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UC San Diego Health
UC San Diego Health Physician Directory

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Locations

La Jolla
La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92093

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest
Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo
Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas
Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area
6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown
Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista
910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley
4910 Directors Place
San Diego, CA 92121

Scripps Ranch
9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

Kearny Mesa
7910 Frost Street
San Diego, CA 92123

Chula Vista
959 Lane Avenue
Chula Vista, CA 91914

Temecula
31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Cardiology - General Cardiology

Luis R. Castellanos, MD, MPH
Cardiologist
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5743

Bio:
Luis Castellanos, MD, MPH, is a board-certified cardiologist. As a general cardiologist, he enjoys helping patients improve their cardiovascular health by applying evidence-based strategies, state-of-the-art technology and pharmacotherapy to target coronary disease, hypertension, hyperlipidemia and other cardiac diseases.
Cardiology - Heart Failure

Jorge E. Silva Enciso, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation
Subspecialties:
Heart Transplantation, Heart Failure
Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Jorge Silva Enciso, MD, is a board-certified advanced heart failure and transplant cardiologist. He cares for patients with progressive heart failure symptoms in need of advanced therapies or surgical treatments including ventricular assist devices (VADs) or heart transplantation.

Marcus A. Urey, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation
Subspecialties:
Heart Failure, Heart Transplantation
Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Marcus A. Urey, MD, is a board-certified cardiologist specializing in advanced heart failure, mechanical circulatory devices and heart transplantation. In addition to his expertise in caring for those with end stage heart failure, he has a special interest in the evaluation and treatment of adults with heart failure caused by congenital heart disease (heart defects that are present at birth) and those with amyloidosis, a rare condition that can involve the heart. He works closely with colleagues from different subspecialties to offer these patients the most up-to-date treatment with the intent of improving both their longevity and quality of life.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS Care at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
HIV/AIDS, Infectious Diseases
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273

Bio:
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Theodoros F. Katsivas, MD
Assistant Clinical Professor of Medicine, Owen Clinic

Specialty:
HIV/AIDS
Add'l Languages:
Greek, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
Joseph Lonergan, MD
Primary Care Physician
Professor of Medicine

Specialty:
HIV/AIDS

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Joseph Lonergan, MD, is a board-certified internal medicine doctor who provides primary care and specialized HIV care to people living with HIV/AIDS. He also sees patients at risk for HIV infection who are interested in pre-exposure prophylaxis (PrEP). Dr. Lonergan is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women, and has been caring for patients at the Owen Clinic for more than 20 years.

Gabriel A. Wagner, MD
AIDS/HIV Specialist
Assistant Professor of Medicine

Specialty:
HIV/AIDS

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Gabriel Wagner, MD, is a board-certified infectious disease specialist who cares for adults with HIV and AIDS. He treats individuals at all stages of HIV disease and helps monitor and manage their health.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
HIV/AIDS, Infectious Diseases
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273

Bio:
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.
Nephrology (Kidney)

Nephrology is the specialty of medicine and pediatrics focusing on the study of kidney function, and the treatment of kidney problems. Learn more about nephrology (kidney) at UC San Diego Health System.

Noureddin Nourbakhsh, DO
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)
Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Noureddin Nourbakhsh, DO, is a board-certified nephrologist with a special interest in caring for pediatric patients with a range of kidney conditions, including chronic kidney disease, hypertension, renal transplant, genetic renal disorders, glomerulonephritis, and renal cystic disease. He helps lead a clinic twice a month that coordinates the transition of pediatric patients to adult nephrology care as they come of age.
Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about OB/GYN at UC San Diego Health System.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-5900
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides labor and delivery care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services. She aims to provide a holistic approach to patient care and a natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center's state-of-the-art obstetrical environment.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist
Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Language: Spanish
La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Julia Cormano, MD, FACOG
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences
Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Language: Spanish
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Julia Cormano, MD, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity team at UC San Diego Health's Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center. Dr. Cormano believes in building strong relationships with her patients and truly listening to their needs. She often works with patients who are interested in attempting a vaginal birth after Cesarean (VBAC) and is skilled in performing external cephalic version (moving a breech baby into the head-down position). Additionally, she works with a midwife team to provide minimal intervention, evidence-based obstetrics care.
Gina R. Frugoni, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspeciality:**
General Gynecology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

**Bio:**
Gina Frugoni, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care. She also provides comprehensive gynecological care, including well woman visits, family planning, and treatment for issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases. She is also interested in minimally invasive surgery and procedures.

Alice Harman Sutton, MD, FACOG
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspeciality:**
General Gynecology

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Alice H. Sutton, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases.
Obstetrics & Gynecology - General Gynecology (cont.)

Sigrid G. (Siri) Williams, MD, MPH
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sigrid Williams, MD, MPH, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity care team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center.
Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Add'l Language:
Spanish

Jacobs Medical Center
Hillcrest - Medical Offices South
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos' expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.
Pulmonology (Lung)

Pulmonology is the branch of medicine specializing in the study and science of the anatomy, physiology and pathology of the lungs. Learn more about pulmonology (lung) at UC San Diego Health System.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.
Pulmonology (Lung) - Asthma

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

Add'l Languages:
Arabic, Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273

Bio:
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.
Pulmonology (Lung) - Chronic Obstructive Pulmonary Disease

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

**Add'l Languages:**
Arabic, Spanish

**Hillcrest - Medical Offices South**
La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.

Xavier Soler, MD, PhD
Pulmonologist
Associate Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialty:**
Chronic Obstructive Pulmonary Disease

**Add'l Languages:**
Catalan, French, Spanish

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273

**Bio:**
Xavier Soler, MD, PhD, specializes in pulmonology and sleep medicine and is the medical director of the pulmonary rehabilitation program and associate director of the Clinical Trials & Airway Research Center. He specializes in the diagnosis, treatment and management of chronic lung diseases, including chronic obstructive pulmonary disease (COPD) and asthma.
Pulmonology (Lung) - Critical Care

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

Add'l Languages:
Arabic, Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273

Bio:
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.
Radiology - Interventional Radiology

Hamed Aryafar, MD
Interventional Radiologist
Associate Professor of Radiology

**Specialty:**
Radiology

**Subspecialty:**
Interventional Radiology

**Add'l Languages:**
Farsi, Spanish

**Hillcrest - Medical Offices South**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0320

**Bio:**
Hamed Aryafar, MD, is a board-certified interventional radiologist. He specializes in treating pediatric and adult vascular malformations, including arteriovenous malformations, venous malformations, venolymphatic malformations, Klippel-Trenaunay syndrome and other vascular lesions.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health System.

Monica Guma, MD, PhD
Rheumatologist

**Specialty:**
Rheumatology

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6248

**Bio:**
Monica Guma, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and spondylarthropathy.

Brian A. Pedersen, MBBS
Rheumatologist
Assistant Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**

**Encinitas - Garden View Road**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about sleep medicine at UC San Diego Health System.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Additional Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.
Transplantation - Heart Transplantation

Jorge E. Silva Enciso, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Transplantation, Heart Failure

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Jorge Silva Enciso, MD, is a board-certified advanced heart failure and transplant cardiologist. He cares for patients with progressive heart failure symptoms in need of advanced therapies or surgical treatments including ventricular assist devices (VADs) or heart transplantation.

Marcus A. Urey, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Failure, Heart Transplantation

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Marcus A. Urey, MD, is a board-certified cardiologist specializing in advanced heart failure, mechanical circulatory devices and heart transplantation. In addition to his expertise in caring for those with end stage heart failure, he has a special interest in the evaluation and treatment of adults with heart failure caused by congenital heart disease (heart defects that are present at birth) and those with amyloidosis, a rare condition that can involve the heart. He works closely with colleagues from different subspecialties to offer these patients the most up-to-date treatment with the intent of improving both their longevity and quality of life.
Transplantation - Liver Transplantation

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD is a board-certified gastroenterologist with a focus on end-stage liver disease and transplantation.
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