UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

Request an Appointment
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: doctors.ucsd.edu.

Referring Physician Access

Transfer a Patient
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

Consultations
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

Refer Your Patient
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

**La Jolla**
- 4510 and 4520 Executive Drive
  San Diego, CA 92121
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane
  San Diego, CA 92122
- 8939 Villa La Jolla Drive
  La Jolla, CA 92037
- 9333 Genesee Avenue
  San Diego, CA 92121
- 8950 Villa La Jolla Drive
  La Jolla, CA 92037
- 9350 Campus Point Drive
  La Jolla, CA 92037

**Hillcrest**
- **4th and Lewis Medical Offices**
  330 Lewis Street
  San Diego, CA 92103
- **Medical Offices North**
  200 West Arbor Drive
  San Diego, CA 92103
- **Medical Offices South**
  4168 Front Street
  San Diego, CA 92103
- **UC San Diego Medical Center**
  200 West Arbor Drive
  San Diego, CA 92103

**Encinitas**
- **1200 Garden View Road**
  Encinitas, CA 92024
- **477 North El Camino Real**
  Encinitas, CA 92024

**Vista**
- **910 Sycamore Avenue**
  Vista, CA 92081

**Scripps Ranch**
- **9909 Mira Mesa Blvd.**
  San Diego, CA 92131

**Shiley Eye Institute**
- 9415 Campus Point Drive
  La Jolla, CA 92093

**Sulpizio Cardiovascular Center**
- 9434 Medical Center Drive
  La Jolla, CA 92093

**Moores Cancer Center**
- 3855 Health Sciences Drive
  La Jolla, CA 92093

**Jacobs Medical Center**
- 9300 Campus Point Drive
  La Jolla, CA 92037

**Kearny Mesa**
- 7910 Frost Street
  San Diego, CA 92123

**Rady Children’s Hospital-San Diego**
- 3020 Children’s Way
  San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway
  Temecula, CA 92952

**Sorrento Valley**
- 4910 Directors Place
  San Diego, CA 92121
Locations

1. Jacobs Medical Center
2. Moores Cancer Center
3. Sulpizio Cardiovascular Center
4. UC San Diego Medical Center
5. UC San Diego Health
6. Clinic Locations
7. Rady Children’s Hospital-San Diego
8. Veterans Affairs
9. San Diego Healthcare System

Locations

- Temecula
- Vista
- Encinitas
- La Jolla
- Sorrento Valley
- Veterans Affairs
  - San Diego Healthcare System
- Scripps Ranch
- Kearny Mesa
- Rady Children’s Hospital
  - San Diego
- Hillcrest
- Chula Vista

SAN DIEGO
## Table of Contents

**ENT/Head and Neck**
- Facial Nerve Disorders ................................................................. i
- Facial Plastic Surgery ................................................................. i
- General Otolaryngology (ENT) ......................................................... i
- Head & Neck Surgery Oncology ................................................... 1
- Hearing & Balance Disorders ......................................................... i
- Laryngology ................................................................................. i
- Otology & Neurotology / Skull-Base Surgery ................................ 3
- Sinus & Rhinology ......................................................................... i
- Thyroid & Parathyroid Surgery ..................................................... i

**Family Medicine**
- Integrative & Holistic Medicine ................................................... i

**Infectious Diseases**
- Tropical Diseases ........................................................................ i

**Internal Medicine** ..................................................................... 6

**Obesity Medicine** .................................................................. 7

**Obstetrics & Gynecology**
- General Gynecology .................................................................... i
- Gynecologic Oncology .................................................................. i
- Maternal-Fetal Medicine (Perinatology) ......................................... i
- Midwifery ....................................................................................... i
- Reproductive Endocrinology and Infertility .................................. i
- Urogynecology .............................................................................. i

**Occupational/Environmental Medicine** .................................. 9

**Osteopathic Medicine** ............................................................... 10

**Pediatrics**
- Adolescent Medicine .................................................................. i
- Complex Care Pediatrics .............................................................. i
- Developmental-Behavioral Pediatrics ............................................. i
- General Pediatrics ....................................................................... i
- Travel Medicine .......................................................................... i

**Primary Care** .......................................................................... 12

**Psychiatry**
- Eating Disorders ......................................................................... i
- Geriatric Psychiatry ..................................................................... i

**Index** ....................................................................................... 14
Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Elina Kari, MD, is a board-certified head and neck surgeon and neurotologist, a specialist who treats neurological disorders of the ear. Dr. Kari's expertise includes treating ear and hearing problems in adults and children, and conditions such as ear infections, perforated eardrums (tympanic membrane perforations), cholesteatoma, otosclerosis, lateral skull base lesions and acoustic neuroma. In addition, she evaluates patients for cochlear implants, osseointegrated hearing devices and auditory brainstem implants.
Elina Kari, MD  
Neurotologist  
Assistant Professor of Surgery

**Specialty:**  
ENT/Head and Neck

**Subspecialties:**  
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

**Add'l Languages:**  
Portuguese, Spanish

### La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

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ENT/Head and Neck - Otology & Neurotology / Skull-Base Surgery

Elina Kari, MD
Neurotologist
Assistant Professor of Surgery

Specialty:
ENT/Head and Neck

Subspecialties:
General Otolaryngology (ENT), Hearing & Balance Disorders, Otology & Neurotology / Skull-Base Surgery

Add'l Languages:
Portuguese, Spanish

La Jolla - Perlman Medical Offices

Contact:
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Direct Clinic Line: (858) 657-8590

Bio:
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Obstetrics & Gynecology, Pediatrics

Add'l Languages:
Portuguese, Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Sanjay R. Mehta, MD
Transplant Infectious Disease Specialist
Assistant Professor of Medicine

Specialty:
Infectious Diseases
Add'l Languages:
Marathi, Portuguese

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6146

Bio:
Sanjay R. Mehta, MD, is one of the solid organ transplant infectious disease faculty at UC San Diego Health. He maintains an HIV-HCV co-infection clinic and is an assistant director of the Clinical Microbiology Lab at UC San Diego. He is also one of the faculty advisors for the UC Haiti Project.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Eduardo Grunvald, MD
Primary Care Physician
Program Director, UC San Diego Weight Management Program
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Obesity Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 4520 Executive Drive
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Eduardo Grunvald, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Obesity Medicine

Eduardo Grunvald, MD
Primary Care Physician
Program Director, UC San Diego Weight Management Program
Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine, Obesity Medicine

Add'l Languages:
Portuguese, Spanish

La Jolla - 4520 Executive Drive
La Jolla - 8939 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

Bio:
Eduardo Grunvald, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about OB/GYN at UC San Diego Health System.

Patricia Brady, MD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine, Obstetrics & Gynecology, Pediatrics

Add'l Languages:
Portuguese, Spanish

La Jolla - Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Occupational/Environmental Medicine

University of California San Diego Health System's Center for Occupational & Environmental Medicine (COEM) provides the San Diego area with a full range of services for: prevention and compliance assistance, work injury treatment & management, blood borne pathogen exposure, travel medicine & vaccinations, dive medicine, and case coordination. Learn more about [occupational/environmental medicine](https://health.ucsd.edu) at UC San Diego Health System.

Marcia Isakari, MD, MPH
Medical Director, Occupational and Environmental Medicine

**Specialty:**
Occupational/Environmental Medicine

**Add'l Languages:**
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

**Bio:**
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.
Osteopathic Medicine

Jacob E. (Jake) Fleming, DO
Osteopathic Physician

**Specialty:**
Osteopathic Medicine

**Add'l Languages:**
Portuguese, Spanish

**Hillcrest - 4th & Lewis Medical Offices**
**La Jolla - Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8600
Direct Clinic Line - Hillcrest: (619) 471-9260

**Bio:**
Jake Fleming, DO, is an osteopathic physician and board-certified family medicine doctor who provides care for patients of all ages, and helps people adopt lifestyle changes aimed at disease prevention. He has a whole-body approach to medicine and is highly experienced in musculoskeletal medicine and manual medicine techniques to diagnose and treat restrictions in the body that contribute to pain and disease.
Pediatrics

Pediatrics is the branch of medicine concerned with children's health and the prevention and treatment of illnesses in children. Learn more about [pediatrics](https://health.ucsd.edu) at UC San Diego Health System.

**Patricia Brady, MD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Obstetrics & Gynecology, Pediatrics

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

**Patricia Brady, MD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine, Obstetrics & Gynecology, Pediatrics

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Patricia Brady, MD, is a family medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Eduardo Grunvald, MD**
Primary Care Physician
Program Director, UC San Diego Weight Management Program
Clinical Professor of Medicine

**Specialties:**
Primary Care, Internal Medicine, Obesity Medicine

**Add'l Languages:**
Portuguese, Spanish

**La Jolla - 4520 Executive Drive**
**La Jolla - 8939 Villa La Jolla Drive**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8000

**Bio:**
Eduardo Grunvald, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Isabel Ribeiro Caldas Domingues, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add'l Languages:
Portuguese, Spanish

Hillcrest - 140 Arbor Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7745

Bio:
Isabel Domingues, MD, is a board-certified psychiatrist who specializes in treating young adults with early psychosis. She also has clinical expertise in identifying young adults at high-risk of developing a psychotic disorder or in the "prodromal" (early) phase.
Index

B
Brady, Patricia ........................................ 4, 8, 11, 12

F
Fleming, Jacob E. (Jake) .............................. 10

G
Grunvald, Eduardo ................................. 6, 7, 12

I
Isakari, Marcia ............................................ 9

K
Kari, Elina .................................................... 1, 2, 3

M
Mehta, Sanjay R. ........................................... 5

R
Ribeiro Caldas Domingues, Isabel .................. 13