Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

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| 8939 Villa La Jolla Drive  
La Jolla, CA 92037 |
| 9333 Genesee Avenue  
San Diego, CA 92121 |
| 8950 Villa La Jolla Drive  
La Jolla, CA 92037 |
| 9350 Campus Point Drive  
La Jolla, CA 92037 |
| **Shiley Eye Institute**  
9415 Campus Point Drive  
La Jolla, CA 92093 |
| **Sulpizio Cardiovascular Center**  
9434 Medical Center Drive  
La Jolla, CA 92093 |
| **Moores Cancer Center**  
3855 Health Sciences Drive  
La Jolla, CA 92093 |
| **Jacobs Medical Center**  
9300 Campus Point Drive  
La Jolla, CA 92037 |
| **4th and Lewis Medical Offices**  
330 Lewis Street  
San Diego, CA 92103 |
| **Medical Offices North**  
200 West Arbor Drive  
San Diego, CA 92103 |
| **Medical Offices South**  
4168 Front Street  
San Diego, CA 92103 |
| **UC San Diego Medical Center**  
200 West Arbor Drive  
San Diego, CA 92103 |
| **Encinitas**  
1200 Garden View Road  
Encinitas, CA 92024 |
| 477 North El Camino Real  
Encinitas, CA 92024 |
| **Vista**  
910 Sycamore Avenue  
Vista, CA 92081 |
| **Scripps Ranch**  
9909 Mira Mesa Blvd.  
San Diego, CA 92131 |
| **Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123 |
| **Rady Children’s Hospital-San Diego**  
3020 Children’s Way  
San Diego, CA 92123 |
| **Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914 |
| **Temecula**  
31720 Temecula Parkway  
Temecula, CA 92952 |
| **Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121 |
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Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
ENT/Head and Neck (Otolaryngology) - Facial Plastic Surgery

Sapideh Gilani, MD, FACS
Head and Neck Surgeon
Associate Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders,
General Otolaryngology (ENT)

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6631

Bio:
Sapideh Gilani, MD, is a board-certified otolaryngologist who specializes in
treating disorders of the nose and sinuses, as well as facial plastic and
reconstructive surgery. She cares for patients with a wide range of
conditions that affect the face, head and neck, including facial trauma or
fractures, hearing loss, nasal obstruction, nasal trauma or fractures, and
sinusitis. Dr. Gilani performs endoscopic sinus surgery, nasal surgery,
rhinoplasty and revision rhinoplasty, and has a special interest in pediatric
otolaryngology.

Deborah Watson, MD
Surgeon
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Facial Plastic Surgery, General Otolaryngology (ENT)

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Deborah Watson, MD, is a board-certified surgeon focusing on rhinoplasty
(plastic surgery of the nose), nasal reconstruction, external ear
reconstruction, and cosmetic facial plastic surgery.
**ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)**

**Sapideh Gilani, MD, FACS**  
Head and Neck Surgeon  
Associate Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
Facial Plastic Surgery, Sinus & Rhinology, Hearing & Balance Disorders,  
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**Elina Kari, MD**  
Neurotologist  
Assistant Professor of Surgery

**Specialty:**  
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**  
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Deborah Watson, MD
Surgeon
Professor of Surgery

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ENT/Head and Neck (Otolaryngology), Surgery

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Neurotologist
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Otolaryngologist
Professor of Surgery

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ENT/Head and Neck (Otolaryngology), Surgery

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ENT/Head and Neck (Otolaryngology) - Otology & Neurotology / Skull-Base Surgery

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Neurotologist
Assistant Professor of Surgery

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