UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

**La Jolla**

**La Jolla Emergency**
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

**La Jolla Urgent Care**
8910 Villa La Jolla Drive
La Jolla, CA 92037

**Orthopedics Urgent Care**
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

**Hillcrest**

**Hillcrest Emergency**
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

**Rancho Bernardo**

Includes **Rancho Bernardo Urgent Care**
16950 Via Tazon
San Diego, CA 92127

**Encinitas**

Includes **Encinitas Express Care (Suite 110)**
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

**College Area**

6719 Alvarado Road, Suite 302
San Diego, CA 92120

**Downtown**

Downtown Express Care
203 West F Street
San Diego, CA 92101

**Vista**

910 Sycamore Avenue
Vista, CA 92081

**Sorrento Valley**

4910 Directors Place
San Diego, CA 92121

**Scripps Ranch**

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

**Kearny Mesa**

7910 Frost Street
San Diego, CA 92123

**Chula Vista**

959 Lane Avenue
Chula Vista, CA 91914

**Temecula**

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
Locations
# Table of Contents

**Anesthesiology**
- Critical Care .......................................................................................................................... 1.

**Blood & Marrow Transplant - BMT** ..................................................................................... 2

**Cancer**
- Breast Cancer .......................................................................................................................... i
- Gastrointestinal Cancers ........................................................................................................... i
- Gynecological Cancers ............................................................................................................... 3.
- Head & Neck Cancers ................................................................................................................ 4.
- Immunotherapy ....................................................................................................................... i
- Leukemia & Lymphoma ............................................................................................................ i
- Lung Cancer ........................................................................................................................... i
- Melanoma / Skin Cancers .......................................................................................................... i
- Neurological Oncology ............................................................................................................. i
- Pancreatic Cancer .................................................................................................................... i
- Precision Medicine ................................................................................................................... i
- Psychosocial Oncology ............................................................................................................ i
- Sarcoma (Bone and Soft Tissue) ............................................................................................... i
- Urologic Cancer ....................................................................................................................... 6.

**Cardiology**
- Electrophysiology .................................................................................................................. 6.
- General Cardiology ................................................................................................................ 7.
- Heart Failure ........................................................................................................................... i
- Interventional Cardiology ......................................................................................................... i

**Endocrinology** ..................................................................................................................... 7

**ENT/Head and Neck (Otolaryngology)**
- Facial Nerve Disorders ........................................................................................................... i
- Facial Plastic Surgery .............................................................................................................. i
- General Otolaryngology (ENT) ............................................................................................... 8.
- Head & Neck Surgery Oncology ............................................................................................ i
- Hearing & Balance Disorders ................................................................................................. i
- Laryngology ........................................................................................................................... i
- Otology & Neurotology / Skull-Base Surgery .......................................................................... i
- Sinus & Rhinology ................................................................................................................... i
- Thyroid & Parathyroid Surgery ............................................................................................. i

**Hematology/Blood Diseases** .............................................................................................. 10

**HIV/AIDS** ............................................................................................................................. 12

**Infectious Diseases**
- Tropical Diseases .................................................................................................................... i

**Internal Medicine** ................................................................................................................ i

**Nephrology (Kidney)**
- Apheresis ............................................................................................................................... 15.
- Chronic Kidney Disease ......................................................................................................... 16.
- Critical Care Nephrology ....................................................................................................... i
- Dialysis ................................................................................................................................... 17.
- Transplant Nephrology .......................................................................................................... i

**Neurology**
- Dementia ............................................................................................................................... i
- Epilepsy ................................................................................................................................... i
- Headache ............................................................................................................................... i
- Movement Disorders ............................................................................................................. i
- Neurocritical Care ................................................................................................................... i
- Stroke ..................................................................................................................................... 18.

**Obstetrics & Gynecology**
- General Gynecology .............................................................................................................. 19.
- Gynecologic Oncology ........................................................................................................... i
- Maternal-Fetal Medicine (Perinatology) ................................................................................ i
- Midwifery ............................................................................................................................... i
- Reproductive Endocrinology and Infertility .......................................................................... i
- Urogynecology ....................................................................................................................... i

**Orthopedics**
- Foot & Ankle ........................................................................................................................... i
- Hand & Upper Extremity .......................................................................................................... i
- Joint ......................................................................................................................................... 20.
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orthopedic Trauma</td>
<td>21</td>
</tr>
<tr>
<td>Spine</td>
<td>22</td>
</tr>
<tr>
<td>Sports Medicine</td>
<td>23</td>
</tr>
<tr>
<td>Physical Medicine &amp; Rehabilitation</td>
<td>24</td>
</tr>
<tr>
<td>Primary Care</td>
<td>25</td>
</tr>
<tr>
<td>Radiation Oncology</td>
<td>26</td>
</tr>
<tr>
<td>Surgery</td>
<td>21</td>
</tr>
<tr>
<td>Critical Care</td>
<td>21</td>
</tr>
<tr>
<td>General and Gastrointestinal Surgery</td>
<td>21</td>
</tr>
<tr>
<td>Hepatobiliary Surgery</td>
<td>21</td>
</tr>
<tr>
<td>Minimally Invasive Surgery</td>
<td>21</td>
</tr>
<tr>
<td>Surgical Oncology</td>
<td>21</td>
</tr>
<tr>
<td>Trauma</td>
<td>21</td>
</tr>
<tr>
<td>Index</td>
<td>32</td>
</tr>
</tbody>
</table>

**Radiology**

- Breast Imaging
- Cardiotoracic Imaging
- Interventional Radiology
- Musculoskeletal Imaging
- Neuroradiology

**Sleep Medicine**

- 20

**Sports Medicine**

- 29

**Stroke Care**

- 30

**Surgery**

- 32
Anesthesiology - Critical Care

Angela Meier, MD, PhD
Anesthesiologist

Specialty: Anesthesiology
Subspecialty: Critical Care
Add'l Language: German

Contact:
New Patient Registration: (800) 926-8273
Blood & Marrow Transplant - BMT

A blood and marrow transplant (BMT) is an infusion of adult stem cells — a BMT is used to replace bone marrow that has been destroyed by disease, chemotherapy or radiation. Learn more about blood and marrow transplant at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
Subspecialty:
Leukemia & Lymphoma
Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Gynecological Cancers

Arno J. Mundt, MD, FACRO, FASTRO
Radiation Oncologist
Professor and Chair of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Urologic Cancer, Gynecological Cancers
Add'l Languages:
French, German, Italian

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Arno J. Mundt, MD, is a board-certified radiation oncologist whose expertise is in gynecologic and prostate cancers using a variety of novel treatment modalities, including image-guided radiation therapy (IGRT) and intensity-modulated radiation therapy (IMRT).
Cancer - Leukemia & Lymphoma

**Thomas James Kipps, MD, PhD**
Hematologist
Professor of Medicine

**Specialties:**
Cancer, Hematology/Blood Diseases

**Subspecialty:**
Leukemia & Lymphoma

**Add'l Language:**
German

**Moores Cancer Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

**Bio:**
Thomas J. Kipps, MD, PhD, is a board-certified hematologist with a distinguished career in cancer research. He currently serves as the Deputy Director of Research Operations for UC San Diego Moores Cancer Center. He is the author of more than 200 publications and is the principal investigator on several peer-reviewed grants, including the NCI award for the Chronic Lymphocytic Leukemia Consortium involving collaboration with eight other cancer centers.

**Dimitrios Tzachanis, MD, PhD**
Hematologist/Medical Oncologist
Assistant Professor of Medicine

**Specialties:**
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

**Subspecialty:**
Leukemia & Lymphoma

**Add'l Languages:**
German, Greek

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

**Bio:**
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Urologic Cancer

Arno J. Mundt, MD, FACRO, FASTRO
Radiation Oncologist
Professor and Chair of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer

Subspecialties:
Urologic Cancer, Gynecological Cancers

Add'l Languages:
French, German, Italian

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Arno J. Mundt, MD, is a board-certified radiation oncologist whose expertise is in gynecologic and prostate cancers using a variety of novel treatment modalities, including image-guided radiation therapy (IGRT) and intensity-modulated radiation therapy (IMRT).
Cardiology - Electrophysiology

Ulrika Birgersdotter-Green, MD
Director, Pacemaker and ICD Services
Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Electrophysiology

**Add'l Languages:**
French, German, Swedish

**Sulpizio Cardiovascular Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
Ulrika Birgersdotter-Green, MD, is a board-certified cardiologist who specializes in diagnosing and treating heart rhythm disorders. She directs the Pacemaker and ICD (Implantable Cardioverter Defibrillator) Service at UC San Diego Health and leads one of the largest lead extraction programs in the Western United States.
Cardiology - General Cardiology

Bruno Cotter, MD
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Add'l Languages:
French, German

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5743

Bio:
UC San Diego Health Links

Endocrinology

Endocrinology is the medical specialty focused on diseases of the endocrine system, including diabetes, thyroid and pituitary disorders. Learn more about endocrinology and diabetes at UC San Diego Health System.

Steven Victor Edelman, MD
Clinical Professor of Medicine

Specialty:
Endocrinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-1636

Bio:
Please note that Dr. Edelman is not a Primary Care Physician
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about [hematology/blood diseases](https://health.ucsd.edu) at UC San Diego Health.

Thomas James Kipps, MD, PhD
Hematologist
Professor of Medicine

**Specialties:**
- Cancer, Hematology/Blood Diseases
**Subspecialty:**
- Leukemia & Lymphoma

**Add'l Language:**
- German

**Moores Cancer Center**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 822-6100

**Bio:**
Thomas J. Kipps, MD, PhD, is a board-certified hematologist with a distinguished career in cancer research. He currently serves as the Deputy Director of Research Operations for UC San Diego Moores Cancer Center. He is the author of more than 200 publications and is the principal investigator on several peer-reviewed grants, including the NCI award for the Chronic Lymphocytic Leukemia Consortium involving collaboration with eight other cancer centers.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

**Specialties:**
- Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
**Subspecialty:**
- Leukemia & Lymphoma

**Add'l Languages:**
- German, Greek

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
- New Patient Registration: (800) 926-8273
- Direct Clinic Line: (858) 822-6600

**Bio:**
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Hematology/Blood Diseases (cont.)

Annette Von Drygalski, MD, PharmD
Director, Hemophilia and Thrombosis Treatment Center
Associate Professor of Medicine

Specialty:
Hematology/Blood Diseases

Add'l Languages:
French, German

La Jolla - 8929 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5947

Bio:
Annette von Drygalski, MD, PharmD, is a board-certified hematologist who cares for people with diseases of the blood, spleen and lymph. She directs the Hemophilia and Thrombosis Treatment Center at UC San Diego Health. In this role, Dr. von Drygalski developed translational and clinical research interests addressing the evolving needs of aging patients with hemophilia, such as cardiovascular and joint disease.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Francesca Torriani, MD
Medical Director, Infection Prevention and Clinical Epidemiology
Professor of Clinical Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Languages:
French, German, Italian, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Francesca J. Torriani, MD, is a Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases at the University of California, San Diego (UCSD). Dr. Torriani received her medical degree in 1985 from the University Medical School in Lausanne, Switzerland. In 1995, Dr. Torriani joined UC San Diego Health after completing a fellowship in infectious diseases.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Francesca Torriani, MD
Medical Director, Infection Prevention and Clinical Epidemiology
Professor of Clinical Medicine

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Languages:
French, German, Italian, Spanish

Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Francesca J. Torriani, MD, is a Professor of Clinical Medicine in the Department of Medicine, Division of Infectious Diseases at the University of California, San Diego (UCSD). Dr. Torriani received her medical degree in 1985 from the University Medical School in Lausanne, Switzerland. In 1995, Dr. Torriani joined UC San Diego Health after completing a fellowship in infectious diseases.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Malayalam

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

**Bio:**
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
German

**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Nephrology (Kidney) - Apheresis

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Nephrology (Kidney) - Chronic Kidney Disease

Joachim H. Ix, MD  
Chief, Division of Nephrology-Hypertension  
Professor of Medicine

**Specialty:**  
Nephrology (Kidney)

**Subspecialties:**  
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**  
German

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6397

**Bio:**  
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Nephrology (Kidney) - Dialysis

Joachim H. Ix, MD
Chief, Division of Nephrology-Hypertension
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
German

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Joachim Ix, MD, is a board-certified nephrologist who cares for patients with kidney disease, including end-stage renal disease and acute renal failure as a result of underlying conditions such as diabetes, hypertension, lupus, sepsis and glomerulonephritis. He is chief of the Division of Nephrology-Hypertension.
Neurology - Stroke

Thomas Hemmen, MD, PhD
Vascular Neurologist
Director, Stroke Center
Professor of Neurosciences

Specialties:
Neurology, Stroke Care

Subspecialty:
Stroke

Add'l Language:
German

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Thomas Hemmen, MD, PhD, is a board-certified vascular neurologist. His expertise includes caring for patients with stroke, cerebrovascular diseases, and those who require neurological critical care. Dr. Hemmen directs the stroke center at UC San Diego Health and was instrumental in establishing the center as the first certified Stroke Center of Excellence in San Diego County.
Obstetrics & Gynecology - General Gynecology

Gillian Mackay, MBBS, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
German

La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Gillian Mackay, MBBS, is a board-certified obstetrician/gynecologist who provides labor and delivery care for both low and high-risk pregnancies, as well as minimally invasive gynecological surgery, adolescent gynecology and contraception and family planning. She also performs office procedures such as hysteroscopy.
Orthopedics - Hand & Upper Extremity

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Orthopedics - Orthopedic Trauma

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Orthopedic Trauma
Add'l Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
Orthopedics - Spine

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Orthopedics - Sports Medicine

Douglas Chang, MD, PhD  
Chief of Physical Medicine and Rehabilitation Service  
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine  
Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North  
La Jolla - Koman Family Outpatient Pavilion  
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200  
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Eric Hentzen, MD, PhD  
Orthopedic Surgeon  
Assistant Professor of Orthopedic Surgery

Specialties:
Orthopedics, Sports Medicine  
Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Encinitas - Garden View Road  
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Physical Medicine & Rehabilitation

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Hillcrest - Medical Offices North
La Jolla - Koman Family Outpatient Pavilion
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.

Lisa Wastila, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
German

La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Lisa Wastila, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Radiation Oncology

Radiation oncology is the medical specialty that uses radiation to treat cancer. Learn more about radiation oncology at UC San Diego Health.

Arno J. Mundt, MD, FACRO, FASTRO
Radiation Oncologist
Professor and Chair of Radiation Medicine and Applied Sciences

Specialties:
Radiation Oncology, Cancer
Subspecialties:
Urologic Cancer, Gynecological Cancers
Add'l Languages:
French, German, Italian

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6040

Bio:
Arno J. Mundt, MD, is a board-certified radiation oncologist whose expertise is in gynecologic and prostate cancers using a variety of novel treatment modalities, including image-guided radiation therapy (IGRT) and intensity-modulated radiation therapy (IMRT).
Radiology

Radiology is the branch of medicine specializing in the use of imaging technologies such as x-ray and radiation to diagnose and treat diseases. Learn more about radiology at UC San Diego Health System.

Gary G Ghahremani, MD
Clinical Professor of Radiology

Specialty:
Radiology
Add'l Languages:
Farsi, German

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Dr. Ghahremani has been practicing Diagnostic Radiology for the past 40 years. From 1976 until 2000 he served as Professor and Chairman of the Radiology Department at Evanston Hospital-Northwestern University in Evanston, IL.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health System.

Paul Schalch Lepe, MD, FACS
Head and Neck Surgeon

Specialties:
ENT/Head and Neck (Otolaryngology), Sleep Medicine

Subspecialties:
General Otolaryngology (ENT), Sinus & Rhinology

Add'l Languages:
German, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Paul Schalch Lepe, MD, FACS, is a board-certified otolaryngologist and sleep medicine specialist who specializes in disorders affecting the ears, nose and throat. His expertise is in advanced procedures to diagnose and treat airway obstruction and obstructive sleep apnea, using both surgical and non-surgical approaches.

Lisa Shives, MD
Sleep Medicine Specialist
Assistant Professor of Medicine

Specialty:
Sleep Medicine

Add'l Languages:
French, German

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Lisa Shives, MD, is a board-certified sleep medicine doctor. She has extensive experience in the treatment of all sleep related disorders including sleep apnea, insomnia, narcolepsy, restless legs syndrome and circadian rhythm disorders.
Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Douglas Chang, MD, PhD
Chief of Physical Medicine and Rehabilitation Service
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialties:
Spine, Sports Medicine

Add'l Language:
German

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200
Direct Clinic Line - Executive Dr.: (844) 377-7678

Bio:
Douglas Chang, MD, PhD, is a board-certified physical medicine and rehabilitation physician who specializes in the non-surgical treatment of back/neck pain and other musculoskeletal injuries.

Eric Hentzen, MD, PhD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Sports Medicine

Subspecialties:
Hand & Upper Extremity, Sports Medicine

Add'l Languages:
German, Spanish

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Dr. Hentzen, assistant professor of orthopedic surgery, specializes in hand and microvascular surgery. His clinical interests include the treatment of post-traumatic, degenerative and developmental conditions of the shoulder, elbow, wrist and hand, including fracture care, arthroscopy, joint replacement and microsurgical techniques.
Stroke Care

Stroke care is the medical treatment for a stroke — when the blood supply to part of your brain is interrupted or severely reduced, resulting in the sudden death of brain cells. Learn more about stroke care at UC San Diego Health System.

Thomas Hemmen, MD, PhD
Vascular Neurologist
Director, Stroke Center
Professor of Neurosciences

Specialties:
Neurology, Stroke Care
Subspecialty:
Stroke
Add'l Language:
German

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Thomas Hemmen, MD, PhD, is a board-certified vascular neurologist. His expertise includes caring for patients with stroke, cerebrovascular diseases, and those who require neurological critical care. Dr. Hemmen directs the stroke center at UC San Diego Health and was instrumental in establishing the center as the first certified Stroke Center of Excellence in San Diego County.
Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Alexandra K. Schwartz, MD
Chief, Orthopedic Trauma
Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Surgery
Subspecialty:
Orthopedic Trauma
Addl Languages:
German, Spanish

La Jolla - Koman Family Outpatient Pavilion
Jacobs Medical Center
Hillcrest - Medical Offices North
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6312
Direct Clinic Line: (858) 657-8200

Bio:
Alexandra Schwartz, MD, is a board-certified orthopedic surgeon. She specializes in orthopedic trauma and surgery to treat fractured or broken bones, including clavicle, pelvic, foot, ankle, arm, elbow, knee, and shoulder injuries. Dr. Schwartz also cares for patients with complications from these injuries, such as infections and poor-healing or non-healing bones. As an orthopedic traumatologist, she has expertise working in emergency settings and with people whose injuries were caused by accidents or violence.
# Index

**B**  
Birgersdotter-Green, Ulrika .......................... 6

**C**  
Chang, Douglas ......................... 22, 23, 24, 29  
Cotter, Bruno ........................................ 7

**E**  
Edelman, Steven Victor ................... 7  
Elias, Dalia ....................................... 14, 25

**G**  
Gahremani, Gary G .......................... 27

**H**  
Hemmen, Thomas .............................. 18, 30  
Hentzen, Eric ................................. 20, 23, 29

**I**  
Ix, Joachim H. ...................... 15, 16, 17

**K**  
Kipps, Thomas James .................... 4, 10

**M**  
Mackay, Gillian ............................... 19  
Meier, Angela ................................ 1  
Mundt, Arno J. ................................. 3, 5, 26

**S**  
Schalch Lepe, Paul ......................... 8, 9, 28  
Schwartz, Alexandra K. .................. 21, 31  
Shives, Lisa ................................. 28

**T**  
Torrani, Francesca ....................... 12, 13  
Tzachanis, Dimitrios .................... 2, 4, 10

**V**  
Von Drygalski, Annette .................. 11

**W**  
Wastila, Lisa ............................... 14, 25