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UC San Diego Health Physician Directory

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**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health.

**Katherine Nguyen, MD**
Rheumatologist
Associate Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Vietnamese

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

**Bio:**
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren's syndrome and rheumatoid arthritis (RA).
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