UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

Endocrinology ................................................................. 1
Index .............................................................................. 5
Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about [endocrinology and diabetes](https://health.ucsd.edu) at UC San Diego Health.

**Schafer Boeder, MD**  
Endocrinologist

*Specialty: Endocrinology*

**Hillcrest - Medical Offices South**  
**Jacobs Medical Center**  
**Sulpizio Cardiovascular Center**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303

**Bio:**  
Schafer Boeder, MD, is a board-certified endocrinologist who diagnoses and treats people with a variety of endocrine conditions. He has a particular interest in diabetes and is a member of the inpatient glycemic control team, where he works with patients to monitor glucose levels, adjust insulin dosages, and maintain long-term glucose control at home.

**Steven Victor Edelman, MD**  
Clinical Professor of Medicine

*Specialty: Endocrinology*

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
*Please note that Dr. Edelman is not a Primary Care Physician*

**Charles H. Choe, MD**  
Clinical Service Chief - Endocrinology, Diabetes and Metabolism  
Associate Clinical Professor of Medicine

*Specialty: Endocrinology*

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Charlie Choe, MD, is a board-certified endocrinologist. He also holds an active Endocrine Certification in Neck Ultrasound from the American Association of Clinical Endocrinologists for performing ultrasound and ultrasound-guided biopsies for patients with thyroid nodules and cancer.

**Vala Hamidi, MD**  
Endocrinologist

*Specialty: Endocrinology*

**Hillcrest - Medical Offices South**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6303  
Direct Clinic Line - La Jolla: (858) 657-8440

**Bio:**  
Vala Hamidi, MD, is a board-certified endocrinologist who treats people with diabetes, disorders of calcium and skeletal metabolism, osteoporosis, pituitary and adrenal disease, thyroid cancer and thyroid disorders. She also provides care in general endocrinology.
Endocrinology (cont.)

Heather L. Hofflich, DO
Endocrinologist
Professor of Medicine

Specialties:
Endocrinology, Internal Medicine, Primary Care

La Jolla - 8939 Villa La Jolla Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000
Direct Clinic Line: (858) 657-1636

Bio:
Heather L. Hofflich, DO, is a board-certified endocrinologist and internist. She provides endocrinology and primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Hofflich is consistently named a “Top Doc” in San Diego Magazine’s “Physicians of Exceptional Excellence” annual survey performed in collaboration with the San Diego County Medical Society.

Christopher J. Hupfeld, MD
Associate Clinical Professor of Medicine

Specialty:
Endocrinology

Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (760) 479-5370

Karl Y. Hostetler, MD
Endocrinologist

Contact:
New Patient Registration: (800) 926-8273

Bio:
Patricia S. Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.

Patricia S. Juang, MD
Endocrinologist
Assistant Professor of Medicine

Specialty:
Endocrinology

Add'l Language:
Chinese

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Patricia Juang, MD, is an endocrinologist who sees patients with a variety of endocrine conditions. She has a particular interest in the care of diabetic patients in the inpatient hospital setting.
Deborah Kado, MD  
Bone Health Specialist  
Professor of Medicine

**Specialty:**  
Endocrinology

**Add'l Language:**  
Spanish

**Location:**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Deborah Kado, MD, is a board-certified internal medicine doctor who specializes in caring for people with osteoporosis and metabolic bone disease. She directs the [osteoporosis program](https://health.ucsd.edu) at UC San Diego Health and sees patients in the Endocrinology outpatient clinic in La Jolla.

Karen McCowen, MD  
Endocrinologist

**Specialty:**  
Endocrinology

**Location:**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Karen McCowen, MD, is a board-certified endocrinologist. She has a special interest in the management of diabetes in pregnancy, technologies for managing type 1 diabetes, thyroid biopsy and thyroid cancer, and pituitary and adrenal diseases.

Kristen Kulasa, MD  
Endocrinologist  
Associate Professor of Medicine

**Specialty:**  
Endocrinology

**Location:**  
Hillcrest - UC San Diego Medical Center  
Jacobs Medical Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636

**Bio:**  
Kristen Kulasa, MD, is a board-certified endocrinologist who specializes in diabetes. Dr. Kulasa serves as director of inpatient glycemic control - working to ensure that people who are in the hospital have optimal blood sugar levels during their stay. She oversees the clinical diabetes nurse educators on staff.

Mizuho Mimoto, MD, PhD  
Endocrinologist  
Assistant Professor of Medicine

**Specialty:**  
Endocrinology

**Location:**  
La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8440

**Bio:**  
Mizuho Mimoto, MD, PhD, is a board-certified endocrinologist who treats people with diabetes, thyroid disease, osteoporosis and disorders related to the pituitary, adrenal and parathyroid glands.
**Endocrinology (cont.)**

**Jeremy Pettus, MD**  
Endocrinologist  
Assistant Professor of Medicine  

*Specialty:* Endocrinology  
*La Jolla - Perlman Medical Offices*  
*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

*Bio:*  
Jeremy Pettus, MD, is a board-certified endocrinologist who specializes in treating diabetes. He works with individuals who have type 1 or type 2 diabetes to develop personalized treatment plans which may include healthy eating, exercise, diabetes medication or insulin therapy and blood sugar monitoring.

**Gina N. Woods, MD**  
Endocrinologist and Bone Health Specialist  
Associate Professor of Endocrinology and Metabolism  

*Specialty:* Endocrinology  
*La Jolla - Perlman Medical Offices*  
*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

*Bio:*  
Gina Woods, MD, is a board-certified endocrinologist who treats people with osteoporosis and other metabolic bone diseases. She works with individuals to preserve bone health, prevent fractures, and manage osteoporosis care with treatments that may include diet modification, exercise and medication.

**Tricia Santos Cavaiola, MD**  
Endocrinologist  
Assistant Professor of Medicine  

*Specialty:* Endocrinology  
*Hillcrest - Medical Offices South*  
*Contact:*  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-1636  

*Bio:*  
Tricia Santos Cavaiola, MD, is a board-certified endocrinologist. She specializes in treating patients with many types of endocrine disorders, including diabetes and thyroid, parathyroid, adrenal and pituitary diseases.
Index

B
Boeder, Schafer .............................................. 1

C
Choe, Charles H. ............................................ 1

E
Edelman, Steven Victor ................................. 1

H
Hamidi, Vala .................................................... 1
Hofflich, Heather L. ................................. 2

J
Juang, Patricia S. ........................................... 2

K
Kado, Deborah ........................................... 3
Kulasa, Kristen .......................................... 3

M
McCowen, Karen ......................................... 3

Mimoto, Mizuho ......................................... 3

P
Pettus, Jeremy .............................................. 4

S
Santos Cavaiola, Tricia .............................. 4

W
Woods, Gina N. ....................................... 4