Physician Directory

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UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Search by name, specialty, location or keyword to find the right provider for you.

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**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Blood & Marrow Transplant - BMT

A blood and marrow transplant (BMT) is an infusion of adult stem cells — a BMT is used to replace bone marrow that has been destroyed by disease, chemotherapy or radiation. Learn more about blood and marrow transplant at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
Subspecialty:
Leukemia & Lymphoma
Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Leukemia & Lymphoma

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Urologic Cancer

**Karim Kader, MD, PhD**  
Urologist  
Professor of Urology

**Specialties:**  
Urology, Cancer, Surgery  

**Subspecialties:**  
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer  

**Add'l Languages:**  
French, Greek

La Jolla - Koman Family Outpatient Pavilion

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7876

**Bio:**  
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Cardiology - Interventional Cardiology

**Sotirios Tsimikas, MD**  
Director of Vascular Medicine  
Professor of Medicine

**Specialty:**  
Cardiology  

**Subspecialty:**  
Interventional Cardiology  

**Add'l Language:**  
Greek

Sulpizio Cardiovascular Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8530

**Bio:**  
UC San Diego Health Links
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Theodoros F. Katsivas, MD
Assistant Clinical Professor of Medicine, Owen Clinic

Specialty:
HIV/AIDS

Add'l Languages:
Greek, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Maternal-Fetal Medicine (Perinatology)
Add'l Language:
Greek

Sorrento Valley - Directors Place
Hillcrest - Medical Offices South
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Demosthenes (Demos) Papamatheakis, MD  
Pulmonologist  
Associate Professor of Medicine

**Specialty:** 
Pulmonology (Lung)

**Subspecialties:** 
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:** 
French, Greek

La Jolla - 4520 Executive Drive  
Sulpizio Cardiovascular Center

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7100

**Bio:** 
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

**La Jolla - 4520 Executive Drive**
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Surgery - Minimally Invasive Surgery

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Urology - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.
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