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Concierge Medicine

Concierge medicine is a relationship between a patient and a physician in which the patient pays an annual fee or retainer in exchange for enhanced, personalized medical care. Learn more about concierge medicine at UC San Diego Health.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

Additional Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Dermatology

Dermatology is the branch of medicine which studies and treats a variety of skin disorders and diseases. Learn more about dermatology at UC San Diego Health.

Jessica Sprague, MD
Dermatologist
Assistant Professor of Dermatology

**Specialty:**
Dermatology

**Add'l Language:**
Spanish

**La Jolla - 8899 University Center Lane**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8322

**Bio:**
Jessica Sprague, MD, is a board-certified dermatologist who cares for people with both general and complex skin conditions. Her interests include treating acne, eczema (atopic dermatitis), psoriasis, pemphigoid, pemphigus, lichen planus, lichen sclerosis, hidradenitis suppurativa and other inflammatory and neoplastic skin disorders.
Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.
Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

Additional Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Occupational/Environmental Medicine

UC San Diego Health’s Occupational and Environmental Medicine provides the San Diego area with a full range of services for prevention and compliance assistance; work injury treatment and management; blood borne pathogen exposure; vaccinations; and case coordination. Learn more about occupational and environmental medicine at UC San Diego Health.

Marcia Isakari, MD, MPH
Occupational Medicine Physician
Medical Director, Occupational and Environmental Medicine

Specialty:
Occupational/Environmental Medicine

Add'l Languages:
Japanese, Portuguese, Spanish

La Jolla - 8899 University Center Lane
Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9210

Bio:
Marcia Isakari, MD, MPH, is a board-certified occupational medicine physician. She has extensive clinical and leadership experience directing occupational medicine clinics and delivering clinical services to employers in virtually all industrial sectors, including biotech/life sciences/technology, public entity, and manufacturing.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Alma Harb, MD
Primary Care Physician for Concierge Medicine Patients

Specialties:
Primary Care, Internal Medicine, Concierge Medicine

Add'l Languages:
Arabic, French, Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-5000

Bio:
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Speech-Language Pathology

Speech-language pathology is the clinical specialty that focuses on evaluating and treating communication disorders and swallowing disorders. Learn more about speech and language therapy at UC San Diego Health.

Liza S. Blumenfeld, MA, CCC-SLP, BCS-S
Speech-Language Pathologist

Specialty:
Speech-Language Pathology

Add'l Language:
Spanish

Moores Cancer Center
La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - La Jolla: (858) 249-4070

Bio:
Liza Blumenfeld, MA, is a speech-language pathologist with expertise in managing complex voice and swallowing disorders in a variety of patients, including those with head and neck cancer. She is a board-certified swallowing disorders specialist (BCS-S) whose therapeutic approach integrates science and technology within a multidisciplinary care model. She is dedicated to restoring patients’ quality of life while they battle the side effects of cancer treatments.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Andrew Vahabzadeh-Hagh, MD
Otolaryngologist
Assistant Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
General Otolaryngology (ENT), Laryngology

Add'l Language:
Spanish

La Jolla - 8899 University Center Lane

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Andrew Vahabzadeh-Hagh, MD, is a board-certified otolaryngologist/head and neck surgeon who treats disorders of the ear, nose and throat. As a fellowship-trained laryngologist, Dr. Vahabzadeh-Hagh specializes in treating diseases of the larynx in both the clinic and in surgery, including complex airway, voice and swallowing disorders. This includes vocal fold paralysis or paresis, dysphonia secondary to benign or malignant laryngeal lesions, neurolaryngologic disorders such as spasmodic dysphonia, laryngeal tremor, vocal cord dysfunction, paradoxical vocal fold motion, professional voice, voice masculinization and feminization, and chronic cough.
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