UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Table of Contents

Cancer
Breast Cancer ...................................................................................................................... i
Gastrointestinal Cancers ....................................................................................................... i
Gynecological Cancers .......................................................................................................... i
Head & Neck Cancers ........................................................................................................... i
Immunotherapy .................................................................................................................... i
Leukemia & Lymphoma ......................................................................................................... i
Lung Cancer .......................................................................................................................... i
Melanoma / Skin Cancers ....................................................................................................... i
Neurological Oncology .......................................................................................................... i
Pancreatic Cancer .................................................................................................................. i
Precision Medicine .............................................................................................................. i
Psychosocial Oncology ......................................................................................................... 1.
Sarcoma (Bone and Soft Tissue) ............................................................................................ i
Urologic Cancer ..................................................................................................................... i

Family Medicine
Integrative & Holistic Medicine .............................................................................................. i

Internal Medicine .................................................................................................................. 3

Nephrology (Kidney)
Apheresis ................................................................................................................................. 4.
Chronic Kidney Disease .......................................................................................................... 5.
Critical Care Nephrology ....................................................................................................... 7.
Dialysis ..................................................................................................................................... 8.
Transplant Nephrology .......................................................................................................... 9.

Ophthalmology
Cataract Surgery .................................................................................................................... i
Cornea ....................................................................................................................................... i
Cosmetic Eyelid & Reconstructive Surgery .......................................................................... i
General Ophthalmology .......................................................................................................... i
Glaucoma ................................................................................................................................ i

Neuro-Ophthalmology ......................................................................................................... i
Pediatric Ophthalmology & Eye Muscle Disorders ................................................................ i
Retina ...................................................................................................................................... i

Palliative Care ....................................................................................................................... 10

Pediatrics
Adolescent Medicine ............................................................................................................. i
Complex Care Pediatrics ....................................................................................................... i
Developmental-Behavioral Pediatrics .................................................................................... i
General Pediatrics .................................................................................................................. 11.
Neonatal-Perinatal Medicine ................................................................................................. i
Newborn Hospital Care ......................................................................................................... i
Travel Medicine ..................................................................................................................... i

Plastic Surgery
Cosmetic Surgery .................................................................................................................. 12.

Reconstructive Surgery ......................................................................................................... i

Primary Care .......................................................................................................................... 13

Psychiatry
Geriatric Psychiatry ................................................................................................................. i

Surgery
Critical Care ............................................................................................................................ i
General and Gastrointestinal Surgery ................................................................................... i
Hepatobiliary Surgery ............................................................................................................ i
Minimally Invasive Surgery .................................................................................................... i
Surgical Oncology ................................................................................................................... i
Thyroid and Parathyroid Surgery ........................................................................................... i
Trauma .................................................................................................................................... i

Transplantation
Heart Transplantation .......................................................................................................... i
Kidney Transplantation .......................................................................................................... 16.
Liver Transplantation ........................................................................................................... i
Lung Transplantation ............................................................................................................ i
Pancreas Transplantation ....................................................................................................... i

Index ...................................................................................................................................... 17

https://health.ucsd.edu
Saturday, January 18, 2020
Cancer - Psychosocial Oncology

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

**Belen S. Clark, MD**  
Primary Care Physician  
Affiliated Provider  
**Specialties:** Primary Care, Family Medicine  
**Add'l Language:** Tagalog  
**Vista - 1954 Via Centre**  
**Contact:** Direct Clinic Line: (760) 529-9700  
**Bio:** Belen S. Clark, MD, is a board-certified physician providing primary care at Optimas Family Medicine, an independent practice in Vista, CA. She is a member of the UC San Diego Health Physician Network.

**Georgiana Miller, DO**  
Primary Care Physician  
Affiliated Provider  
**Specialties:** Primary Care, Family Medicine  
**Add'l Language:** Tagalog  
**Hemet - W. Stetson Avenue**  
**Contact:** Direct Clinic Line: (951) 225-6802  
**Bio:** Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health.

Maribeth Chong, MD
Primary Care Physician
Affiliated Provider

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.
Nephrology (Kidney) - Apheresis

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Additional Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line:: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Chronic Kidney Disease

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Tomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Add'l Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Dinna Cruz, MD, MPH, is a board-certified nephrologist. Her expertise is treating patients with both acute and chronic kidney diseases caused by all types of underlying conditions, including hypertension, diabetes, polycystic kidney disease, glomerulonephritis, lupus, and sepsis. She specializes in treating people with acute kidney injury (also known as “kidney attack”) and cardiorenal syndrome (individuals affected by both heart and kidney disease).
Nephrology (Kidney) - Chronic Kidney Disease (cont.)

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**
Polish

**Jacobs Medical Center**
**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Critical Care Nephrology

Dinna N. Cruz, MD, MPH
Nephrologist
Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Critical Care Nephrology, Chronic Kidney Disease

Add'l Languages:
Italian, Tagalog

La Jolla - Perlman Medical Offices
Hillcrest - UC San Diego Medical Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

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Nephrology (Kidney) - Dialysis

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Tomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Transplant Nephrology

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
Ophthalmology

Ophthalmology is the medical specialization concerned with the study, diagnosis and treatment of the eyes. Learn more about ophthalmology at UC San Diego Health.

Paulyne Raymundo, MS, FNP-C
Family Nurse Practitioner

Specialty:
Ophthalmology

Add'l Language:
Tagalog

Shiley Eye Institute

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-6290

Bio:
Paulyne Raymundo, MS, is a certified family nurse practitioner (FNP-C) who helps provide treatment to patients with eye conditions.

Palliative Care

Jaydee Geluz, MSN, FNP-C
Family Nurse Practitioner

Specialty:
Palliative Care

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-9061

Bio:
Jaydee Geluz, MSN, is a board-certified family nurse practitioner (FNP-C) who specializes in providing palliative care for people with cancer and other chronic diseases. Palliative medicine focuses on improving the quality of life for patients with serious illnesses and their families.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer

Subspecialty:
Psychosocial Oncology

Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line:: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Pediatrics - General Pediatrics

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care

Subspecialty:
General Pediatrics

Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.
Plastic Surgery - Cosmetic Surgery

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Tamantha (Tami) Arlata, MD
Pediatrician

Specialties:
Pediatrics, Primary Care
Subspecialty:
General Pediatrics
Add'l Language:
Tagalog

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4453

Bio:
Tamantha (Tami) Arlata, MD, is a board-certified pediatrician who treats infants, children and adolescents with a focus on their growth and overall well-being. She enjoys working in teams with specialists, to aid those with special needs/developmental delays and those with chronic illnesses such as diabetes. She is also well experienced in both the acute and preventive management of asthma.

Belen S. Clark, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine
Add'l Language:
Tagalog

Vista - 1954 Via Centre

Contact:
Direct Clinic Line: (760) 529-9700

Bio:
Belen S. Clark, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Maribeth Chong, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Carlsbad - 6260 El Camino Real

Contact:
Direct Clinic Line: (760) 434-6060

Bio:
Maribeth Chong, MD, is a board-certified physician providing primary care through the Well Being Medical Clinic. She is a member of the UC San Diego Health Physician Network.

Georgiana Miller, DO
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Add'l Language:
Tagalog

Hemet - W. Stetson Avenue

Contact:
Direct Clinic Line: (951) 225-6802

Bio:
Georgiana Miller, DO, is a board-certified physician providing primary care through the Rancho Family Medical Group. She is a member of UC San Diego Health Physician Network.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Maria Tiamson-Kassab, MD

Specialties:
Psychiatry, Palliative Care, Cancer
Subspecialty:
Psychosocial Oncology
Add'l Language:
Tagalog

Moores Cancer Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-9061

Bio:
Maria Tiamson-Kassab, MD, is a board-certified psychiatrist and the director of Moores Cancer Center's Patient & Family Support Services, which treats people who may be experiencing depression, anxiety, insomnia or other psychiatric symptoms that are either a result of the cancer experience or are interfering with cancer treatment. She can provide psychiatric assessment, treatment and medication management.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.
Transplantation - Kidney Transplantation

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant

Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Thomaz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
## Index

**A**
Arlata, Tamantha (Tami) ............................................ 11, 13

**B**
Beben, Tomasz .......................................................... 5, 8, 9, 16

**C**
Chong, Maribeth .......................................................... 3, 13

**D**
Dobke, Marek .............................................................. 12, 15

**G**
Geluz, Jaydee .............................................................. 10

**M**
Miller, Georgiana ......................................................... 2, 13

**R**
Raymundo, Paulyne ..................................................... 10

**T**
Tiamson-Kassab, Maria .............................................. 1, 10, 14
Trzebinska, Danuta ...................................................... 4, 6, 8