Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

health.ucsd.edu/request_appt

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

providers.ucsd.edu

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

**ENT/Head and Neck (Otolaryngology)**
- Facial Nerve Disorders ................................................................. 11
- Facial Plastic Surgery ................................................................ 6
- General Otolaryngology (ENT) ...................................................... 3
- Head & Neck Surgery Oncology .................................................... 8
- Hearing & Balance Disorders ......................................................... 1
- Laryngology ................................................................................. 9
- Otology & Neurotology / Skull-Base Surgery ................................. 7
- Sinus & Rhinology ........................................................................ 9
- Thyroid & Parathyroid Surgery ..................................................... 7

**Neurosurgery**
- Complex Cranial Surgery .............................................................. 7
- Endovascular Neurosurgery ......................................................... 7
- Neurological Oncology ................................................................. 7
- Spine ............................................................................................ 7

**Primary Care** ........................................................................... 5

**Rehabilitation**
- Occupational Therapy ............................................................... 2
- Physical Therapy ......................................................................... 7

**Rheumatology** ......................................................................... 5

**Senior Medicine** ..................................................................... 8

**Surgery**
- Critical Care ............................................................................... 1
- General and Gastrointestinal Surgery .......................................... 1
- Hepatobiliary Surgery ................................................................. 9
- Minimally Invasive Surgery .......................................................... 9
- Surgical Oncology ...................................................................... 9
- Thyroid and Parathyroid Surgery ................................................ 9
- Trauma ........................................................................................ 9

Index .......................................................................................... 10
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
**Quyen Nguyen, MD, PhD**  
Otolaryngologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**  
French, Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Neurosurgery - Spine

Andrew Nguyen, MD, PhD  
Neurosurgeon  
Assistant Professor of Surgery

Specialties:  
Neurosurgery, Surgery  
Subspecialty:  
Spine  
Add'l Language:  
Vietnamese

Hillcrest - UC San Diego Medical Center  
La Jolla - Perlman Medical Offices

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

Bio:  
Andrew Nguyen, MD, PhD, is a neurosurgeon who specializes in endovascular treatments for neurovascular diseases and minimally invasive spine surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.
Rehabilitation - Physical Therapy

Yvonne Le, MS, DPT
Physical Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

**Add'l Language:**
Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Yvonne Le, MS, DPT, is a physical therapist who helps people recover from orthopedic injuries and surgeries. She focuses on the patient as a whole to make physical therapy functional and to facilitate returning to work and meaningful activities.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about rheumatology at UC San Diego Health.

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

Specialty:
Rheumatology

Add'l Language:
Vietnamese

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

Bio:
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren’s syndrome and rheumatoid arthritis (RA).
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.
Surgery
The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Andrew Nguyen, MD, PhD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery
Subspecialty:
Spine
Add'l Language:
Vietnamese

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Andrew Nguyen, MD, PhD, is a neurosurgeon who specializes in endovascular treatments for neurovascular diseases and minimally invasive spine surgery.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders
Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Index

L
Le, Yvonne ................................................. 6

N
Nguyen, Andrew ........................................ 4, 9.
Nguyen, Katherine ...................................... 7.
Nguyen, Khai H. ......................................... 5, 8.
Nguyen, Quyen .......................................... 1, 2, 3, 9.