UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **La Jolla Urgent Care**
  8910 Villa La Jolla Drive
  La Jolla, CA 92037

- **Orthopedics Urgent Care**
  Sports Medicine
  4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121

  4510 and 4520 Executive Drive
  San Diego, CA 92121

  8910 Villa La Jolla Drive
  La Jolla, CA 92037

  8899 and 8929 University Center Lane
  San Diego, CA 92122

  8939 Villa La Jolla Drive
  La Jolla, CA 92037

  9333 Genesee Avenue
  San Diego, CA 92121

  8950 Villa La Jolla Drive
  La Jolla, CA 92037

  9350 Campus Point Drive
  La Jolla, CA 92037

- **Shiley Eye Institute**
  9415 Campus Point Drive
  La Jolla, CA 92093

- **Sulpizio Cardiovascular Center**
  9434 Medical Center Drive
  La Jolla, CA 92093

### Moores Cancer Center
- 3855 Health Sciences Drive
  La Jolla, CA 92037

### Jacobs Medical Center
- 9300 Campus Point Drive
  La Jolla, CA 92037

### Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
  La Jolla, CA 92037

### Perlman Medical Offices
- 9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest
- **Hillcrest Emergency**
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

  4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103

### Medical Offices North
- 200 West Arbor Drive
  San Diego, CA 92103

### Medical Offices South
- 4168 Front Street
  San Diego, CA 92103

### UC San Diego Medical Center
- 200 West Arbor Drive
  San Diego, CA 92103

### Rancho Bernardo
- Includes **Rancho Bernardo Urgent Care**
  16950 Via Tazon
  San Diego, CA 92127

### Encinitas
- Includes **Encinitas Express Care (Suite 110)**
  1200 Garden View Road
  Encinitas, CA 92024

  477 North El Camino Real
  Encinitas, CA 92024

### College Area
- 6719 Alvarado Road, Suite 302
  San Diego, CA 92120

### Downtown
- Downtown Express Care
  203 West F Street
  San Diego, CA 92101

### Vista
- 910 Sycamore Avenue
  Vista, CA 92081

### Sorrento Valley
- 4910 Directors Place
  San Diego, CA 92121

### Scripps Ranch
- 9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

### Kearny Mesa
- 7910 Frost Street
  San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue
  Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
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Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health System.

Veronica V. Gonzalez, MD
Primary Care Physician

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Veronica Gonzalez, MD, is a board-certified family medicine physician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Gonzalez aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

Roopali Gupta, MD
Primary Care Physician
Assistant Professor of Medicine

Specialties:
Primary Care, Senior Medicine

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Roopali Gupta, MD, is a board-certified geriatric medicine doctor. She provides primary care for older adults, with an emphasis on health maintenance, disease prevention and treatment of acute and chronic illnesses.

Deborah Kado, MD
Bone Health Specialist
Professor of Family Medicine and Public Health

Specialties:
Endocrinology, Senior Medicine

Add'l Language:
Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for the elderly. Specifically, Dr. Kado's expertise is in evaluating and treating osteoporosis. She directs the osteoporosis program at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.
Senior Medicine (cont.)

**Alison Moore, MD, MPH, FACP**  
Primary Care Physician  
Chief, Division of Geriatrics, Department of Medicine

**Specialties:**  
Primary Care, Senior Medicine

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Alison Moore, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic diseases and preservation of function. As a geriatrician, Dr. Moore aims to keep seniors healthy and high functioning as they transition through the stages of aging. Her expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. She also has expertise in end of life care and advance care planning.

**Lindsey Yourman, MD**  
Primary Care Physician  
Assistant Professor of Medicine

**Specialties:**  
Primary Care, Senior Medicine  
**Add'l Language:**  
Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-2500

**Bio:**  
Lindsey Yourman, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. She provides person-centered primary care focused on maintaining independence and quality of life.
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