UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Cancer

Cancer is an abnormal growth of cells which creates tumors, abnormal growths of tissue, and clusters of cells that are capable of growing and dividing uncontrollably — oncology is the branch of medicine concerned with the diagnosis and treatment of cancer. Learn more about cancer at UC San Diego Health.

Bard Cosman, MD, FACS, FASCRS

Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS
Subspeciality:
General and Gastrointestinal Surgery
Add'l Language:
French

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Bard Cosman, MD, FACS, FASCRS, is a board-certified colon and rectal surgeon who specializes in anorectal surgery. He is an expert in treating chronic inflammatory lesions such as anal fistula, pilonidal sinus, and hidradenitis suppurative. He also has a special interest in anal dysplasia and cancer, including HIV-related cases.
Cardiology - Electrophysiology

Ulrika Birgersdotter-Green, MD
Director, Pacemaker and ICD Services
Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Electrophysiology

Add'l Languages:
French, German, Swedish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Ulrika Birgersdotter-Green, MD, is a board-certified cardiologist who specializes in diagnosing and treating heart rhythm disorders. She directs the Pacemaker and ICD (Implantable Cardioverter Defibrillator) Service at UC San Diego Health and leads one of the largest lead extraction programs in the Western United States.
Cardiology - General Cardiology

Bruno Cotter, MD
Associate Professor of Medicine

Specialty: Cardiology
Subspecialty: General Cardiology
Add'l Languages: French, German

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5743

Bio:
UC San Diego Health Links
Colon and Rectal Surgery

Colon and Rectal surgery is the medical specialty dealing with surgeries for disorders of the rectum, anus, and colon. Learn more about colon and rectal surgery at UC San Diego Health.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS
Subspecialty:
General and Gastrointestinal Surgery
Add'l Language:
French

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Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health.

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
French

La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
Murrieta - California Oaks Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-2347
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347
Direct Clinic Line - Murrieta: (951) 303-0734

Bio:
Michel Mendler, MD, is a gastroenterologist and transplant hepatologist. In addition to colonoscopies, he has expertise in performing upper and lower GI endoscopies and percutaneous liver biopsies to diagnose and treat patients with digestive and liver diseases including liver cancer, alcoholic liver disease and hepatitis.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about [hepatology](https://health.ucsd.edu) at UC San Diego Health.

![Michel Henry Mendler, MD](image_url)

**Michel Henry Mendler, MD**  
Gastroenterologist and Transplant Hepatologist  
Professor of Medicine

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Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**  
Liver Transplantation

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**La Jolla - Perlman Medical Offices**  
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HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS care at UC San Diego Health.

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS

Subspeciality:
General and Gastrointestinal Surgery

Add'l Language:
French

Hillcrest - Medical Offices South

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Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Carla Salcedo, BS, RD
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Add'l Languages:**
French, Spanish

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about obstetrics and gynecology at UC San Diego Health.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-5900
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetrics and gynecologic care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services and gynecologic problems. She aims to provide a holistic approach to patient care and natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center’s state-of-the-art obstetrical environment.
Xavier Soler, MD, PhD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)
Subspecialty:
Chronic Obstructive Pulmonary Disease
Add'l Languages:
Catalan, French, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Xavier Soler, MD, PhD, specializes in pulmonology and sleep medicine and is the medical director of the pulmonary rehabilitation program and associate director of the Clinical Trials & Airway Research Center. He specializes in the diagnosis, treatment and management of chronic lung diseases, including chronic obstructive pulmonary disease (COPD) and asthma.
Surgery - General and Gastrointestinal Surgery

Bard Cosman, MD, FACS, FASCRS
Surgeon
Professor of Surgery

Specialties:
Colon and Rectal Surgery, Surgery, Cancer, HIV/AIDS
Subspecialty:
General and Gastrointestinal Surgery
Add'l Language:
French

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Transplantation - Liver Transplantation

Michel Henry Mendler, MD
Gastroenterologist and Transplant Hepatologist
Professor of Medicine

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