UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.  

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Locations

**La Jolla**

La Jolla Emergency  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

La Jolla Urgent Care  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

Orthopedics Urgent Care  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genesee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**

Hillcrest Emergency  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**

Includes Rancho Bernardo Urgent Care  
16950 Via Tazon  
San Diego, CA 92127

**Encinitas**

Includes Encinitas Express Care (Suite 110)  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**

6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**

Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**

910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**

4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**

9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**

7910 Frost Street  
San Diego, CA 92123

**Chula Vista**

959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**

31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
Table of Contents

Internal Medicine .................................................................................................................................................. 1
Index .................................................................................................................................................................. 3
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Lynette Cederquist, MD  
Professor of Medicine  
Pain Management Specialist  
Specialties:  
Internal Medicine, Pain Management  
Add'l Language:  
Spanish  
Hillcrest - 4th & Lewis Medical Offices  
La Jolla - 8939 Villa La Jolla Drive  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8000

Bio:  
Lynette Cederquist, MD, is a hospice and palliative medicine specialist who helps relieve suffering in people with life-limiting and advanced illnesses. As a provider of palliative care, she aims to optimize comfort and quality of life while addressing the psychological, social, and spiritual concerns of patients and their families. Dr. Cedequist currently only sees patients with chronic pain who have been referred to her by internists at UC San Diego Health.

Alma Harb, MD  
Primary Care Physician for Concierge Medicine Patients  
Specialties:  
Primary Care, Internal Medicine, Concierge Medicine  
Add'l Languages:  
Arabic, French, Spanish  
La Jolla - 8899 University Center Lane  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-5000

Bio:  
Alma Harb, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.

Rodrigo J. Fernandez, MD  
Primary Care Physician  
Affiliated Provider  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Spanish  
Hillcrest - 4th & Lewis Medical Offices

Bio:  
Rodrigo Fernandez, MD, is a board-certified physician providing primary care in Chula Vista. He is a member of UC San Diego Health Physician Network.

Deanna Hill, MD  
Primary Care Physician  
Associate Professor of Medicine  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Spanish  
Hillcrest - 4th & Lewis Medical Offices  
Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 471-9250

Bio:  
Deanna Hill, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases.
Internal Medicine (cont.)

Simerjot K Jassal, MD
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Punjabi, Spanish

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

Bio:
Simerjot K. Jassal, MD, is a primary care physician who provides services for a wide range of health issues including hypertension, diabetes, infection, liver and lung disease, and cancer. She personally cares for continuity patients and oversees medical residents who deliver services to women veterans at VA San Diego Healthcare System, and serves as an inpatient ward attending at both VA San Diego and UC San Diego Medical Center. At this time, patients cannot schedule an appointment with Dr. Jassal as she is a hospital medicine attending physician only.

Ottar Viker Lunde, MD
Primary Care Physician
Associate Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Languages:
Norwegian, Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Ottar V. Lunde, MD, is a board-certified internal medicine doctor. He provides primary care for adults, including preventive care as well as the diagnosis and treatment of acute and chronic diseases. Dr. Lunde has a special interest in heart failure, sleep medicine and weight loss counseling. He is certified by the American Board of Obesity Medicine.

Julie R. Sierra, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Spanish

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Julie Sierra, MD, is a board-certified internal medicine doctor. She provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic diseases. Dr. Sierra treats individuals from their late teens (age 18 and older) to older adults, and her clinical interests include (but are not limited to) women's health, disease prevention and screening, and chronic disease management. She also manages the care of people with multiple medical problems ranging from diabetes and hypertension, to thyroid disease, heart conditions, and many others.
Index

C
Cederquist, Lynette ............................................. 1

F
Fernandez, Rodrigo J. ........................................... 1

H
Harb, Alma ........................................................... 1.
Hill, Deanna ......................................................... 1.

J
Jassal, Simerjot K .................................................. 2

L
Lunde, Ottar Viker ............................................... 2

S
Sierra, Julie R. ..................................................... 2