Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by U.S. News & World Report.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

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Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92037

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations

Temecula
Vista
Encinitas
Sorrento Valley
La Jolla
Scripps Ranch
Rancho Bernardo
Kearny Mesa
College Area
Hillcrest
Downtown
Chula Vista

MEXICO
CALIFORNIA
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
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La Jolla - 9333 Genesee Avenue
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Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

**La Jolla - 4520 Executive Drive**
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health System.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine
Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Suraj A. Achar, MD, FAAFP
Primary Care Physician and Sports Medicine Specialist
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Sports Medicine

Add'l Languages:
French, Spanish

La Jolla - 9333 Genesee Avenue
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Suraj A. Achar, MD, is a board-certified family medicine doctor who specializes in sports medicine. His expertise includes diagnosing, treating, and preventing injuries associated with athletics. He is highly experienced in ultrasound-guided diagnostics and procedures. Dr. Achar also provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Yahir A. Santiago-Lastra, MD
Urologist/Urogynecologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Add'l Languages:
French, Spanish

La Jolla - 4520 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (858) 657-7576
Direct Clinic Line - Executive Dr.: (858) 657-8737

Bio:
Yahir Santiago-Lastra, MD, is a urologist who specializes in diagnosing and treating a wide range of urogenital conditions in both men and women, including those caused by neurologic disorders. These include pelvic organ prolapse, urinary incontinence, voiding dysfunction, overactive bladder, neurogenic bladder, ureteral stricture, and post-prostatectomy incontinence, among other pelvic floor disorders. Her other areas of expertise include procedures such as neuromodulation for overactive bladder, bladder augmentation and urinary diversion. She also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Urology - Incontinence

Yahir A. Santiago-Lastra, MD
Urologist/Urogynecologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Add'l Languages:
French, Spanish

La Jolla - 4520 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (858) 657-7876
Direct Clinic Line - Executive Dr.: (858) 657-8737

Bio:
Yahir Santiago-Lastra, MD, is a urologist who specializes in diagnosing and treating a wide range of urogenital conditions in both men and women, including those caused by neurologic disorders. These include pelvic organ prolapse, urinary incontinence, voiding dysfunction, overactive bladder, neurogenic bladder, ureteral stricture, and post-prostatectomy incontinence, among other pelvic floor disorders. Her other areas of expertise include procedures such as neuromodulation for overactive bladder, bladder augmentation and urinary diversion. She also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
Yahir A. Santiago-Lastra, MD
Urologist/Urogynecologist
Assistant Professor of Urology

Specialties:
Urology, Surgery

Subspecialties:
Incontinence, Urogynecology

Add'l Languages:
French, Spanish

La Jolla - 4520 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Urology: (858) 657-7876
Direct Clinic Line - Executive Dr.: (858) 657-8737

Bio:
Yahir Santiago-Lastra, MD, is a urologist who specializes in diagnosing and treating a wide range of urogenital conditions in both men and women, including those caused by neurologic disorders. These include pelvic organ prolapse, urinary incontinence, voiding dysfunction, overactive bladder, neurogenic bladder, ureteral stricture, and post-prostatectomy incontinence, among other pelvic floor disorders. Her other areas of expertise include procedures such as neuromodulation for overactive bladder, bladder augmentation and urinary diversion. She also works with patients with congenital urologic malformations who are transitioning from pediatric to adult care.
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