UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**  
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**  
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

**Refer a Patient or Request Consultation**  
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**  
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92033

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

## Cancer
- Breast Cancer
- Gastrointestinal Cancers
- Gynecological Cancers
- Head & Neck Cancers
- Immunotherapy
- Leukemia & Lymphoma
- Lung Cancer
- Melanoma / Skin Cancers
- Neurological Oncology
- Pancreatic Cancer
- Precision Medicine
- Psychosocial Oncology
- Sarcoma (Bone and Soft Tissue)
- Urologic Cancer

## Family Medicine
- Integrative & Holistic Medicine

## Gastroenterology
- Celiac Disease
- General Gastroenterology
- GI Cancer
- GI Motility
- Inflammatory Bowel Diseases
- Interventional Endoscopy / Pancreas & Bile Ducts

## Hepatology (Liver)

## Obstetrics & Gynecology
- General Gynecology
- Gynecologic Oncology
- Maternal-Fetal Medicine (Perinatology)
- Midwifery
- Reproductive Endocrinology and Infertility
- Urogynecology

## Occupational/Environmental Medicine

## Orthopedics
- Foot & Ankle
- Hand & Upper Extremity
- Joint
- Orthopedic Trauma
- Spine
- Sports Medicine

## Physical Medicine & Rehabilitation

## Primary Care

## Sports Medicine

## Surgery
- Critical Care
- General and Gastrointestinal Surgery
- Hepatobiliary Surgery
- Minimally Invasive Surgery
- Surgical Oncology
- Thyroid and Parathyroid Surgery
- Trauma

## Transplantation
- Heart Transplantation
- Kidney Transplantation
- Liver Transplantation
- Lung Transplantation
- Pancreas Transplantation

## Urology
- Incontinence
- Kidney Stones
- Male Infertility
- Urogynecology
- Urologic Cancer
Cancer - Gastrointestinal Cancers

Shumei Kato, MD  
Medical Oncologist  
Assistant Professor of Medicine  

Specialty:  
Cancer  

Subspecialties:  
Gastrointestinal Cancers, Precision Medicine  

Add'l Language:  
Japanese  

Moores Cancer Center  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-2372  

Bio:  
Shumei Kato, MD, is a board-certified medical oncologist who specializes in treating rare cancers and gastrointestinal tumors. He uses numerous forms of therapy such as chemotherapy, biological therapy, immunotherapy and targeted therapy to offer the best possible treatment options for his patients. Dr. Kato has a special interest in targeted molecular therapy and his approach to care emphasizes personalized medicine and experimental therapeutics.
Cancer - Precision Medicine

Shumei Kato, MD
Medical Oncologist
Assistant Professor of Medicine

**Specialty:**
Cancer

**Subspecialties:**
Gastrointestinal Cancers, Precision Medicine

**Add'l Language:**
Japanese

Moores Cancer Center
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
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Cancer - Urologic Cancer

Kyoko Sakamoto, MD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Minimally Invasive Surgery, Urologic Cancer, Urologic Cancer

Add'l Language:
Japanese

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Kyoko Sakamoto, MD, is a board-certified urologist who specializes in laparoscopy and endourology. Her additional interests are neurourology and general urology.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Yuko Kono, MD, PhD
Gastroenterologist and Hepatologist
Professor of Medicine and Radiology

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
Japanese

Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Yuko Kono, MD, PhD is a hepatologist with a special interest in hepatocellular carcinoma (HCC) surveillance, diagnosis, management, general hepatology and liver transplantation. She is an expert in contrast enhanced ultrasound imaging.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Yuko Kono, MD, PhD
Gastroenterologist and Hepatologist
Professor of Medicine and Radiology

Specialties:
Gastroenterology, Transplantation, Hepatology (Liver)

Subspecialty:
Liver Transplantation

Add'l Language:
Japanese

Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
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Bio:
Yuko Kono, MD, PhD is a hepatologist with a special interest in hepatocellular carcinoma (HCC) surveillance, diagnosis, management, general hepatology and liver transplantation. She is an expert in contrast enhanced ultrasound imaging.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Occupational/Environmental Medicine

University of California San Diego Health System’s Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about occupational/environmental medicine at UC San Diego Health System.

Marcia Isakari, MD, MPH
Medical Director, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine

Add'l Languages:
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.
Orthopedics - Sports Medicine

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Kenneth Vitale, MD, is a board-certified physical medicine and rehabilitation physician who specializes in sports medicine and sports nutrition. As a physical medicine and rehabilitation physician (also known as a physiatrist), Dr. Vitale's expertise is in guiding individuals with orthopedic conditions through a variety of nonsurgical treatment options.
Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine

Subspecialty:
Sports Medicine

Add'l Language:
Japanese

La Jolla - 4520 Executive Drive
La Jolla - Koman Family Outpatient Pavilion

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Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
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Sports Medicine

Sports medicine is the branch of medicine concerned with the treatment of injuries or illnesses from athletic activities. Learn more about sports medicine at UC San Diego Health System.

Kenneth Vitale, MD
Physical Medicine and Rehabilitation Specialist
Associate Professor of Orthopaedic Surgery

Specialties:
Orthopedics, Physical Medicine & Rehabilitation, Sports Medicine
Subspecialty:
Sports Medicine

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Surgery - Minimally Invasive Surgery

Kyoko Sakamoto, MD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Minimally Invasive Surgery, Urologic Cancer, Urologic Cancer

Add'l Language:
Japanese

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (866) 773-2703

Bio:
Kyoko Sakamoto, MD, is a board-certified urologist who specializes in laparoscopy and endourology. Her additional interests are neuro-urology and general urology.
Transplantation - Liver Transplantation

Yuko Kono, MD, PhD  
Gastroenterologist and Hepatologist  
Professor of Medicine and Radiology

**Specialties:**  
Gastroenterology, Transplantation, Hepatology (Liver)

**Subspecialty:**  
Liver Transplantation

**Add'l Language:**  
Japanese

**Hillcrest - Medical Offices South**  
**La Jolla - 4510 Executive Drive**

**Contact:**  
New Patient Registration: (800) 926-8273  
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Professor of Urology

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Urology, Cancer, Surgery

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Moores Cancer Center

Contact:
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Direct Clinic Line: (866) 773-2703

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Index

I
Isakari, Marcia ......................................................... 8

K
Kabongo, Martin Luther ................................. 4, 11

R
Rahman, Akbar ......................................................... 4, 11.
Ries, Maureen C. ......................................................... 7.

S
Sakamoto, Kyoko ......................................................... 3, 13, 15.

V
Vitale, Kenneth ......................................................... 9, 10, 12.