From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- **Shiley Eye Institute**
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92037

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

### Encinitas
- **Encinitas**
  - Includes Encinitas Express Care (Suite 110)
  - 1200 Garden View Road
  - Encinitas, CA 92024

  - 477 North El Camino Real
  - Encinitas, CA 92024

### College Area
- **College Area**
  - 6719 Alvarado Road, Suite 302
  - San Diego, CA 92120

### Hillcrest
- **Hillcrest**
  - **Hillcrest Emergency**
    - UC San Diego Medical Center
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **4th and Lewis Medical Offices**
    - 330 Lewis Street
    - San Diego, CA 92103

  - **Medical Offices North**
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **Medical Offices South**
    - 4168 Front Street
    - San Diego, CA 92103

  - **UC San Diego Medical Center**
    - 200 West Arbor Drive
    - San Diego, CA 92103

### Rancho Bernardo
- **Rancho Bernardo**
  - Includes Rancho Bernardo Urgent Care
  - 16950 Via Tazon
  - San Diego, CA 92127

### Downtown
- **Downtown**
  - Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

### Hillcrest
- **Hillcrest**
  - **Hillcrest Emergency**
    - UC San Diego Medical Center
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **4th and Lewis Medical Offices**
    - 330 Lewis Street
    - San Diego, CA 92103

  - **Medical Offices North**
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **Medical Offices South**
    - 4168 Front Street
    - San Diego, CA 92103

  - **UC San Diego Medical Center**
    - 200 West Arbor Drive
    - San Diego, CA 92103

### Kearny Mesa
- **Kearny Mesa**
  - 7910 Frost Street
  - San Diego, CA 92123

### Chula Vista
- **Chula Vista**
  - 959 Lane Avenue
  - Chula Vista, CA 91914

### Temecula
- **Temecula**
  - 31720 Temecula Parkway, Suite 100
  - Temecula, CA 92592
Locations
# Table of Contents

## Blood & Marrow Transplant - BMT

### Cancer
- Breast Cancer
- Gastrointestinal Cancers
- Gynecological Cancers
- Head & Neck Cancers
- Immunotherapy
- Leukemia & Lymphoma
- Lung Cancer
- Melanoma / Skin Cancers
- Neurological Oncology
- Pancreatic Cancer
- Precision Medicine
- Psychosocial Oncology
- Sarcoma (Bone and Soft Tissue)
- Urologic Cancer

## Cardiology
- Electrophysiology
- General Cardiology
- Heart Failure
- Interventional Cardiology

## Hematology/Blood Diseases

## HIV/AIDS

## Obstetrics & Gynecology
- General Gynecology
- Gynecologic Oncology
- Maternal-Fetal Medicine (Perinatology)
- Midwifery
- Reproductive Endocrinology and Infertility
- Urogynecology

## Pulmonology (Lung)
- Asthma
- Chronic Obstructive Pulmonary Disease
- Critical Care
- Interventional Pulmonology
- Pulmonary Thromboendarterectomy (PTE)
- Pulmonary Vascular Disease

## Surgery
- Critical Care
- General and Gastrointestinal Surgery
- Hepatobiliary Surgery
- Minimally Invasive Surgery
- Surgical Oncology
- Thyroid and Parathyroid Surgery
- Trauma

## Urology
- Incontinence
- Kidney Stones
- Male Infertility
- Urogynecology
- Urologic Cancer

## Index
Blood & Marrow Transplant - BMT

A blood and marrow transplant (BMT) is an infusion of adult stem cells — a BMT is used to replace bone marrow that has been destroyed by disease, chemotherapy or radiation. Learn more about blood and marrow transplant at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Leukemia & Lymphoma

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

**Specialties:**
Urology, Cancer, Surgery

**Subspecialties:**
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

**Add'l Languages:**
French, Greek

La Jolla - Koman Family Outpatient Pavilion

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

**Bio:**
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Cardiology - Interventional Cardiology

Sotirios Tsimikas, MD
Director of Vascular Medicine
Professor of Medicine

**Specialty:**
Cardiology

**Subspecialty:**
Interventional Cardiology

**Add'l Language:**
Greek

Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

**Bio:**
UC San Diego Health Links
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Theodoros F. Katsivas, MD
Assistant Clinical Professor of Medicine, Owen Clinic

Specialty:
HIV/AIDS

Add'l Languages:
Greek, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)
**Add'l Language:** Greek

**Locations:**
- Sorrento Valley - Directors Place
- Hillcrest - Medical Offices South
- Jacobs Medical Center
- Hillcrest - UC San Diego Medical Center
- Encinitas - Garden View Court

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.
Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

**La Jolla - 4520 Executive Drive**
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Pulmonology (Lung) - Pulmonary Thromboendarterectomy (PTE)

Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease,
Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Pulmonology (Lung) - Pulmonary Vascular Disease

Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Urology - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.
Index

B
Ballas, Jerasimos (Jerry) ........................................ 6

K
Kader, Karim ......................................................... 3, 10

Katsivas, Theodoros F. ......................................... 5

P
Papanastakis, Demosthenes (Demos) ..................... 7, 8, 9

T
Tsimikas, Sotiris .................................................. 3
Tzachanis, Dimitrios ............................................. 1, 2, 4