UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Emergency Medicine

Emergency Medicine is the medical specialty dealing with the immediate treatment of patients whose condition is critical, requiring immediate action. Learn more about emergency medicine at UC San Diego Health.

Sean-Xavier Neath, MD, PhD
Assistant Clinical Professor of Medicine

**Specialty:**
Emergency Medicine

**Add'l Languages:**
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273

Christian M. Sloane, MD
Emergency Medicine Physician
Assistant Professor of Emergency Medicine

**Specialty:**
Emergency Medicine

**Add'l Language:**
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

**Bio:**
UC San Diego Health Links
Emergency Medicine - Emergency Ultrasound

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine

Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Emergency Medicine - Hyperbaric Medicine & Wound Care

Stephen R. Hayden, MD
Emergency Medicine Physician
Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialty:
Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6400

Bio:
Stephen R. Hayden, MD, FAAEM, FACEP, graduated from the accelerated six-year biomedical program at Rensselaer Polytechnic Institute and Albany Medical College and was elected to the Alpha Omega Alpha honor medical society. He did a General Surgery internship at the San Diego Naval Hospital, which was followed by a tour of duty as senior flight surgeon for the Naval Strike Warfare Center at the NAS Fallon, Nevada.

Anthony John Medak, MD
Associate Physician
Assistant Clinical Professor of Emergency Medicine

Specialty:
Emergency Medicine
Subspecialties:
Emergency Ultrasound, Hyperbaric Medicine & Wound Care
Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6463

Bio:
Dr. Medak's areas of interest and research are in the uses of bedside Emergency Department Ultrasound, as well as Diving and Hyperbaric Medicine.
Christian A. Tomaszewski, MD

Specialty:
Emergency Medicine

Subspecialties:
Medical Toxicology, Hyperbaric Medicine & Wound Care

Additional Language:
Spanish

Hillcrest - UC San Diego Medical Center
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

Bio:
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Christian A. Tomaszewski, MD

**Specialty:**
Emergency Medicine

**Subspecialties:**
Medical Toxicology, Hyperbaric Medicine & Wound Care

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
La Jolla - 8910 Villa La Jolla
Rancho Bernardo - Via Tazon

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-6800

**Bio:**
Dr. Tomaszewski specializes in emergency medicine, medical toxicology and underwater medicine. He is chairman of the education committee for the American College of Emergency Physicians. He is also editor-in-chief of the Journal of Medical Toxicology.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.
Jessica Kingston, MD
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jessica Kingston, MD, is a board-certified obstetrician/gynecologist who provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.

Sarah Lederhandler Kluck, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Kearny Mesa - Convoy Street
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Kearny Mesa: (619) 543-7400
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Sarah Kluck, MD, is an OB/GYN who provides comprehensive women’s health care, including maternity, well woman and general gynecology care.
Obstetrics & Gynecology - General Gynecology (cont.)

Jamie L. Resnik, MD
Obstetrician/Gynecologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Jamie Resnik, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Obstetrics & Gynecology - General Gynecology (cont.)

Shira Varon, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Shira Varon, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She also provides well-woman care, including health care maintenance and contraception.
Obstetrics & Gynecology - Midwifery

Janna Ekholm, CNM, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Janna Ekholm, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Rachel Goodwin, CNM, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Encinitas - Garden View Road
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Rachel Goodwin, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in our traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Melissa Grear Mann, CNM, MPH
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Hillcrest - Medical Offices South
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-6790
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Melissa Mann, CNM, MPH, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.

Hope Gunther, CNM, MSN
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Hope Gunther, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Jennifer Hirsch, CNM, MS
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Jennifer Hirsch, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Karen Perdion, CNM, MSN
Director, Nurse Midwifery Service

Specialty:
Obstetrics & Gynecology

Subspecialty:
Midwifery

Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Karen Perdion, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Obstetrics & Gynecology - Midwifery (cont.)

Beth Timpe, CNM, MS
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery
Add'l Language:
Spanish

Hillcrest - Medical Offices South
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Beth Timpe, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Erica Vu Hill, CNM
Certified Nurse-Midwife

Specialty:
Obstetrics & Gynecology
Subspecialty:
Midwifery
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Erica Vu Hill, CNM, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She can deliver babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.
Pediatrics - Newborn Hospital Care

Pediatric hospitalists care for newborns in the hospital setting only. They may provide care ranging from normal newborn care to emergent stabilization and resuscitation, if necessary. Pediatric Hospitalists also provide parents with advice and guidance about lactation and any other questions they may have regarding their newborn. Learn more about Newborn Care at UC San Diego Health.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Michelle L. Leff, MD
Newborn Hospitalist and Pediatrician
Associate Professor of Pediatrics

Specialties:
Pediatrics, Primary Care
Subspecialty:
Newborn Hospital Care
Add'l Language:
Spanish

Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line - La Jolla Pediatrics: (858) 203-4962

Bio:
Michelle L. Leff, MD, is a board-certified pediatrician who specializes in the care of newborns. She also provides primary care for infants, children, and adolescents through all of their life stages. As a newborn hospitalist, Dr. Leff meets with parents and their babies during their postpartum stay in the hospital, providing daily care to infants. This care includes newborn examinations, screening tests and breastfeeding help, including frenotomies.
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