Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

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Physician Access Services

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
**Locations**

**La Jolla**
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037
- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

**Orthopedics Urgent Care**
- **Sports Medicine**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122
  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9333 Genesee Avenue
  - San Diego, CA 92121
  - 8950 Villa La Jolla Drive
  - La Jolla, CA 92037
  - 9350 Campus Point Drive
  - La Jolla, CA 92037
  - Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92037
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

**Moores Cancer Center**
- 3855 Health Sciences Drive
- La Jolla, CA 92037

**Jacobs Medical Center**
- 9300 Campus Point Drive
- La Jolla, CA 92037

**Koman Family Outpatient Pavilion**
- 9400 Campus Point Drive
- La Jolla, CA 92037

**Perlman Medical Offices**
- 9350 Campus Point Drive
- La Jolla, CA 92037

**Hillcrest**
- **Hillcrest Emergency**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103
  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103
  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103
  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

**Rancho Bernardo**
- **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

**Encinitas**
- Includes **Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024
  - 477 North El Camino Real
  - Encinitas, CA 92024

**College Area**
- 6719 Alvarado Road, Suite 302
- San Diego, CA 92120

**Downtown**
- Downtown Express Care
  - 203 West F Street
  - San Diego, CA 92101

**Vista**
- 910 Sycamore Avenue
- Vista, CA 92081

**Sorrento Valley**
- 4910 Directors Place
- San Diego, CA 92121

**Scripps Ranch**
- 9909 Mira Mesa Blvd, Suite 200
- San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
- San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
- Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway, Suite 100
- Temecula, CA 92592
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Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari’s expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums ( tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
ENT/Head and Neck (Otolaryngology) - Hearing & Balance Disorders

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

**Specialties:**
ENT/Head and Neck (Otolaryngology)

**Subspecialties:**
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

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New Patient Registration: (800) 926-8273
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Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck (Otolaryngology)

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health System.

[Patricia Brady, MD](https://health.ucsd.edu)
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Sanjay R. Mehta, MD
Transplant Infectious Disease Specialist
Assistant Professor of Medicine

Specialty:
Infectious Diseases
Add'l Languages:
Marathi, Portuguese

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Sanjay R. Mehta, MD, is one of the solid organ transplant infectious disease faculty at UC San Diego Health. He maintains an HIV-HCV co-infection clinic and is an assistant director of the Clinical Microbiology Lab at UC San Diego. He is also one of the faculty advisors for the UC Haiti Project.
Occupational/Environmental Medicine

University of California San Diego Health System's Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about occupational/environmental medicine at UC San Diego Health System.

Marcia Isakari, MD, MPH
Medical Director, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine

Add'l Languages:
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the “prodromal” (early) phase.
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