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Obstetrics & Gynecology

Obstetrics and Gynecology (OB/GYN) are the two surgical-medical specialties concerned with the reproductive organs in women. Learn more about obstetrics and gynecology at UC San Diego Health.

Sierra Washington, MD, FACOG
Obstetrician/Gynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Add'l Languages:
French, Spanish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 249-5900
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetrics and gynecologic care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services and gynecologic problems. She aims to provide a holistic approach to patient care and natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center’s state-of-the-art obstetrical environment.
Obstetrics & Gynecology - General Gynecology

Jorge L. Alvarado, MD, FACOG
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla
Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8745
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Jorge L. Alvarado, MD, is an obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care, including diagnosis and treatment of abnormal uterine bleeding, fibroids, sexually transmitted infections, and gynecologic cancer prevention. Dr. Alvarado specializes in minimally invasive gynecologic surgery, with an interest in dysplasia of the cervix, vagina, and vulva.

Julia Cormano, MD, FACOG
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-7878

Bio:
Julia Cormano, MD, is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity team at UC San Diego Health’s Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center. Dr. Cormano believes in building strong relationships with her patients and truly listening to their needs. She often works with patients who are interested in attempting a vaginal birth after Cesarean (VBAC) and is skilled in performing external cephalic version (moving a breech baby into the head-down position). Additionally, she works with a midwife team to provide minimal intervention, evidence-based obstetrics care.
Gina R. Frugoni, MD  
Obstetrician/Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-7878

Bio:
Gina Frugoni, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care. She also provides comprehensive gynecological care, including well woman visits, family planning, and treatment for issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, gynecological infections or sexually transmitted diseases. She is also interested in minimally invasive surgery and procedures.

Jessica Kingston, MD  
Obstetrician/Gynecologist  
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Language:
Spanish

La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

Bio:
Jessica Kingston, MD, is a board-certified obstetrician/gynecologist who provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding or gynecological infections. She specializes in diagnosing and treating uterine fibroids and has expertise in minimally invasive gynecologic surgery. She also helps coordinate care for maternal mental health conditions, including mood disorders and postpartum depression.
Obstetrics & Gynecology - General Gynecology (cont.)

Sarah Lederhandler Kluck, MD  
Obstetrician/Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology  
Subspecialty: General Gynecology  
Add'l Language: Spanish

Kearny Mesa - Convoy Street  
La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Kearny Mesa: (619) 543-7400  
Direct Clinic Line - La Jolla: (858) 657-8745

Bio:  
Sarah Kluck, MD, is an OB/GYN who provides comprehensive women’s health care, including maternity, well woman and general gynecology care.

Jamie L. Resnik, MD  
Obstetrician/Gynecologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology  
Subspecialty: General Gynecology  
Add'l Language: Spanish

La Jolla - 8910 Villa La Jolla  
Jacobs Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

Bio:  
Jamie Resnik, MD, is a board-certified OB/GYN. She provides comprehensive care to women, including maternity care, well woman care, and treatment for common gynecological issues such as abnormal Pap smears, fibroids, ovarian cysts, abnormal bleeding, or gynecological infections.
Maureen C. Ries, MD  
Obstetrician/Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences  

Specialty:  
Obstetrics & Gynecology  

Subspecialty:  
General Gynecology  

Add'l Languages:  
Indonesian, Spanish, Swahili  

La Jolla - 8910 Villa La Jolla  
Encinitas - Garden View Road  
Jacobs Medical Center  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745  

Bio:  
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.

Alice Harman Sutton, MD, FACOG  
Obstetrician/Gynecologist  

Specialty:  
Obstetrics & Gynecology  

Subspecialty:  
General Gynecology  

Add'l Language:  
Spanish  

Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South  

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878  

Bio:  
Alice H. Sutton, MD, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, gynecological infections or sexually transmitted diseases.
Obstetrics & Gynecology - General Gynecology (cont.)

**Shira Varon, MD**
Obstetrician/Gynecologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**  
Obstetrics & Gynecology  
**Subspecialty:**  
General Gynecology  
**Add'l Language:**  
Spanish  

*La Jolla - 8910 Villa La Jolla*  
*Jacobs Medical Center*

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8745

**Bio:**
Shira Varon, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She also provides well-woman care, including health care maintenance and contraception.

**Sigrid G. (Siri) Williams, MD, MPH**
Obstetrician/Gynecologist

**Specialty:**  
Obstetrics & Gynecology  
**Subspecialty:**  
General Gynecology  
**Add'l Language:**  
Spanish  

*Hillcrest - UC San Diego Medical Center*  
*Hillcrest - Medical Offices South*

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**
Sigrid Williams, MD, MPH, is an obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care. She is part of the maternity care team at UC San Diego Health's Hillcrest location, where low-risk mothers and babies can plan for deliveries at UC San Diego Medical Center.
Perri Wittgrove, MD, FACOG, FACS
Obstetrician/Gynecologist

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Language:
Spanish

College Area - 6719 Alvarado Rd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 229-6585

Bio:
Perri Lynne Wittgrove, MD, FACOG, FACS is a board-certified obstetrician/gynecologist who provides expert prenatal, labor and delivery, and postpartum care, as well as comprehensive gynecological care, including well-woman visits, family planning (contraception counseling and all types of long-term reversible contraception), and treatment for issues such as abnormal bleeding, abnormal pap smears, and abnormal menses. In addition, she treats fibroids, as well as gynecological infections and sexually transmitted infections.
Obstetrics & Gynecology - Gynecologic Oncology

Gynecologic oncology is the medical specialty focusing on cancers of the female reproductive system, including ovarian cancer, uterine cancer, vaginal cancer, cervical cancer, and vulvar cancer. Learn more about gynecologic cancers at UC San Diego Health.

Ramez N. Eskander, MD
Gynecologic Oncologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer
Subspecialties:
Gynecologic Oncology, Gynecological Cancers, Precision Medicine
Add'l Languages:
Arabic, Spanish

Moores Cancer Center
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Moores Cancer Center: (858) 822-6100
Direct Clinic Line - Encinitas: (760) 536-7700

Bio:
Ramez Eskander, MD, is a board-certified gynecologic oncologist who specializes in the surgical management of female reproductive system cancers, including ovarian, uterine, cervical, vulvar and vaginal cancer. His expertise includes diagnostic and therapeutic procedures, including minimally invasive (robotic) surgery, chemotherapy and novel drugs. Dr. Eskander is also experienced in clinical trial development and aims to provide individuals with access to innovative medicines during their treatment.

Cheryl C. Saenz, MD
Gynecologic Oncologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialties:
Obstetrics & Gynecology, Cancer
Subspecialties:
Gynecologic Oncology, Gynecological Cancers
Add'l Language:
Spanish

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 822-6100

Bio:
Cheryl Saenz, MD, is a board-certified gynecologic oncologist. She specializes in the preventive and treatment aspects of gynecologic cancer care. Dr. Saenz is also dedicated to educating women who are at risk for these types of cancers, which include cancers of the cervix, uterus, ovaries and fallopian tubes.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology)

Leah Lamale-Smith, MD  
Perinatologist  
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  
**Add'l Language:** Spanish

Sorrento Valley - Directors Place  
Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court  

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7200

**Bio:**  
Leah Lamale-Smith, MD, is a board-certified obstetrician/gynecologist who specializes in high-risk pregnancies. As a provider of maternal-fetal medicine, she cares for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Lamale-Smith’s expertise is in performing invasive fetal procedures for prenatal screening and diagnosis, including chorionic villus sampling (CVS), amniocentesis, and fetal blood sampling and intrauterine transfusion. She is also experienced in caring for women with higher-order multiples, women with complex medical conditions such as autoimmune disorders and cardiac disease, and critically ill women who require intensive care during their pregnancy or postpartum period.

Gladys "Sandy" Ramos, MD  
Perinatologist  
Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:** Obstetrics & Gynecology  
**Subspecialty:** Maternal-Fetal Medicine (Perinatology)  
**Add'l Language:** Spanish

Jacobs Medical Center  
Hillcrest - Medical Offices South  
Sorrento Valley - Directors Place  
Hillcrest - UC San Diego Medical Center  
Encinitas - Garden View Court

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Sorrento Valley: (858) 657-7200  
Direct Clinic Line - Hillcrest: (619) 543-7878

**Bio:**  
Gladys "Sandy" Ramos, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women with complex health or fetal issues. Dr. Ramos’ expertise is in treating women with diabetes to help ensure safe deliveries of healthy infants while maintaining optimal health for mothers. She is also experienced in managing placenta accreta and other high-risk issues.
Obstetrics & Gynecology - Maternal-Fetal Medicine (Perinatology) (cont.)

Douglas Andrew Woelkers, MD
Perinatologist
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Maternal-Fetal Medicine (Perinatology)

Add'l Language:
Spanish

Jacobs Medical Center
Sorrento Valley - Directors Place
Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Court

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7200

Bio:
Douglas Andrew Woelkers, MD, is a board-certified perinatologist who specializes in caring for women with high-risk pregnancies. Perinatologists, also known as maternal-fetal medicine specialists, care for pregnant women who have an increased chance that they or their babies will have health concerns. Dr. Woelkers' expertise includes preeclampsia, thrombophilia and placental insufficiency.
Obstetrics & Gynecology - Urogynecology

Marianna Alperin, MD
Urogynecologist
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Urogynecology
Additional Languages:
Russian, Spanish

La Jolla - 4520 Executive Drive
Encinitas - Garden View Road

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - La Jolla: (858) 657-8737
Direct Clinic Line - Encinitas: (858) 657-8745

Bio:
Marianna Alperin, MD, MS, is a board-certified female pelvic medicine and reconstructive surgery expert who specializes in diagnosing and treating pelvic floor conditions, including urinary and fecal incontinence and pelvic organ prolapse.

Tatiana Catanzarite, MD
Urogynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
Urogynecology
Additional Language:
Spanish

La Jolla - 4520 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737

Bio:
Tatiana Catanzarite is a board-certified obstetrician and gynecologist who specializes in surgical and nonsurgical treatment for women with pelvic floor disorders, such as urinary incontinence, pelvic organ prolapse, overactive bladder, bowel dysfunction and interstitial cystitis (painful bladder syndrome).
Obstetrics & Gynecology - Urogynecology (cont.)

Emily Lukacz, MD
Co-Director, Women's Pelvic Medicine Center
Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Urogynecology

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737

Bio:
Emily Lukacz, MD, is a board-certified urogynecologist who specializes in diagnosing and treating female pelvic floor disorders such as pelvic organ prolapse, urinary incontinence, and lower urinary tract disorders. She co-directs UC San Diego Health's Women's Pelvic Medicine Center, which provides comprehensive and multidisciplinary care for a wide range of urogynecologic and pelvic floor dysfunctions.

Charles W. Nager, MD
Chair and Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
Urogynecology

Add'l Language:
Spanish

La Jolla - 4520 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8737

Bio:
Charles W. Nager, MD, is a board-certified urogynecologist who specializes in diagnosing and treating female pelvic floor disorders such as pelvic organ prolapse, urinary incontinence, and lower urinary tract disorders. Dr. Nager believes that these conditions are very treatable and enjoys helping his patients improve the quality of their lives. He is an experienced surgeon who has performed thousands of prolapse and incontinence operations.
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