UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Locations

## La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

- **Sports Medicine**
  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

- **Sulpizio Cardiovascular Center**
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **Moores Cancer Center**
  - 3855 Health Sciences Drive
  - La Jolla, CA 92037

- **Jacobs Medical Center**
  - 9300 Campus Point Drive
  - La Jolla, CA 92037

- **Koman Family Outpatient Pavilion**
  - 9400 Campus Point Drive
  - La Jolla, CA 92037

- **Perlman Medical Offices**
  - 9350 Campus Point Drive
  - La Jolla, CA 92037

## Hillcrest
- **Hillcrest**
  - **Hillcrest Emergency**
    - UC San Diego Medical Center
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **4th and Lewis Medical Offices**
    - 330 Lewis Street
    - San Diego, CA 92103

  - **Medical Offices North**
    - 200 West Arbor Drive
    - San Diego, CA 92103

  - **Medical Offices South**
    - 4168 Front Street
    - San Diego, CA 92103

  - **UC San Diego Medical Center**
    - 200 West Arbor Drive
    - San Diego, CA 92103

## Rancho Bernardo
- **Includes Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

## Encinitas
- **Includes Encinitas Express Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

- **477 North El Camino Real**
  - Encinitas, CA 92024

## College Area
- **6719 Alvarado Road, Suite 302**
  - San Diego, CA 92120

## Downtown
- **Downtown Express Care**
  - 203 West F Street
  - San Diego, CA 92101

## Vista
- **910 Sycamore Avenue**
  - Vista, CA 92081

## Sorrento Valley
- **4910 Directors Place**
  - San Diego, CA 92121

## Scripps Ranch
- **9909 Mira Mesa Blvd, Suite 200**
  - San Diego, CA 92131

## Kearny Mesa
- **7910 Frost Street**
  - San Diego, CA 92123

## Chula Vista
- **959 Lane Avenue**
  - Chula Vista, CA 91914

## Temecula
- **31720 Temecula Parkway, Suite 100**
  - Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health System.

**Martin Luther Kabongo, MD, PhD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Lingala, Spanish, Swahili, Tshiluba

**Scripps Ranch - Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

**Bio:**
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Additional Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Ildiko Kovacs, MD
Psychiatrist
Assistant Professor of Psychiatry

Specialty:
Psychiatry

Add’l Language:
Hungarian

Hillcrest - Medical Offices South
La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Ildiko Kovacs, MD, is a board-certified psychiatrist who specializes in caring for individuals and couples experiencing issues related to sexual function, sexuality and gender.
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