD
Infectious Disease Specialist
Dean, Medical Education

Specialty:
Infectious Diseases

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Maria C. Savoia, MD, is a board-certified infectious disease specialist. She cares for patients with infections caused by germs such as bacteria, fungi, viruses and parasites. She also provides counsel and preventive medicine services for healthy people who plan to travel. Dr. Savoia believes that the relationship between the physician and patient should be a partnership, and works closely with each patient to restore their health.

Randy Taplitz, MD
Clinical Director, Infectious Diseases
Professor of Medicine

Specialty:
Infectious Diseases
Add'l Language:
French

Jacobs Medical Center
La Jolla - Perlman Medical Offices
Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Randy Taplitz, MD, is a board-certified infectious disease physician who specializes in infections in compromised individuals, especially those patients with malignant disorders and stem cell transplant recipients. She is the clinical director of Infectious Diseases at UC San Diego Health.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.
### Nephrology (Kidney) - Apheresis

#### Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease

**Contact:**
Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - Perlman Medical Offices

**Bio:**
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

#### Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

**Contact:**
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

**Bio:**
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.

#### Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease, Dialysis

**Contact:**
La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

**Bio:**
Amber Sanchez, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Chronic Kidney Disease

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Add'l Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).

Robyn Cunard, MD
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273

Bio:
Robyn Cunard, MD is a board-certified nephrologist, with a special interest in glomerular diseases. She specializes in general nephrology and hypertension care, hemodialysis and apheresis.

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Apheresis, Chronic Kidney Disease, Dialysis

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

Bio:
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Natalie Sweiss, MD, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
**Nephrology (Kidney) - Critical Care Nephrology**

**Dinna N. Cruz, MD, MPH**  
Nephrologist  
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  

**Subspecialties:**  
Critical Care Nephrology, Chronic Kidney Disease  

**Add'l Languages:**  
Italian, Tagalog

La Jolla - Perlman Medical Offices  
Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as "kidney attack") and cardiorenal syndrome (individuals affected by both heart and kidney disease).

**Natalie Sweiss, MD, FASN**  
Nephrologist  
Assistant Professor of Medicine

**Specialty:**  
Nephrology (Kidney)  

**Subspecialties:**  
Chronic Kidney Disease, Critical Care Nephrology, Apheresis

Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center  
Sulpizio Cardiovascular Center  
Hillcrest - Medical Offices South  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Natalie Sweiss, MD, is a board-certified nephrologist who cares for patients with kidney disease including chronic kidney disease, end-stage kidney disease and acute kidney injury. She provides apheresis and hemodialysis treatments to chronic and acute patients.
Nephrology (Kidney) - Dialysis

Etienne Macedo, MD, PhD, FASN
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Dialysis

**Add'l Language:**
Brazilian Portuguese

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Etienne Macedo, MD, PhD, is a nephrologist who diagnoses and treats patients with kidney disease, including renal failure, kidney stones and high blood pressure.

Amber Paratore Sanchez, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Apheresis, Chronic Kidney Disease, Dialysis

**La Jolla - Koman Family Outpatient Pavilion**
**Jacobs Medical Center**
**La Jolla - Perlman Medical Offices**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397
Direct Clinic Line - Koman Family Outpatient Pavilion: (858) 249-3030

**Bio:**
Amber Sanchez, MD, is a board-certified nephrologist and medical director of the therapeutic apheresis program at UC San Diego Health.
Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health System.

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Physical Medicine & Rehabilitation

Amelia Eastman, DO
Physical Medicine and Rehabilitation Specialist
Associate Professor of Family Medicine and Public Health

Specialties:
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

La Jolla - Perlman Medical Offices
La Jolla - 9333 Genesee Avenue
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6035
Direct Clinic Line: (844) 747-0474

Bio:
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Veronica V. Gonzalez, MD
Primary Care Physician
Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500
Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine
Specialties:
Primary Care, Senior Medicine
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500
Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine
Specialties:
Endocrinology, Internal Medicine, Primary Care
La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636
Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a "Top Doc" in San Diego Magazine’s "Physicians of Exceptional Excellence" annual survey performed in collaboration with the San Diego County Medical Society.
Primary Care (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about rheumatology at UC San Diego Health System.

Susan J Lee, MD
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Korean

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
In addition to clinical practice, Dr. Lee is actively involved in numerous clinical research as well as outcomes research.

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Vietnamese

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren’s syndrome and rheumatoid arthritis (RA).

Abha G. Singh, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Languages:
Hindi, Punjabi

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6110

Bio:
Abha Singh, MD, is a board-certified rheumatologist. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus (SLE or lupus), vasculitis, gout, polymyalgia rheumatica, and osteoarthritis.

Chelsey Forbess Smith, MD
Rheumatologist
Assistant Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Chelsey Smith, MD, is a board-certified rheumatologist who treats patients with rheumatic diseases, including rheumatoid arthritis, systemic lupus erythematosus, and other conditions.
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.
Senior Medicine (cont.)

Alison Moore, MD, MPH, FACP
Primary Care Physician
Chief, Division of Geriatrics, Department of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Anjoulie Pujji, DO
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Perlman Medical Offices: (858) 249-2500

Bio:
Anjoulie Pujji, DO, is a geriatric medicine doctor. She provides comprehensive and compassionate primary care to older adults with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Lindsey Yourman, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine
Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about [sports medicine](https://health.ucsd.edu) at UC San Diego Health System.

![Amelia Eastman, DO](image)

**Amelia Eastman, DO**  
Physical Medicine and Rehabilitation Specialist  
Associate Professor of Family Medicine and Public Health

**Specialties:**  
Physical Medicine & Rehabilitation, Pain Management, Sports Medicine, Osteopathic Medicine

**La Jolla - Perlman Medical Offices**  
La Jolla - 9333 Genesee Avenue  
La Jolla - 8939 Villa La Jolla Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6035  
Direct Clinic Line: (844) 747-0474

**Bio:**  
Amelia Eastman, DO, is a board-certified physical medicine and rehabilitation physician who meets with patients at different types of UC San Diego Health clinics to help with pain issues and rehabilitation. She uses a hands-on approach to diagnose injury and illness and encourage the body's natural tendency for good health.
Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
Transplantation - Liver Transplantation

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation
Subspecialty:
Liver Transplantation
Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology
Subspecialty:
Liver Transplantation
Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
Index

A
Abeles, Shira ........................................ 17, 18
Aslam, Saima ........................................ 18

B
Boland, Brigid S. ........................................ 10, 14

C
Copur-Dahi, Nedret ...................................... 10
Cruz, Dinna N. ............................................ 22, 24
Cunard, Robyn ......................................... 21, 22

E
Eastman, Amelia ........................................ 26, 27, 28, 34

G
Gilani, Sapideh ........................................... 4, 5
Gonzalez, Veronica V. ................................. 29, 32
Gupta, Roopali ........................................... 29, 32

H
Hamidi, Vala ............................................. 1
Hofflich, Heather L. ................................. 1, 20, 29

J
Jayakumar, Saumya .................................. 9, 16, 36

K
Kado, Deborah .......................................... 1
Kalmaz, Denise ....................................... 10, 15
Kari, Elina ................................................ 5, 7, 8
Krinsky, Mary Lee ................................... 11, 12, 15
Lee, Susan J ............................................. 31

M
Macedo, Etienne ...................................... 25
McCown, Karen ..................................... 2
Mimoto, Mizuho ....................................... 2
Moore, Alison ........................................ 30, 33

N
Nguyen, Katherine ................................. 31
Nguyen, Quyen ..................................... 3, 7, 8, 35

P
Puji, Anjoulie ........................................... 30, 33

R
Ritter, Michele L. ..................................... 19
Sanchez, Amber Paratore ....................... 21, 22, 25
Savoia, Maria C. ..................................... 19
Singh, Abha G. ....................................... 31
Smith, Chelsey Forbes ................................ 31
Sweiss, Natalie ........................................ 21, 23, 24
Taplitz, Randy ....................................... 19
Vodkin, Irine E. ...................................... 9, 16, 36

W
Watson, Deborah ................................. 4, 6, 35
Woods, Gina N. ....................................... 2

Y
Yadlapati, Rena .................................... 11, 13
Yourman, Lindsey ................................. 30, 33