UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Cardiology - General Cardiology

Luis R. Castellanos, MD, MPH
Cardiologist
Associate Professor of Medicine

Specialty:
Cardiology

Subspecialty:
General Cardiology

Additional Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5743

Bio:
Luis Castellanos, MD, MPH, is a board-certified cardiologist. As a general cardiologist, he enjoys helping patients improve their cardiovascular health by applying evidence-based strategies, state-of-the-art technology and pharmacotherapy to target coronary disease, hypertension, hyperlipidemia and other cardiac diseases.
Cardiology - Heart Failure

Jorge E. Silva Enciso, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Transplantation, Heart Failure

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Jorge Silva Enciso, MD, is a board-certified advanced heart failure and transplant cardiologist. He cares for patients with progressive heart failure symptoms in need of advanced therapies or surgical treatments including ventricular assist devices (VADs) or heart transplantation.

Marcus A. Urey, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Failure, Heart Transplantation

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Marcus A. Urey, MD, is a board-certified cardiologist specializing in advanced heart failure, mechanical circulatory devices and heart transplantation. In addition to his expertise in caring for those with end stage heart failure, he has a special interest in the evaluation and treatment of adults with heart failure caused by congenital heart disease (heart defects that are present at birth) and those with amyloidosis, a rare condition that can involve the heart. He works closely with colleagues from different subspecialties to offer these patients the most up-to-date treatment with the intent of improving both their longevity and quality of life.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health.

Pranab M. Barman, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Languages:
Hindi, Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7728
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347

Bio:
Pranab Barman, MD, is a board-certified gastroenterologist who specializes in liver disease (hepatology) and transplantation. He treats patients with liver cancer, cirrhosis, alcoholic liver disease, non-alcoholic fatty liver disease and hepatitis. Dr. Barman's expertise is in transplant hepatology, caring for patients both before and after transplantation.

Irine E. Vodkin, MD
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Transplantation, Gastroenterology

Subspecialty:
Liver Transplantation

Add'l Languages:
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

Bio:
Irine Vodkin, MD, is a board-certified gastroenterologist and transplant hepatologist with a focus on end-stage liver disease and transplantation.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health.

**Pranab M. Barman, MD**  
Hepatologist  
Assistant Professor of Medicine

**Specialties:**  
Hepatology (Liver), Gastroenterology, Transplantation  
**Subspecialty:**  
Liver Transplantation  
**Add'l Languages:**  
Hindi, Spanish

**Location:**  
Hillcrest - Medical Offices South  
La Jolla - Perlman Medical Offices  
La Jolla - 4510 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7728  
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347

**Bio:**  
Pranab Barman, MD, is a board-certified gastroenterologist who specializes in liver disease (hepatology) and transplantation. He treats patients with liver cancer, cirrhosis, alcoholic liver disease, non-alcoholic fatty liver disease and hepatitis. Dr. Barman's expertise is in transplant hepatology, caring for patients both before and after transplantation.

**Irine E. Vodkin, MD**  
Hepatologist  
Assistant Professor of Medicine

**Specialties:**  
Hepatology (Liver), Transplantation, Gastroenterology  
**Subspecialty:**  
Liver Transplantation  
**Add'l Languages:**  
Russian, Spanish

**Location:**  
La Jolla - Perlman Medical Offices  
Hillcrest - Medical Offices South  
La Jolla - 4510 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5415

**Bio:**  
Irine Vodkin, MD, is a board-certified gastroenterologist and transplant hepatologist with a focus on end-stage liver disease and transplantation.
HIV/AIDS

AIDS (acquired immune deficiency syndrome) is caused by the human immunodeficiency virus (HIV), which kills or impairs cells of the immune system and progressively destroys the body's ability to fight infections and certain cancers. Learn more about HIV/AIDS care at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

Specialties:
Infectious Diseases, HIV/AIDS

Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

Bio:
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

Specialties:
HIV/AIDS, Infectious Diseases

Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Theodoros F. Katsivas, MD
Assistant Clinical Professor of Medicine, Owen Clinic

Specialty:
HIV/AIDS

Add'l Languages:
Greek, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Dr. Theo Katsivas is trained in Internal Medicine and Infectious Diseases. He also trained as a Fellow in HIV disease at the UC San Diego Owen Clinic. His interests focus on HIV patient care and addiction medicine.
HIV/AIDS (cont.)

Joseph Lonergan, MD
Primary Care Physician
Professor of Medicine

Specialty:
HIV/AIDS
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Joseph Lonergan, MD, is a board-certified internal medicine doctor who provides primary care and specialized HIV care to people living with HIV/AIDS. He also sees patients at risk for HIV infection who are interested in pre-exposure prophylaxis (PrEP). Dr. Lonergan is part of UC San Diego Health’s Owen Clinic, one of the nation’s outstanding primary care centers for HIV positive men and women, and has been caring for patients at the Owen Clinic for more than 20 years.

Gabriel A. Wagner, MD
AIDS/HIV Specialist
Assistant Professor of Medicine

Specialty:
HIV/AIDS
Add'l Language:
Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

Bio:
Gabriel Wagner, MD, is a board-certified infectious disease specialist who cares for adults with HIV and AIDS. He treats individuals at all stages of HIV disease and helps monitor and manage their health.
Infectious Diseases

Infectious diseases are caused by microorganisms that are capable of causing diseases in the human body, such as bacteria, viruses, parasites or fungi; the disease can be spread from one person to another. Learn more about treatment for infectious diseases at UC San Diego Health.

Shira Abeles, MD
Infectious Disease Specialist

**Specialties:**
Infectious Diseases, HIV/AIDS

**Add'l Language:**
Spanish

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**
**La Jolla - Perlman Medical Offices**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Owen Clinic: (619) 543-3995
Direct Clinic Line - Infectious Disease: (619) 543-6146

**Bio:**
Shira Abeles, MD, is a board-certified infectious disease specialist and medical director of Antimicrobial Stewardship at UC San Diego Health. She cares for patients with general infectious disease as well as people with HIV. She is part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.

Edward R. Cachay, MD
Infectious Disease Specialist
Professor of Medicine

**Specialties:**
HIV/AIDS, Infectious Diseases

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-3995

**Bio:**
Edward Cachay, MD, is a board-certified infectious disease physician who specializes in caring for individuals with HIV. He is a part of UC San Diego Health's Owen Clinic, one of the nation's outstanding primary care centers for HIV positive men and women.
Nephrology (Kidney)

Nephrology is the specialty of medicine and pediatrics focusing on the study of kidney function, and the treatment of kidney problems. Learn more about nephrology (kidney) at UC San Diego Health.

Noureddin Nourbakhsh, DO
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Noureddin Nourbakhsh, DO, is a board-certified nephrologist with a special interest in caring for pediatric patients with a range of kidney conditions, including chronic kidney disease, hypertension, renal transplant, genetic renal disorders, glomerulonephritis, and renal cystic disease. He helps lead a clinic twice a month that coordinates the transition of pediatric patients to adult nephrology care as they come of age.
Nutrition Counseling

Nutrition Counseling is a process in which a registered dietician works with an individual to assess his or her dietary intake and identify areas where change is needed based upon medical and/or individual needs.

Carla Salcedo, BS, RD
Registered Dietitian

**Specialty:**
Nutrition Counseling

**Add'l Languages:**
French, Spanish

**Hillcrest - Medical Offices South**
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-0420

**Bio:**
Carla Salcedo, BS, CDE, is a registered dietitian who counsels people on their eating habits to improve health and help treat diseases. She provides nutrition education and medical nutrition therapy.
Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about obstetrics and gynecology at UC San Diego Health.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla:: (858) 249-5900
Direct Clinic Line - Hillcrest:: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetrics and gynecologic care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services and gynecologic problems. She aims to provide a holistic approach to patient care and natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center’s state-of-the-art obstetrical environment.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Christina Buenrostro, MSN, FNP-BC
Nurse Practitioner

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 8910 Villa La Jolla

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:
Christina Buenrostro, MSN, is a board-certified family nurse practitioner (FNP-BC) who specializes in obstetrics and gynecology. She provides routine prenatal care, comprehensive gynecological care and family planning services for women of all ages. Common conditions she treats include vaginitis, pelvic pain and abnormal uterine bleeding. Ms. Buenrostro also provides well woman exams and breast exams.
Obstetrics & Gynecology - General Gynecology (cont.)

Julia Cormano, MD, FACOG
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Julia Cormano, MD, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center. Dr. Cormano believes in building strong relationships with her patients and truly listening to their needs. She often works with patients who are interested in attempting a vaginal birth after Cesarean (VBAC) and is skilled in performing external cephalic version (moving a breech baby into the head-down position). Additionally, she works with a midwife team to provide minimal intervention, evidence-based obstetrics care.

Gina R. Frugoni, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

Bio:
Gina Frugoni, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care. She also provides comprehensive gynecological care, including well woman visits, family planning, and treatment for issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases. She is also interested in minimally invasive surgery and procedures.
Obstetrics & Gynecology - General Gynecology (cont.)

Alice Harman Sutton, MD, FACOG
Obstetrician/Gynecologist

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Alice H. Sutton, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases.

Sigrid G. (Siri) Williams, MD, MPH
Obstetrician/Gynecologist

Specialty: Obstetrics & Gynecology
Subspecialty: General Gynecology
Add'l Language: Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sigrid Williams, MD, MPH, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity care team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center.
Gladys "Sandy" Ramos, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)
**Add'l Language:** Spanish

**Jacobs Medical Center**
**Hillcrest - Medical Offices South**
**Sorrento Valley - Directors Place**
**Hillcrest - UC San Diego Medical Center**
**Encinitas - Garden View Court**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Sorrento Valley: (858) 657-7200
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos' expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.
Obstetrics & Gynecology - Midwifery

Janna Ekholm, CNM, MSN
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
**Jacobs Medical Center**
**La Jolla - 8910 Villa La Jolla**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Janna Ekholm, CNM, MSN, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.

Melissa Grear Mann, CNM, MPH
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Add'l Language:**
Spanish

**La Jolla - 8910 Villa La Jolla**
**Encinitas - Garden View Road**
**Hillcrest - Medical Offices South**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-6790
Direct Clinic Line - Encinitas: (858) 657-8745

**Bio:**
Melissa Mann, CNM, MPH, is a certified-nurse midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in a traditional labor and delivery environment, depending on the desires and needs of her patients.
Beth Timpe, CNM, MS
Certified Nurse-Midwife

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
Midwifery

**Add'l Language:**
Spanish

**Hillcrest - Medical Offices South**
Jacobs Medical Center
La Jolla - 8910 Villa La Jolla

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878
Direct Clinic Line - La Jolla: (858) 657-8745

**Bio:**
Beth Timpe, CNM, MS, is a certified nurse-midwife who provides family-centered maternity care, along with well-woman care, family planning and other services. She delivers babies in our holistic, in-hospital birth center or in the traditional labor and delivery environment, depending on the desires and needs of her patients.
Pulmonology (Lung)

Pulmonology is the branch of medicine specializing in the study and science of the anatomy, physiology and pathology of the lungs. Learn more about pulmonology (lung) at UC San Diego Health.

Jose S. Loredo, MD, MPH
Sleep Medicine Specialist
Professor of Medicine

Specialties:
Sleep Medicine, Pulmonology (Lung)

Add't Language:
Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's Sleep Medicine Center, where he provides a full spectrum of therapeutic and diagnostic services.
Pulmonology (Lung) - Asthma

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

**Add'l Languages:**
Arabic, Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864

**Bio:**
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.
Pulmonology (Lung) - Chronic Obstructive Pulmonary Disease

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialties:
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

Add'l Languages:
Arabic, Spanish

Hillcrest - Medical Offices South
La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864

Bio:
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.

Xavier Soler, MD, PhD
Pulmonologist
Associate Professor of Medicine

Specialty:
Pulmonology (Lung)

Subspecialty:
Chronic Obstructive Pulmonary Disease

Add'l Languages:
Catalan, French, Spanish

Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (844) 757-5337

Bio:
Xavier Soler, MD, PhD, specializes in pulmonology and sleep medicine and is the medical director of the pulmonary rehabilitation program and associate director of the UC San Diego Clinical Trials & Airway Research Center. He specializes in the diagnosis, treatment and management of chronic lung diseases, including chronic obstructive pulmonary disease (COPD) and asthma.
Pulmonology (Lung) - Critical Care

Wael ElMaraachli, MD
Pulmonologist
Assistant Professor of Medicine

**Specialty:**
Pulmonology (Lung)

**Subspecialties:**
Critical Care, Chronic Obstructive Pulmonary Disease, Asthma

**Add'l Languages:**
Arabic, Spanish

**Hillcrest - Medical Offices South**
La Jolla - 4520 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864

**Bio:**
Wael ElMaraachli, MD, is a board-certified pulmonologist focusing on diagnosis and treatment of non-tuberculosis mycobacterial (NTM) lung infections, latent and active tuberculosis (TB) and bronchiectasis. He is also a board-certified critical care specialist and treats patients in intensive care.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health.

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**Monica Guma, MD, PhD**
Rheumatologist

**Specialty:** Rheumatology  
**Add'l Language:** Spanish  
**Hillcrest - Medical Offices South**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-6248

**Bio:**  
Monica Guma, MD, PhD, is a rheumatologist who treats a variety of musculoskeletal diseases and autoimmune conditions, including rheumatoid arthritis and spondyloarthritis.

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**Brian A. Pedersen, MBBS**
Rheumatologist  
Assistant Professor of Medicine

**Specialty:** Rheumatology  
**Add'l Language:** Spanish  
**Hillcrest - Medical Offices South**  
**Encinitas - Garden View Road**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line - Encinitas: (760) 536-7300

**Bio:**  
Brian A. Pedersen, MBBS, is a board-certified rheumatologist. He diagnoses and treats autoimmune conditions and musculoskeletal diseases that affect the joints, muscles, connective tissue and bones. This may include conditions such as back pain and muscle strains, and diseases such as osteoarthritis, rheumatoid arthritis, gout, and lupus.
Sleep Medicine

Sleep medicine is the subspecialty of internal medicine that studies and manages poor sleep hygiene. Learn more about [sleep medicine](https://health.ucsd.edu) at UC San Diego Health.

**Jose S. Loredo, MD, MPH**
Sleep Medicine Specialist  
Professor of Medicine

**Specialties:**  
Sleep Medicine, Pulmonology (Lung)  
Add'l Language: Spanish

**Hillcrest - Medical Offices South**  
La Jolla - 4520 Executive Drive

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (844) 757-5337

**Bio:**  
Jose Loredo, MD, MPH, is a sleep medicine doctor who evaluates and treats individuals with sleep related disorders such as narcolepsy, insomnia, and sleep apnea. He cares for patients at UC San Diego Health's [Sleep Medicine Center](https://health.ucsd.edu), where he provides a full spectrum of therapeutic and diagnostic services.
Transplantation - Heart Transplantation

Jorge E. Silva Enciso, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Transplantation, Heart Failure

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Jorge Silva Enciso, MD, is a board-certified advanced heart failure and transplant cardiologist. He cares for patients with progressive heart failure symptoms in need of advanced therapies or surgical treatments including ventricular assist devices (VADs) or heart transplantation.

Marcus A. Urey, MD
Cardiologist
Assistant Professor of Medicine

Specialties:
Cardiology, Transplantation

Subspecialties:
Heart Failure, Heart Transplantation

Add'l Language:
Spanish

Sulpizio Cardiovascular Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8530

Bio:
Marcus A. Urey, MD, is a board-certified cardiologist specializing in advanced heart failure, mechanical circulatory devices and heart transplantation. In addition to his expertise in caring for those with end stage heart failure, he has a special interest in the evaluation and treatment of adults with heart failure caused by congenital heart disease (heart defects that are present at birth) and those with amyloidosis, a rare condition that can involve the heart. He works closely with colleagues from different subspecialties to offer these patients the most up-to-date treatment with the intent of improving both their longevity and quality of life.
Transplantation - Liver Transplantation

**Pranab M. Barman, MD**
Hepatologist
Assistant Professor of Medicine

**Specialties:**
Hepatology (Liver), Gastroenterology, Transplantation

**Subspecialty:**
Liver Transplantation

**Add'l Languages:**
Hindi, Spanish

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7728
Direct Clinic Line - Perlman Medical Offices: (619) 543-2347

**Bio:**
Pranab Barman, MD, is a board-certified gastroenterologist who specializes in liver disease (hepatology) and transplantation. He treats patients with liver cancer, cirrhosis, alcoholic liver disease, non-alcoholic fatty liver disease and hepatitis. Dr. Barman’s expertise is in transplant hepatology, caring for patients both before and after transplantation.

**Irine E. Vodkin, MD**
Hepatologist
Assistant Professor of Medicine

**Specialties:**
Hepatology (Liver), Transplantation, Gastroenterology

**Subspecialty:**
Liver Transplantation

**Add'l Languages:**
Russian, Spanish

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5415

**Bio:**
Irine Vodkin, MD, is a board-certified gastroenterologist and transplant hepatologist with a focus on end-stage liver disease and transplantation.
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