UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
# Table of Contents

Blood & Marrow Transplant - BMT ......................................................................................................................... 1

## Cancer
Breast Cancer .......................................................................................................................................................... 1
Gastrointestinal Cancers ......................................................................................................................................... 1
Gynecological Cancers ........................................................................................................................................... 1
Head & Neck Cancers ........................................................................................................................................... 1
Immunotherapy ....................................................................................................................................................... 1
Leukemia & Lymphoma ........................................................................................................................................... 2
Lung Cancer ........................................................................................................................................................... 2
Melanoma / Skin Cancers ......................................................................................................................................... 2
Neurological Oncology ......................................................................................................................................... 2
Pancreatic Cancer .................................................................................................................................................. 2
Precision Medicine ............................................................................................................................................... 2
Psychosocial Oncology ........................................................................................................................................ 2
Sarcoma (Bone and Soft Tissue) .......................................................................................................................... 2
Urologic Cancer .................................................................................................................................................... 2

## Cardiology
Electrophysiology ................................................................................................................................................... 3
General Cardiology ................................................................................................................................................ 3
Heart Failure ......................................................................................................................................................... 3
Interventional Cardiology ...................................................................................................................................... 3

## ENT/Head and Neck (Otolaryngology)
Facial Nerve Disorders ........................................................................................................................................ 4
Facial Plastic Surgery .......................................................................................................................................... 4
General Otolaryngology (ENT) ........................................................................................................................ 4
Head & Neck Surgery Oncology ................................................................................................................................ 4
Hearing & Balance Disorders ................................................................................................................................... 5
Laryngology .......................................................................................................................................................... 5
Otology & Neurotology / Skull-Base Surgery ....................................................................................................... 6
Sinus & Rhinology ............................................................................................................................................... 6
Thyroid & Parathyroid Surgery ........................................................................................................................... 6

## Family Medicine
Integrative & Holistic Medicine ........................................................................................................................... 8

## Hematology/Blood Diseases
HIV/AIDS .............................................................................................................................................................. 9

## Infectious Diseases
Tropical Diseases ....................................................................................................................................................... 9

## Obstetrics & Gynecology
General Gynecology ............................................................................................................................................. 10
Gynecologic Oncology ......................................................................................................................................... 10
Maternal-Fetal Medicine (Perinatology) .................................................................................................................. 11
Midwifery ............................................................................................................................................................. 11
Reproductive Endocrinology and Infertility ......................................................................................................... 11
Urogynecology .................................................................................................................................................... 11

## Occupational/Environmental Medicine
Occupational/Environmental Medicine .................................................................................................................... 12

## Primary Care
Primary Care ........................................................................................................................................................... 13

## Psychiatry
Psychiatry ............................................................................................................................................................... 13
Eating Disorders ..................................................................................................................................................... 13
Geriatric Psychiatry ............................................................................................................................................... 13

## Pulmonology (Lung)
Asthma ................................................................................................................................................................. 14
Chronic Obstructive Pulmonary Disease ............................................................................................................... 14
Critical Care ........................................................................................................................................................ 14
Interventional Pulmonology .................................................................................................................................. 14
Pulmonary Thromboendarterectomy (PTE) .......................................................................................................... 15
Pulmonary Vascular Disease ............................................................................................................................ 15

## Surgery
Surgery ................................................................................................................................................................. 16
Critical Care ......................................................................................................................................................... 16
General and Gastrointestinal Surgery .................................................................................................................. 16
Hepatobiliary Surgery ......................................................................................................................................... 16
Minimally Invasive Surgery .................................................................................................................................. 16
Surgical Oncology .............................................................................................................................................. 16
Thyroid and Parathyroid Surgery ....................................................................................................................... 16
# UC San Diego Health

## Trauma

## Urology
- Incontinence
- Kidney Stones
- Male Infertility
- Urogynecology
- Urologic Cancer

## Index

---

https://health.ucsd.edu  
Sunday, July 28, 2019
Blood & Marrow Transplant - BMT

A blood and marrow transplant (BMT) is an infusion of adult stem cells — a BMT is used to replace bone marrow that has been destroyed by disease, chemotherapy or radiation. Learn more about blood and marrow transplant at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases
Subspecialty:
Leukemia & Lymphoma
Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Leukemia & Lymphoma

Dimitrios Tzachanis, MD, PhD
Hematologist/Medical Oncologist
Assistant Professor of Medicine

Specialties:
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:
Leukemia & Lymphoma

Add'l Languages:
German, Greek

Moores Cancer Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6600

Bio:
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
Cancer - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Cardiology - Interventional Cardiology

Sotirios Tsimikas, MD
Director of Vascular Medicine
Professor of Medicine

Specialty:
Cardiology

Subspecialty:
Interventional Cardiology

Add'l Language:
Greek

Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
UC San Diego Health Links
ENT/Head and Neck (Otolaryngology) - General Otolaryngology (ENT)

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (typanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialty:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Perlman Medical Offices**
**Hillcrest - UC San Diego Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

**Bio:**
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Dimitrios Tzachanis, MD, PhD  
Hematologist/Medical Oncologist  
Assistant Professor of Medicine

Specialties:  
Cancer, Blood & Marrow Transplant - BMT, Hematology/Blood Diseases

Subspecialty:  
Leukemia & Lymphoma

Add'l Languages:  
German, Greek

Moores Cancer Center  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 822-6600

Bio:  
Dimitrios Tzachanis, MD, PhD, is a board-certified hematologist and medical oncologist who specializes in treating people with cancers of the blood and lymph system, including lymphoma, myeloma, leukemia, myelodysplastic syndromes (MDS) and myeloproliferative neoplasms (MPN). He is a transplant physician for the joint UC San Diego Health / Sharp Blood and Marrow Transplantation (BMT) Program, which provides comprehensive blood and marrow transplant services, including autologous and allogeneic stem cell transplantation.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

**Theodoros F. Katsivas, MD**  
Assistant Clinical Professor of Medicine, Owen Clinic

**Specialty:**  
HIV/AIDS

**Add'l Languages:**  
Greek, Spanish

**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-3995

**Bio:**  
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Sanjay R. Mehta, MD
Transplant Infectious Disease Specialist
Assistant Professor of Medicine

Specialty:
Infectious Diseases
Add'l Languages:
Marathi, Portuguese

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Sanjay R. Mehta, MD, is one of the solid organ transplant infectious disease faculty at UC San Diego Health. He maintains an HIV-HCV co-infection clinic and is an assistant director of the Clinical Microbiology Lab at UC San Diego. He is also one of the faculty advisors for the UC Haiti Project.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Jerasimos (Jerry) Ballas, MD, MPH, FACOG
Perinatologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Add'l Language:
Greek

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jerry Ballas, MD, MPH, is a board-certified perinatologist who cares for women with high-risk pregnancies. As a maternal-fetal medicine specialist, he treats expectant mothers who have an increased chance that they or their babies will have health complications.
Occupational/Environmental Medicine

University of California San Diego Health System's Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about occupational/environmental medicine at UC San Diego Health System.

Marcia Isakari, MD, MPH
Medical Director, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine

Add'l Languages:
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about [primary care](https://health.ucsd.edu) at UC San Diego Health System.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Pulmonology (Lung) - Critical Care

Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

Add'l Languages:
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Pulmonology (Lung) - Pulmonary Thromboendarterectomy (PTE)

Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

La Jolla - 4520 Executive Drive
Sulpizio Cardiovascular Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Pulmonology (Lung) - Pulmonary Vascular Disease

Demosthenes (Demos) Papamatheakis, MD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Pulmonary Thromboendarterectomy (PTE), Pulmonary Vascular Disease, Critical Care

**Add'l Languages:**
French, Greek

**La Jolla - 4520 Executive Drive**
**Sulpizio Cardiovascular Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

**Bio:**
Demosthenes (Demos) Papamatheakis, MD, is a board-certified pulmonologist and intensive care specialist. His clinical interests include pulmonary vascular disease, with a focus in pulmonary arterial hypertension, chronic thromboembolic pulmonary hypertension and critical care medicine.
Surgery - Minimally Invasive Surgery

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.

Urology - Urologic Cancer

Karim Kader, MD, PhD
Urologist
Professor of Urology

Specialties:
Urology, Cancer, Surgery

Subspecialties:
Urologic Cancer, Minimally Invasive Surgery, Urologic Cancer

Add'l Languages:
French, Greek

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7876

Bio:
Karim Kader, MD, PhD, is a board-certified urologist who specializes in detecting, treating and preventing prostate cancer.
Index

B
Ballas, Jerasimos (Jerry) ........................................ 11
Brady, Patricia .................................................... 7, 13

I
Isakari, Marcia .................................................. 12

K
Kader, Karim ..................................................... 3, 18

Kari, Elina ......................................................... 4, 5, 6
Katsivas, Theodoros F. ...................................... 9.

M
Mehta, Sanjay R. ............................................... 10.
P
Papamatheakis, Demosthenes (Demos) .. 15, 16, 17.

R
Ribeiro Caldas Domingues, Isabel ............... 14.

T
Tsimikas, Sotrios ............................................. 3.
Tzachanis, Dimitrios ................................. 1, 2, 8.