UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*. 

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
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[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Orthopedics

Orthopedics is the branch of medicine specializing in the treatment of injuries or disorders of the skeletal system including bones, muscles, joints and ligaments. Learn more about orthopedics at UC San Diego Health.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendonitis and overuse injuries such as runner’s knee and iliotibial band (ITB) syndrome. She specializes in returning athletes and patients back to their sports and activities after an injury. She has experience taking care of athletes at all levels, including professional and Olympic levels as well as collegiate, high school, and recreational.
Psychology

Arpi Minassian, PhD
Psychologist
Clinical Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, French

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Arpi Minassian, PhD, is a licensed psychologist who helps people who are experiencing difficulties with chronic medical conditions or with mental, emotional and behavioral disorders. She works with patients at UC San Diego Health’s Burn Center and Pulmonary Rehabilitation Program, as well as with people experiencing chronic pain and those awaiting organ transplantation. Dr. Minassian’s expertise includes psychological assessment and individual and group psychotherapy (also called talk therapy) for adults and children.

Heline Mirzakhanian, PhD
Psychologist
Assistant Professor of Psychiatry

Specialty:
Psychology

Add'l Languages:
Armenian, Farsi, German

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Heline Mirzakhanian, PhD, is a licensed clinical psychologist who helps people cope more effectively with life issues and mental health problems. Dr. Mirzakhanian is the clinical director of UC San Diego Health’s early psychosis program, which specializes in treating adolescents and young adults who are experiencing changes in their thoughts, behavior or emotions that might be associated with serious mental health issues. Dr. Mirzakhanian’s expertise is in treating individuals with early symptoms of psychosis; schizophrenia; and bipolar disorder with psychotic features.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health.

Natalie Voskanian, MD
Sports Medicine Physician
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Add'l Languages:
Armenian, Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 377-7678

Bio:
Natalie Voskanian, MD, is a board-certified sports medicine physician with expertise in the nonsurgical treatment of sports-related injuries and musculoskeletal conditions, including sprains, ligament injuries, tendinitis and overuse injuries such as runner’s knee and iliotibial band (ITB) syndrome. She specializes in returning athletes and patients back to their sports and activities after an injury. She has experience taking care of athletes at all levels, including professional and Olympic levels as well as collegiate, high school, and recreational.
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