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Pediatrics

Pediatrics is the branch of medicine concerned with children’s health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health.

**Shirin Alonzo, MD, MPH**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Add'l Language:**
Farsi

**Kearny Mesa - Frost Street**

**Contact:**
Direct Clinic Line: (858) 496-4800

**Bio:**
Shirin Alonzo, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, and adolescents through all of their developmental stages. She has a special interest in caring for children who have medically fragile or special needs.

**Shannon Leung, MD, MPH**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Kearny Mesa - Frost Street**

**La Jolla - 8910 Villa La Jolla**

**Contact:**
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

**Bio:**
Shannon Leung, MD, MPH, is board-certified pediatrician who provides primary care for infants, children, adolescents, and young adults up to age 21.

**Nadine Benador, MD**
Assistant Clinical Professor

**Specialty:**
Pediatrics

**Contact:**
New Patient Registration: (800) 926-8273

**Julie Ryu, MD**
Pediatric Pulmonologist
Assistant Adjunct Professor

**Specialty:**
Pediatrics

**Contact:**
New Patient Registration: (800) 926-8273
Pediatrics (cont.)

Rebecca Sox, MS, MPH, CPNP
Pediatric Nurse Practitioner

Specialty:
Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (619) 543-3771

Bio:
Rebecca Sox, MS, MPH, is a certified pediatric nurse practitioner (CPNP) with the High Risk Infant Follow-Up program at UC San Diego Health. She takes patient histories and performs physical, neurological, and development exams and assessments for high-risk children age five months to three years of age, following discharge from the neonatal intensive care unit. She also assists with early intervention referrals and collaborates with the program's social worker.

Lori Wan, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Pediatrics

Hillcrest - 4th & Lewis Medical Offices
Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250
Direct Clinic Line: (858) 496-4800

Bio:
Lori Wan, MD, is a board-certified internal medicine doctor and pediatrician. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Yvonne Vaucher, MD

Specialty:
Pediatrics

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care

Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Kanani E. Titchen, MD, FAAP
Adolescent Medicine Physician/Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
Adolescent Medicine

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Kanani Titchen, MD, is an adolescent medicine physician and board-certified pediatrician who provides primary care for young people ages 10 to 26, while specializing in the unique physical, social and emotional conditions of their life stages. Dr. Titchen has expertise in trauma-sensitive adolescent reproductive and sexual health (including long-acting reversible contraception, problems with menstruation, and sexual assault/abuse and sex trafficking); health care for lesbian, gay, bisexual and transgender youth; and the use of pre-exposure prophylaxis (PrEP) medication in preventing HIV infection.
Pediatrics - Developmental-Behavioral Pediatrics

Developmental-Behavioral Pediatrics is the evaluation and treatment of developmental, learning or behavioral problems in children and adolescents.

Sheila Gahagan, MD, MPH
Developmental-Behavioral Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Sheila Gahagan, MD, MPH, is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, learning disorders, behavioral or mental health concerns. Dr. Gahagan has a special interest in the evaluation and care of infants and toddlers with developmental delay and behavioral concerns. She has particular expertise in infant and toddler regulation disorders (including sleep problems), difficulty feeding, excessive crying and tantrums, attachment disorders, complications of prematurity, and fetal alcohol syndrome. She also cares for many children with autism spectrum disorders and ADHD.

Lauren E. Gist, MD, MPH
Pediatrician

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics
Add'l Language:
Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Lauren Gist, MD, MPH is a board-certified pediatrician who specializes in developmental-behavioral pediatrics. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning difficulties or mental health concerns. Dr. Gist has a special interest in the evaluation and care of young children with behavioral challenges, children with developmental and behavioral concerns associated with genetic conditions, autism, and fetal alcohol spectrum disorders.
Yi Hui Liu, MD, MPH
Developmental-Behavioral Pediatrician
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Developmental-Behavioral Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 246-0053

Bio:
Yi Hui Liu, MD, MPH is a board-certified developmental-behavioral pediatrician. Developmental-behavioral pediatricians work with families to evaluate, treat, and coordinate care for children with developmental delays, behavioral issues, learning disorders and/or mental health concerns. Dr. Liu has a special interest in the evaluation and care of children with attention deficit hyperactivity disorder (ADHD), autism spectrum disorders, anxiety, intellectual disability, and developmental delays. She has extensive experience collaborating with other developmental services, including psychology, speech and language therapy, occupational therapy, and physical therapy.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also experienced in both the acute and preventive management of asthma.

Janet Crow, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Add'l Language:
- Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Janet Crow, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She especially enjoys the relationships with her young patients and caring for them as they grow and change.

Eyla Boies, MD
Pediatrician

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street
La Jolla - 8910 Villa La Jolla

Contact:
Direct Clinic Line - Kearny Mesa: (858) 496-4800
Direct Clinic Line - La Jolla: (858) 203-4962

Bio:
Eyla Boies, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. Her expertise includes providing lactation consultation, assisting mothers who are experiencing difficulties breastfeeding their newborns.

Nancy Graff, MD
Clinical Professor of Pediatrics

Specialties:
- Pediatrics, Primary Care

Subspecialty:
- General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Dr. Graff enjoys caring for children of all ages. Her particular passions are the health of children and youth in foster care and teaching the next generation of pediatricians the importance of community in improving the health of children and their families. "Most of health happens outside of hospitals and doctor's offices. In order to improve the health of children and families, we need to improve the health of our communities and neighborhoods."
Sabiha Hussain, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Urdu

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Sabiha Hussain, MD, is a board-certified pediatrician and pediatric infectious disease specialist who provides primary care for infants, children and adolescents through all of their developmental stages.

Maya M. Kumar, MD
Adolescent Medicine/Pediatrics Physician

Specialties:
Pediatrics, Primary Care
Subspecialties:
Adolescent Medicine, General Pediatrics

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Maya Kumar, MD, FAAP, FRCPC, is a board-certified pediatrician and adolescent medicine physician who specializes in treating young people ages 10 to 26. She is part of a UC San Diego Health program that allows patients transitioning through adolescence and young adulthood to see a physician who specializes in the unique physical, social and emotional conditions of this life stage.

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialties:
Travel Medicine, General Pediatrics
Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for infants, children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.

Breanna (Bree) Lustre, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (619) 541-4787

Bio:
Breanna Lustre, MD, is a board-certified pediatrician who provides primary care for infants, children and adolescents through all of their developmental stages. She has a special interest in breastfeeding support, childhood nutrition and preventive care.
Vanessa P. Scott, MD
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - La Jolla:: (858) 203-4962
Direct Clinic Line - Kearny Mesa:: (858) 496-4800

Bio:
Vanessa Scott, MD, MS, is a board-certified pediatrician who provides primary care for infants, children and young adults up to age 21. She is especially interested in helping with breastfeeding support, nutrition, preventive care and parenting techniques.

Helen C. Wang, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Mandarin

La Jolla - 8910 Villa La Jolla
Kearny Mesa - Frost Street

Contact:
Direct Clinic Line - Kearny Mesa:: (858) 496-4800
Direct Clinic Line - La Jolla:: (858) 203-4962

Bio:
Helen Wang, MD, is a pediatrician who provides primary care for infants, children and young adults up to age 21. Her expertise includes working with overweight children to help them and their families develop good lifestyle choices, including following a healthy diet and being physically active.
Pediatrics - Neonatal-Perinatal Medicine

Erika F. Fernandez, MD  
Director, Neonatal Intensive Care Unit  
Associate Professor of Pediatrics

Specialty: Pediatrics
Subspecialty: Neonatal-Perinatal Medicine

Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5800

Bio:  
Erika F. Fernandez, MD, is a board-certified neonatologist. She directs UC San Diego Health’s nationally recognized Neonatal Intensive Care Unit (NICU), which provides specialized and emergency care for babies who are born premature, critically ill, or with complex health conditions.

Krishelle Leong Marc-Aurele, MD  
Associate Professor of Pediatrics

Specialty: Pediatrics
Subspecialty: Neonatal-Perinatal Medicine

Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 249-5800

Bio:  
Krishelle Leong Marc-Aurele, MD, is a board-certified neonatologist who provides specialized and emergency care for babies who are born prematurely, critically ill or with complex health conditions. In addition to caring for babies in the Neonatal Intensive Care Unit (NICU) at Jacobs Medical Center, she also cares for seriously ill children of all ages in a palliative care clinic at Rady Children’s Hospital.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Eustratia (Tia) Hubbard, MD, FAAP
Newborn Hospitalist
Associate Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Eustratia "Tia" Hubbard, MD, FAAP, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Hubbard provides comprehensive infant care, incorporating current evidence and clinical guidelines. She especially enjoys assisting new parents with their transition to parenthood.

Kathryn Johnson, MD, FAAP
Pediatrician

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Kathryn Johnson, MD, is a board-certified pediatrician who specializes in the care of newborns. As a newborn hospitalist, Dr. Johnson provides care for newborns during their stay in the hospital.
Pediatrics - Newborn Hospital Care (cont.)

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.

Kirsten Limmer, MD, PhD
Newborn Hospitalist

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Kirsten Limmer, MD, PhD, is a board-certified pediatrician who specializes in the care of newborns. As a physician in the newborn nursery, Dr. Limmer meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help.

Lisa M. Stellwagen, MD, FAAP
Pediatrician
Professor of Pediatrics

Specialty:
Pediatrics
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 203-4962

Bio:
Lisa Stellwagen, MD, is a newborn specialist and board-certified pediatrician. She has been a pediatrician for 30 years, both in community and hospital settings, and is the medical director of the Newborn Service at UC San Diego Health. Her clinical expertise includes infant nutrition, breast milk feeding, and medical care of newborns.
Pediatrics - Travel Medicine

Leah D. Kern, MD, MPH
Pediatrician
Assistant Professor of Pediatrics

Specialties:
Pediatrics, Primary Care

Subspecialties:
Travel Medicine, General Pediatrics

Add'l Languages:
French, Spanish

Kearny Mesa - Frost Street

Contact:
Direct Clinic Line: (858) 496-4800

Bio:
Leah D. Kern, MD, MPH, is a board-certified pediatrician who provides primary care for children of all ages. She leads the Pediatric Travel Medicine program, which provides medical advice and vaccinations for children traveling internationally. She also works as a pediatrician for the UCSD Mother, Child and Adolescent HIV Program.
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