Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Table of Contents

ENT/Head and Neck (Otolaryngology)
  Facial Nerve Disorders ................................................................. 1
  Facial Plastic Surgery ................................................................. 2
  General Otolaryngology (ENT) .................................................... 3
  Head & Neck Surgery Oncology .................................................. i
  Hearing & Balance Disorders ....................................................... 5
  Laryngology ............................................................................. i
  Otology & Neurotology / Skull-Base Surgery ............................... 7
  Sinus & Rhinology .................................................................. 8
  Thyroid & Parathyroid Surgery ................................................... i
Index ......................................................................................... 9
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders,
General Otolaryngology (ENT)

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

**Bio:**
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**Hillcrest - UC San Diego Medical Center**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty (plastic surgery of the nose), nasal reconstruction, external ear reconstruction, and cosmetic facial plastic surgery.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**
French, Vietnamese

La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is on cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Sinus & Rhinology

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders, General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in treating disorders of the nose and sinuses, as well as facial plastic and reconstructive surgery. She cares for patients with a wide range of conditions that affect the face, head and neck, including facial trauma or fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery, rhinoplasty and revision rhinoplasty, and has a special interest in pediatric otolaryngology.
Index

G
Gilani, Sapideh ........................................ 2, 3, 5, 8

K
Kari, Elina ........................................ 3, 5, 7

N
Nguyen, Quyen ........................................ 1, 6, 7

W
Watson, Deborah ........................................ 2, 4