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# Table of Contents

Athletic Training .......................................................................................................................... 1

Cancer
Breast Cancer ................................................................................................................................. 1
Gastrointestinal Cancers .................................................................................................................. i
Gynecological Cancers ..................................................................................................................... i
Head & Neck Cancers ....................................................................................................................... i
Immunotherapy ............................................................................................................................... i
Leukemia & Lymphoma ..................................................................................................................... i
Lung Cancer ...................................................................................................................................... i
Melanoma / Skin Cancers ................................................................................................................. i
Neurological Oncology .................................................................................................................... i
Pancreatic Cancer ............................................................................................................................ i
Precision Medicine .......................................................................................................................... i
Psychosocial Oncology ................................................................................................................... 2
Sarcoma (Bone and Soft Tissue) ....................................................................................................... i
Urologic Cancer ............................................................................................................................... 3

Concierge Medicine ....................................................................................................................... 4

Emergency Medicine
Critical Care ....................................................................................................................................... i
Disaster Medicine ............................................................................................................................. i
Emergency Ultrasound ..................................................................................................................... i
Hyperbaric Medicine & Wound Care .............................................................................................. i
Medical Toxicology ......................................................................................................................... i

HIV/AIDS ........................................................................................................................................ 6

Orthopedics
Foot & Ankle ...................................................................................................................................... 8
Hand & Upper Extremity ..................................................................................................................... i
Joint ................................................................................................................................................... i
Orthopedic Trauma ........................................................................................................................... i
Spleen ................................................................................................................................................ i
Sports Medicine ............................................................................................................................... 9

Primary Care ..................................................................................................................................... 10

Psychology ......................................................................................................................................... 12

Radiology
Breast Imaging ................................................................................................................................... i
Cardiothoracic Imaging ....................................................................................................................... i
Interventional Radiology ................................................................................................................... 15
Musculoskeletal Imaging ................................................................................................................... i
Neuroradiology ................................................................................................................................. i

Rehabilitation
Occupational Therapy ......................................................................................................................... 15
Physical Therapy ............................................................................................................................... 16

Sleep Medicine .................................................................................................................................. 19

Sports Medicine ............................................................................................................................... 19

Urology
Incontinence ....................................................................................................................................... i
Kidney Stones ..................................................................................................................................... i
Male Infertility ................................................................................................................................... 21
Urogynecology ..................................................................................................................................... i
Urologic Cancer ............................................................................................................................... 22

Index .................................................................................................................................................. 23
Athletic Training

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).

Cancer - Breast Cancer

Vincent T. Genna, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Cancer

Subspecialty:
Breast Cancer

La Jolla - Koman Family Outpatient Pavilion
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Breast Health Center: (866) 773-2703
Direct Clinic Line: (858) 822-6100

Bio:
Vincent Genna, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in providing care for comprehensive breast health, which includes surgical interventions for breast cancer, evaluation and planning for patients who are at high risk for malignancies, and diagnosis and management of benign breast disease. He performs diagnosis, surgical planning, long-term follow up visits, risk reduction for prevention, and postoperative evaluations.
Cancer - Psychosocial Oncology

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

Specialties:
Psychology, Cancer

Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.
Cancer - Urologic Cancer

Neremiah Joakim S. Castaño, MS, APRN, ANP-C
Adult Nurse Practitioner

Specialties:
Urology, Cancer
Subspecialties:
Urologic Cancer

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Neremiah Castaño, MS, APRN, is a clinical nurse specialist and certified adult nurse practitioner (ANP-C) who specializes in treating prostate cancer as well as a wide range of urologic conditions, including bladder cancer, kidney cancer, benign prostatic hyperplasia (BPH), erectile dysfunction, lower urinary tract symptoms, and urinary tract infections. In treating urologic cancers, his approach emphasizes long-term survivorship care, wellness and education.
Concierge Medicine

Concierge medicine is a relationship between a patient and a physician in which the patient pays an annual fee or retainer in exchange for enhanced, personalized medical care. Learn more about concierge medicine at UC San Diego Health.

Kevin Nelson, MS, PA-C
Primary Care Provider for Concierge Medicine Patients

Specialties:
Primary Care, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Kevin Nelson, MS, is a certified physician assistant (PA-C) who treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.
Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health.

Ryan Hussman, MPA, PA-C

Specialty: Emergency Medicine
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Emergency Department - La Jolla: (858) 657-7600
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Ryan Hussman, MPA, is a certified physician assistant (PA-C) who treats people of all ages in urgent care and emergency department settings. In this capacity, he provides patient-centered experiences to a wide-range of populations by evaluating patient needs, identifying diagnoses, formulating treatment plans, and using evidence-based medicine to provide the most optimal encounters. Ryan preforms various procedures including fracture reductions, anesthesia administration, interpretation of imaging and lab studies, joint injections and aspirations, and wound care management.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS care at UC San Diego Health.

Aaron Willcott, MS, PA-C
Physician Assistant

Specialty:
HIV/AIDS

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Aaron Willcott, MS, is a certified physician assistant (PA-C) who specializes in HIV medicine and sexual health. He is part of the team at UC San Diego Health's Owen Clinic, where he assists in providing primary care to adults over age 18. This includes preventative care such as cancer screenings and immunizations, and treatment of acute and chronic diseases such as hypertension, diabetes, high cholesterol and thyroid disease. Willcott also helps people with HIV manage their antiretroviral therapy.
Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

James N. Hamilton, MS, PA-C
Physician Assistant

**Specialty:** Orthopedics

**Encinitas - Garden View Road**
**Jacobs Medical Center**
**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

**Bio:**
James Hamilton, MS, is a certified physician assistant (PA-C) who cares for people with orthopedic injuries and conditions, including those with arthritis of the hip and knee and people with failed hip and knee replacements.

He assists in performing a variety of procedures, including hip replacement, hip resurfacing, total and partial knee replacement, and revision arthroplasty of the hip and knee. Mr. Hamilton also works with patients to develop personalized treatment plans that fulfill their physical activity and lifestyle goals.
Orthopedics - Foot & Ankle

Andrew Denevan, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Subspecialties:
Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.
Orthopedics - Sports Medicine

Andrew Denevan, MS, PA-C
Physician Assistant

Specialty:
Orthopedics

Subspecialties:
Foot & Ankle, Sports Medicine

Hillcrest - UC San Diego Medical Center
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Andrew Denevan, MS, is a certified physician assistant (PA-C) who works with the Foot and Ankle Division in the Department of Orthopedic Surgery. His areas of expertise include evaluating and treating acute and chronic sports injuries, as well as orchestrating pre and postoperative care. Mr. Denevan is experienced in recommending appropriate custom orthotics and braces, and providing footwear recommendations. He also provides support to the Sports Medicine Program at UC San Diego Health, where he assists in the care of student athletes.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Mark Amis, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care

Temecula - Single Oak Drive

Contact:
Direct Clinic Line - Temecula: (951) 252-8650

Bio:
Mark Amis, PA, is a certified physician assistant providing primary care at Rancho Family Medical Group. He is a member of the UC San Diego Health Physician Network.

Dudley (Doug) Elmore, MSN, FNP-BC
Family Nurse Practitioner

Specialty:
Primary Care

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Encinitas - Encinitas Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Express Care: (760) 452-7967
Direct Clinic Line - Urgent Care, La Jolla: (858) 249-6800

Bio:
Doug Elmore, MSN, is a board-certified family nurse practitioner (FNP-BC) who provides comprehensive care for people of all ages. He offers treatment for a wide range of conditions and also works with individuals over the long term to maintain their health and wellness, with a focus on preventive care.

Alonso Chan, PA
Physician Assistant
Affiliated Provider

Specialty:
Primary Care
Add’l Language:
Spanish

Chula Vista - J Street

Contact:
Direct Clinic Line: (858) 779-2366

Bio:
Alonso Chan, PA, is a certified physician assistant providing primary care through Perlman Clinic, an independent practice with clinic offices throughout San Diego. He is a member of the UC San Diego Health Physician Network.

Kevin Nelson, MS, PA-C
Primary Care Provider for Concierge Medicine Patients

Specialties:
Primary Care, Concierge Medicine

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Kevin Nelson, MS, is a certified physician assistant (PA-C) who treats adults through the concierge medicine program at UC San Diego Health. Concierge medicine is a primary care option that requires an annual fee and offers enhanced services, extended amenities and 24/7 access.
Primary Care (cont.)

Arthur P. Sanchez, MSN, NP-C
Family Nurse Practitioner

Specialty:
Primary Care

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Downtown - West F Street

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Downtown: (833) 823-9777

Bio:
Arthur Sanchez, MSN, is a certified nurse practitioner (NP-C) who cares provides comprehensive care for people of all ages.
Psychology

Carlos Alarid, PsyD
Psychologist

Specialty:
Psychology
Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Sorrento Valley - Directors Place
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 471-9260
Direct Clinic Line - Sorrento Valley: (858) 249-5400
Direct Clinic Line - Vista: (858) 534-7792

Bio:
Carlos Alarid, PsyD, is a licensed clinical psychologist who treats people with trauma, depression, anxiety, substance abuse and chronic pain. In caring for his patients, Dr. Alarid collaboratively works alongside their primary care physician in the family medicine setting. He provides individual therapy using cognitive behavioral therapy and acceptance and commitment therapy.

Zephon Lister, PhD, LMFT
Assistant Clinical Professor
Director of Collaborative Care Program

Specialty:
Psychology

La Jolla - 9333 Genesee Avenue
Hillcrest - UC San Diego Medical Center
Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Christopher R. Booth, PsyD
Psychologist

Specialty:
Psychology

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Christopher Booth, PsyD, is a licensed psychologist who sees people with obsessive compulsive disorders (OCD) and OCD-related disorders, including hoarding disorder, body dysmorphic disorder, hair pulling, skin picking and tic disorders. He is also part of UC San Diego Health's comprehensive and compassionate mental health services for children and teenagers.

Ian Lowe, PsyD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ian Lowe, PsyD, is a licensed clinical psychologist. He provides initial psychological assessment and therapy for individuals and couples that are facing an array of presenting issues. He works closely with multidisciplinary clinicians to provide a holistic approach to care.
Psychology (cont.)

Brent T. Mausbach, PhD
Clinical Psychologist
Associate Professor

Specialties:
Psychology, Cancer
Subspecialty:
Psychosocial Oncology

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-5381

Bio:
Brent T. Mausbach, PhD, is a licensed clinical psychologist. As part of Patient & Family Support Services at Moores Cancer Center, he provides psychological assessment, diagnosis or ongoing therapy for patient and families who are experiencing issues that are either related to the cancer experience or are interfering with cancer treatment.

Marc A. Norman, PhD
Psychologist
Professor of Psychiatry

Specialty:
Psychology

Hillcrest - UC San Diego Medical Center
Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Marc A. Norman, PhD, is a licensed psychologist and board-certified clinical neuropsychologist providing care for adults with neurological and psychiatric disorders. He is a part of the Neuropsychological Assessment program at UC San Diego Health, and conducts evaluations in people impacted by stroke, traumatic brain injury, brain tumors, neurodevelopmental injuries, concussions, dementia, memory disorders, and other cognitive issues.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.

William Perry, PhD
Psychologist
Vice Chair for Program Development and Operations for the Department of Psychiatry
Professor of Psychiatry

Specialty:
Psychology

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7992

Bio:
William Perry, PhD, is a licensed clinical psychologist and neuropsychologist. He is also a professor and vice chair for Program Development and Operations for the Department of Psychiatry and co-director of the Division of Clinical Psychiatry.
Psychology (cont.)

William J. Sieber, PhD
Psychologist
Professor of Family Medicine and Public Health

Specialty:
Psychology

Hillcrest - 4th & Lewis Medical Offices
La Jolla - 9333 Genesee Avenue
Sorrento Valley - Directors Place
La Jolla - Perlman Medical Offices
Vista - Sycamore Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-7792

Bio:
Dr. Sieber is on the faculty at the University of California, San Diego in the Department of Family Medicine and Public Health as well as Department of Psychiatry, Dr. Sieber serves as Research Director for the division of Family Medicine. He helps coordinate the Collaborative Care program, delivering clinical services and supervising that of others for the benefit of primary care patients often struggling with chronic illness. Dr. Sieber serves as a reviewer for nearly a dozen peer-reviewed medical journals, has been a consultant to the biotech and pharmaceutical industry, has presented to tens of thousands of health care providers on topics of stress, burnout, and health promotion, and as a licensed psychologist has provided and supervised the delivery of services for over 20 years in a variety of medical settings.
Radiology - Interventional Radiology

Shawn Wagstaff, MS, PA-C
Physician Assistant

**Specialty:**
Radiology

**Subspecialty:**
Interventional Radiology

**Hillcrest - UC San Diego Medical Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-3405
Direct Clinic Line - La Jolla: (619) 471-0320

**Bio:**
Shawn Wagstaff, MS, is a certified physician assistant (PA-C) who assists interventional radiologists in the diagnosis, treatment and management of disease. He also prescribes medications and performs minor procedures.

Rehabilitation - Occupational Therapy

Danny O’Malley, OTR/L
Occupational Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Occupational Therapy

**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6590

**Bio:**
Danny O’Malley, OTR/L, is a registered and licensed occupational therapist who has spent his career specializing in the treatment of spinal cord injuries, traumatic brain injuries, neurological disorders, and strokes. Mr. O’Malley places the patient’s personal goals at the center of therapy in order to maximize return to function with tasks that make life meaningful.
Rehabilitation - Physical Therapy

Bryan Bartz, DPT, ATC
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6590

Bio:
Bryan Bartz, DPT, ATC, is a licensed physical therapist and board-certified athletic trainer (ATC) who specializes in sports medicine treating patients from the acute onset of injury to return to sport and preventative rehabilitation with a focus on neuromuscular training. He works with individuals to treat and prevent injuries, regain functional movement and return to sports with an emphasis on evidence-based approaches.

Gianfranco Bravo, DPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
Add'l Language: Spanish
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6590

Bio:
Gianfranco Bravo, DPT, is a licensed physical therapist with experience in orthopedics and sports rehabilitation. He implements evidence-based practice in order to accomplish patients’ goals. He is a certified Spanish medical interpreter at UC San Diego Health.

Raphael Dolojan, DPT, OCS
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6590

Bio:
Raphael Dolojan, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS). He treats patients with varying orthopedic, neuromuscular and musculoskeletal conditions to improve their quality of life and return to their hobbies or sports.

Clayton C. Dyke, III, MPT
Physical Therapist

Specialty: Rehabilitation
Subspecialty: Physical Therapy
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-6590

Bio:
Clayton C. Dyke, III, MPT, is a physical therapist with experience treating patients in multiple settings with a variety of injuries and conditions including wound care, neurological and orthopedic injuries. He provides outpatient orthopedic patient care emphasizing on return to prior activity in adolescent through geriatric populations.
Rehabilitation - Physical Therapy (cont.)

Miron Ferrer, DPT
Physical Therapist

Specialty:  
Rehabilitation
Subspecialty:  
Physical Therapy

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

Bio:
Miron Ferrer, DPT, is a licensed physical therapist and certified strength and conditioning specialist. He focuses on injury prevention, and also helps athletes return to sport and improve their performance. His approach to treatment is evidenced-based with an emphasis on manual therapy and correcting faulty movement patterns.

Jason Hooper, DPT, OCS
Physical Therapist

Specialty:  
Rehabilitation
Subspecialty:  
Physical Therapy

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

Bio:
Jason Hooper, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who helps patients with orthopedic injuries and conditions. He teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.

Steven Keller, MPT
Physical Therapist

Specialty:  
Rehabilitation
Subspecialty:  
Physical Therapy

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

Bio:
Steven Keller, MPT, provides care for all patient types including those with neurologic conditions, Parkinson’s disease, and those who have had a stroke. He uses a functional approach and has experience helping people facilitate movement. Mr. Keller also performs ergonomic evaluations.

John Larios, MPT
Physical Therapist

Additional Language:  
Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

Bio:
John Larios, MPT, is a licensed physical therapist with expertise in helping patients with vestibular disorders, temporomandibular joint dysfunction and musculoskeletal dysfunction as a result of hemophilia. Mr. Larios teaches individuals how to prevent or manage their condition so they gain improved movement and function, as well as long-term health benefits.
Rehabilitation - Physical Therapy (cont.)

Carter McElroy, MPT
Physical Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Physical Therapy
**Add'l Language:** Spanish

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

**Bio:**
Carter McElroy, MPT, is a physical therapist who specializes in treating people with various balance conditions. He often works with patients who have Parkinson's disease or vestibular disorders, as well as stroke survivors. He is also experienced in treating patients with various orthopedic injuries.

Harry Nguyen, DPT
Physical Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Physical Therapy

**La Jolla - Koman Family Outpatient Pavilion**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

**Bio:**
Harry Nguyen, DPT, is a physical therapist who specializes in treating patients of all ages with various orthopedic conditions and sports-related injuries, including post-operative rehabilitation. He works with his patients in developing individualized, evidence-based plans to optimize movement, function, and quality of life.

Christopher Rudd, DPT, OCS
Physical Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Physical Therapy

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

**Bio:**
Chris Rudd, DPT, is a licensed physical therapist and board-certified orthopedic clinical specialist (OCS) who specializes in sports medicine. He works with individuals to treat and prevent injuries, and also helps athletes to improve their performance. Mr Rudd's approach to care is based on evidence-based treatment interventions with an emphasis on manual therapy and correcting faulty movement patterns through exercise and education.

Benjamin Vasquez, DPT
Physical Therapist

**Specialty:** Rehabilitation
**Subspecialty:** Physical Therapy

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-6590

**Bio:**
Benjamin Vasquez, DPT, is a board-certified physical therapist who specializes in neurology. He treats people with neurologic dysfunction in both acute care and outpatient settings, as well as individuals with acoustic neuromas.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health.

Henry J. Orff, PhD
Psychologist

Specialties:
Psychology, Sleep Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Henry J. Orff, PhD, is a licensed clinical psychologist whose expertise is in behavioral sleep medicine. As part of UC San Diego Health’s Sleep Medicine Center, he evaluates and treats sleep disorders by addressing problematic behavioral, psychological, and/or physiological factors that interfere with sleep.

Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Brian Livingstone, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Brian Livingstone, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation and performance enhancement. He has additional certifications as a corrective exercise specialist (CES) and a performance enhancement specialist (PES).

Kevin Messey, MS, ATC
Athletic Trainer

Specialties:
Athletic Training, Sports Medicine

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kevin Messey, MS, is a certified athletic trainer (ATC) who specializes in sports medicine, biomechanical evaluation, and rehabilitation. He has additional certifications as a corrective exercise specialist (CES) and a certified strength and conditioning specialist (CSCS).
Urology

Urology is the branch of medicine and physiology concerned with the function and disorders of the urinary system — specifically the urinary tract in women and the urogenital system in men. Learn more about urology at UC San Diego Health.

Christopher Ceriale, MSPAS, MPH, PA-C
Physician Assistant

Specialty:
Urology

Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3572

Bio:
Christopher Ceriale is a certified physician assistant (PA-C) who specializes in caring for patients with a wide range of urological conditions, including benign prostate enlargement, lower urinary tract symptoms, kidney stones, benign scrotal conditions, urinary tract infections and interstitial cystitis. He has expertise in treating male sexual health conditions, including erectile dysfunction, hypogonadism and Peyronie’s disease.
Jose-Luis Ruiz, PA-C
Physician Assistant

Specialty:
Urology

Subspecialty:
Male Infertility

Add'l Language:
Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Jose-Luis Ruiz, MS, is a certified physician assistant (PA-C) who specializes in caring for urology patients in our Men's Health Center. His expertise is in treating male sexual health conditions, including erectile dysfunction, hypogonadism and Peyronie's disease.
Urology - Urologic Cancer

Neremiah Joakim S. Castaño, MS, APRN, ANP-C
Adult Nurse Practitioner

Specialties:
Urology, Cancer

Subspecialties:
Urologic Cancer, Urologic Cancer

Jacobs Medical Center
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Neremiah Castaño, MS, APRN, is a clinical nurse specialist and certified adult nurse practitioner (ANP-C) who specializes in treating prostate cancer as well as a wide range of urologic conditions, including bladder cancer, kidney cancer, benign prostatic hyperplasia (BPH), erectile dysfunction, lower urinary tract symptoms, and urinary tract infections. In treating urologic cancers, his approach emphasizes long-term survivorship care, wellness and education.
## Index

<table>
<thead>
<tr>
<th>A</th>
<th></th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alarid, Carlos</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Amis, Mark</td>
<td></td>
<td></td>
</tr>
<tr>
<td>B</td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>Bartz, Bryan</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Booth, Christopher R.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bravo, Gianfranco</td>
<td></td>
<td></td>
</tr>
<tr>
<td>C</td>
<td></td>
<td>22</td>
</tr>
<tr>
<td>Castaño, Neremiah Joakim S.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ceriale, Christopher</td>
<td></td>
<td></td>
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<tr>
<td>Chan, Alonso</td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>D</td>
<td></td>
<td>16</td>
</tr>
<tr>
<td>Denevan, Andrew</td>
<td></td>
<td></td>
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<tr>
<td>Dolojan, Raphael</td>
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<tr>
<td>Dyke, Ill, Clayton C.</td>
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<td></td>
</tr>
<tr>
<td>E</td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>Elmore, Dudley (Doug)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>F</td>
<td></td>
<td>17</td>
</tr>
<tr>
<td>Ferrer, Miron</td>
<td></td>
<td></td>
</tr>
<tr>
<td>G</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Genna, Vincent T.</td>
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<td></td>
</tr>
<tr>
<td>H</td>
<td></td>
<td>7</td>
</tr>
<tr>
<td>Hamilton, James N.</td>
<td></td>
<td></td>
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<tr>
<td>Hooper, Jason</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hussman, Ryan</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>K</td>
<td></td>
<td>17</td>
</tr>
<tr>
<td>Keller, Steven</td>
<td></td>
<td></td>
</tr>
<tr>
<td>L</td>
<td></td>
<td>17</td>
</tr>
<tr>
<td>Larios, John</td>
<td></td>
<td></td>
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<tr>
<td>Lister, Zephon</td>
<td></td>
<td></td>
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<tr>
<td>Livingstone, Brian</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lowe, Ian</td>
<td></td>
<td>12</td>
</tr>
<tr>
<td>M</td>
<td></td>
<td>13</td>
</tr>
<tr>
<td>Mausbach, Brent T.</td>
<td></td>
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<tr>
<td>McElroy, Carter</td>
<td></td>
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<tr>
<td>Messey, Kevin</td>
<td></td>
<td>19</td>
</tr>
<tr>
<td>N</td>
<td></td>
<td>10</td>
</tr>
<tr>
<td>Nelson, Kevin</td>
<td></td>
<td></td>
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<tr>
<td>Nguyen, Harry</td>
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<td>18</td>
</tr>
<tr>
<td>Norman, Marc A.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>O</td>
<td></td>
<td>15</td>
</tr>
<tr>
<td>O'Malley, Danny</td>
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</tr>
<tr>
<td>Orff, Henry J.</td>
<td></td>
<td>13, 19</td>
</tr>
<tr>
<td>P</td>
<td></td>
<td>13</td>
</tr>
<tr>
<td>Perry, William</td>
<td></td>
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<tr>
<td>Rudd, Christopher</td>
<td></td>
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</tr>
<tr>
<td>Ruiz, Jose-Luis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S</td>
<td></td>
<td>11</td>
</tr>
<tr>
<td>Sanchez, Arthur P.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sieber, William J</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V</td>
<td></td>
<td>18</td>
</tr>
<tr>
<td>Vasquez, Benjamin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W</td>
<td></td>
<td>15</td>
</tr>
<tr>
<td>Wagstaff, Shawn</td>
<td></td>
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</tr>
<tr>
<td>Wilcott, Aaron</td>
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<td>6</td>
</tr>
</tbody>
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Wednesday, April 29, 2020