UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

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For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
Locations

La Jolla

La Jolla Emergency
Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92037

La Jolla Urgent Care
8910 Villa La Jolla Drive
La Jolla, CA 92037

Orthopedics Urgent Care
Sports Medicine
4520 Executive Drive, Suite Plaza 1
San Diego, CA 92121

4510 and 4520 Executive Drive
San Diego, CA 92121

8910 Villa La Jolla Drive
La Jolla, CA 92037

8899 and 8929 University Center Lane
San Diego, CA 92122

8939 Villa La Jolla Drive
La Jolla, CA 92037

9333 Genesee Avenue
San Diego, CA 92121

8950 Villa La Jolla Drive
La Jolla, CA 92037

9350 Campus Point Drive
La Jolla, CA 92037

Shiley Eye Institute
9415 Campus Point Drive
La Jolla, CA 92093

Sulpizio Cardiovascular Center
9434 Medical Center Drive
La Jolla, CA 92093

Moores Cancer Center
3855 Health Sciences Drive
La Jolla, CA 92039

Jacobs Medical Center
9300 Campus Point Drive
La Jolla, CA 92037

Koman Family Outpatient Pavilion
9400 Campus Point Drive
La Jolla, CA 92037

Perlman Medical Offices
9350 Campus Point Drive
La Jolla, CA 92037

Hillcrest

Hillcrest Emergency
UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

4th and Lewis Medical Offices
330 Lewis Street
San Diego, CA 92103

Medical Offices North
200 West Arbor Drive
San Diego, CA 92103

Medical Offices South
4168 Front Street
San Diego, CA 92103

UC San Diego Medical Center
200 West Arbor Drive
San Diego, CA 92103

Rancho Bernardo

Includes Rancho Bernardo Urgent Care
16950 Via Tazon
San Diego, CA 92127

Encinitas

Includes Encinitas Express Care (Suite 110)
1200 Garden View Road
Encinitas, CA 92024

477 North El Camino Real
Encinitas, CA 92024

College Area

6719 Alvarado Road, Suite 302
San Diego, CA 92120

Downtown

Downtown Express Care
203 West F Street
San Diego, CA 92101

Vista

910 Sycamore Avenue
Vista, CA 92081

Sorrento Valley

4910 Directors Place
San Diego, CA 92121

Scripps Ranch

9909 Mira Mesa Blvd, Suite 200
San Diego, CA 92131

 Kearny Mesa

7910 Frost Street
San Diego, CA 92123

Chula Vista

959 Lane Avenue
Chula Vista, CA 91914

Temecula

31720 Temecula Parkway, Suite 100
Temecula, CA 92592
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Cancer - Psychosocial Oncology

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Irving Jacoby, MD  
Attending Physician, Dept of Emergency Medicine & Hyperbaric Medicine  
Emeritus Clinical Professor of Medicine & Surgery

Specialty:  
Emergency Medicine  
Subspecialties:  
Disaster Medicine, Hyperbaric Medicine & Wound Care  
Add'l Language:  
Hebrew

Encinitas - North El Camino Real  
Hillcrest - UC San Diego Medical Center

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (760) 452-2222

Bio:  
After 32 years of working in the Emergency Department, I will be taking retirement from UC San Diego, but look forward to maintaining my ties with the department on a part-time basis in the future. I will be continuing my work with the San Diego DMAT, and hope to be able to do many things I have put off for way too long.
Irving Jacoby, MD
Attending Physician, Dept of Emergency Medicine &
Hyperbaric Medicine
Emeritus Clinical Professor of Medicine & Surgery

Specialty:
Emergency Medicine

Subspecialties:
Disaster Medicine, Hyperbaric Medicine & Wound Care

Add'l Language:
Hebrew

Encinitas - North El Camino Real
Hillcrest - UC San Diego Medical Center

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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Belen S. Clark, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Maribeth Chong, MD
Primary Care Physician

Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Add'l Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Critical Care Nephrology, Chronic Kidney Disease

**Add'l Languages:**
Italian, Tagalog

**Locations:**
La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

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Neurosurgery - Spine

**Sharona Ben-Haim, MD**  
Neurosurgeon  
Assistant Professor of Surgery

**Specialties:**  
Neurosurgery, Surgery  
**Subspecialty:**  
Spine  
**Add'l Languages:**  
Hebrew, Spanish

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

**Bio:**  
Sharona Ben-Haim, MD, is a neurosurgeon who specializes in caring for people with treatment-resistant epilepsy and movement disorders such as Parkinson's disease, dystonia and essential tremor and spasticity. She also treats chronic pain, including facial pain and trigeminal neuralgia, as well as pain related to spinal conditions.
Palliative Care

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

**Tamantha (Tami) Arlata, MD**
Pediatrician

**Specialties:**
Pediatrics, Primary Care

**Subspecialty:**
General Pediatrics

**Add'l Language:**
Tagalog

**Rancho Bernardo - Via Tazon**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

**Bio:**
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

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**Belen S. Clark, MD**
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Tagalog

**Vista - 1954 Via Centre**

**Contact:**
Direct Clinic Line: (760) 529-9700

**Bio:**
Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

---

**Maribeth Chong, MD**
Primary Care Physician

**Specialties:**
Primary Care, Internal Medicine

**Add'l Language:**
Tagalog

**Carlsbad - 6260 El Camino Real**

**Contact:**
Direct Clinic Line: (760) 434-6060

**Bio:**
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

---

**Georgiana Miller, DO**
Primary Care Physician

**Specialties:**
Primary Care, Family Medicine

**Add'l Language:**
Tagalog

**Hemet - W. Stetson Avenue**

**Contact:**
Direct Clinic Line: (951) 225-6802

**Bio:**
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
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Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Sharona Ben-Haim, MD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery
Subspecialty:
Spine
Add'l Languages:
Hebrew, Spanish

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Sharona Ben-Haim, MD, is a neurosurgeon who specializes in caring for people with treatment-resistant epilepsy and movement disorders such as Parkinson's disease, dystonia and essential tremor and spasticity. She also treats chronic pain, including facial pain and trigeminal neuralgia, as well as pain related to spinal conditions.
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