Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92037

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care
(Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

**Blood & Marrow Transplant - BMT** .......................................................................................................................... 1

**Cancer**
- Breast Cancer ......................................................................................................................................................... 1
- Gastrointestinal Cancers .............................................................................................................................................. 1
- Gynecological Cancers .................................................................................................................................................. 1
- Head & Neck Cancers .................................................................................................................................................... 1
- Immunotherapy ............................................................................................................................................................ 1
- Leukemia & Lymphoma ................................................................................................................................................. 2
- Lung Cancer ................................................................................................................................................................. 2
- Melanoma / Skin Cancers .............................................................................................................................................. 2
- Neurological Oncology ................................................................................................................................................... 1
- Pancreatic Cancer .......................................................................................................................................................... 1
- Precision Medicine ...................................................................................................................................................... 1
- Psychosocial Oncology .................................................................................................................................................. 1
- Sarcoma (Bone and Soft Tissue) ..................................................................................................................................... 1
- Urologic Cancer ........................................................................................................................................................... 3

**Cardiology**
- Electrophysiology ....................................................................................................................................................... 1
- General Cardiology ....................................................................................................................................................... 1
- Heart Failure ................................................................................................................................................................. 1
- Interventional Cardiology ............................................................................................................................................... 3

**Family Medicine**
- Integrative & Holistic Medicine ................................................................................................................................... 1

**Hematology/Blood Diseases** ......................................................................................................................................... 5

**HIV/AIDS** ..................................................................................................................................................................... 6

**Obstetrics & Gynecology**
- General Gynecology ..................................................................................................................................................... 1
- Gynecologic Oncology .................................................................................................................................................... 1
- Maternal-Fetal Medicine (Perinatology) .......................................................................................................................... 7
- Midwifery ........................................................................................................................................................................ 1
- Reproductive Endocrinology and Infertility ..................................................................................................................... 1
- Urogynecology ............................................................................................................................................................. 1

**Primary Care** ............................................................................................................................................................... 8

**Pulmonary Medicine (Lung)**
- Asthma ........................................................................................................................................................................... 1
- Chronic Obstructive Pulmonary Disease ....................................................................................................................... 1
- Critical Care ................................................................................................................................................................. 9
- Interventional Pulmonology ........................................................................................................................................... 9
- Pulmonary Thromboendarterectomy (PTE) .................................................................................................................... 10
- Pulmonary Vascular Disease .......................................................................................................................................... 11

**Surgery**
- Critical Care ................................................................................................................................................................. 1
- General and Gastrointestinal Surgery ............................................................................................................................ 1
- Hepatobiliary Surgery ...................................................................................................................................................... 1
- Minimally Invasive Surgery .......................................................................................................................................... 1
- Surgical Oncology .......................................................................................................................................................... 1
- Thyroid and Parathyroid Surgery .................................................................................................................................. 1
- Trauma .......................................................................................................................................................................... 1

**Urology**
- Incontinence ................................................................................................................................................................. 1
- Kidney Stones ............................................................................................................................................................... 1
- Male Infertility ............................................................................................................................................................... 1
- Urogynecology .............................................................................................................................................................. 1
- Urologic Cancer .......................................................................................................................................................... 12

**Index** ........................................................................................................................................................................... 13
Blood & Marrow Transplant - BMT

A blood and marrow transplant (BMT) is an infusion of adult stem cells — a BMT is used to replace bone marrow that has been destroyed by disease, chemotherapy or radiation. Learn more about [blood and marrow transplant](https://health.ucsd.edu) at UC San Diego Health.

**Dimitrios Tzachanis, MD, PhD**
Hematologist/Medical Oncologist
Assistant Professor of Medicine

- **Specialties:**
  - Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
- **Subspecialty:**
  - Leukemia & Lymphoma
- **Add'l Languages:**
  - German, Greek

**Moores Cancer Center**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

**Bio:**
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Leukemia & Lymphoma

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspeciality:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Cardiology - Interventional Cardiology

Sotirios Tsimikas, MD
Director of Vascular Medicine
Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Interventional Cardiology

Add'l Language:
Greek

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
UC San Diego Health Links
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Theodoros F. Katsivas, MD
Assistant Clinical Professor of Medicine, Owen Clinic

Specialty:
HIV/AIDS

Add'l Languages:
Greek, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Maternal-Fetal Medicine (Perinatology)

**Add'l Language:**
Greek

**Locations:**
Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-9273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease,
Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
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Direct Clinic Line: (858) 657-7100

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Associate Professor of Medicine

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Pulmonology (Lung)

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French, Greek

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**Surgery - Minimally Invasive Surgery**

*Karim Kader, MD, PhD*
Urologist
Professor of Urology

**Specialties:**
Urology, Cancer, Surgery

**Subspecialties:**
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

**Add'l Languages:**
French, Greek

*La Jolla - Koman Family Outpatient Pavilion*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

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**Urology - Urologic Cancer**

*Karim Kader, MD, PhD*
Urologist
Professor of Urology

**Specialties:**
Urology, Cancer, Surgery

**Subspecialties:**
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

**Add'l Languages:**
French, Greek

*La Jolla - Koman Family Outpatient Pavilion*

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.
Index

B
Ballas, Jerasimos (Jerry) ......................................... 7

K
Kabongo, Martin Luther ......................................... 4, 8
Kader, Karim ......................................................... 3, 12
Katsivas, Theodoros F. .......................................... 6

P
Papamatheakis, Demosthenes (Demos) .... 9, 10, 11

T
Tsimikas, Sotiros ................................................ 3
Tzachanis, Dimitrios ........................................... 1, 2, 5