UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

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Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
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Anesthesiology - Critical Care

Albert Nguyen, MD
Assistant Clinical Professor

Specialty:
Anesthesiology

Subspecialty:
Critical Care

Add'l Language:
Vietnamese

Jacobs Medical Center
Sulpizio Cardiovascular Center
Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273

ENT/Head and Neck (Otolaryngology) - Facial Nerve Disorders

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery

Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders,
Facial Nerve Disorders

Additional Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Quyen Nguyen, MD, PhD  
Otolaryngologist  
Professor of Surgery

**Specialties:**  
ENT/Head and Neck (Otolaryngology), Surgery

**Subspecialties:**  
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders

**Add'l Languages:**  
French, Vietnamese

La Jolla - Perlman Medical Offices

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8590

**Bio:**  
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, adults, and seniors. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about [internal medicine](https://health.ucsd.edu) at UC San Diego Health.

**Clark Bach, MD**  
Primary Care Physician  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Vietnamese  
Rancho Bernardo - Via Tazon  
Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (858) 605-4452  
Bio:  
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

**Christine Nguyen, MD**  
Primary Care Physician  
Assistant Clinical Professor of Medicine  
Specialties:  
Primary Care, Internal Medicine  
Add'l Language:  
Vietnamese  
Vista - Sycamore Avenue  
Contact:  
Registration and Scheduling: (800) 926-8273  
Direct Clinic Line: (760) 598-1776  
Bio:  
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.
Neurology - Stroke

Jonathan D. Bui, MD, PhD
Neurologist
Professor of Neurosciences

Specialty:
Neurology
Subspecialty:
Stroke
Add'l Languages:
Spanish, Vietnamese

Hillcrest - UC San Diego Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8540

Bio:
Jonathan Bui, MD, PhD, is a board-certified neurologist who specializes in the development of magnetic resonance techniques to facilitate the diagnosis and treatment of neurological diseases. He cares for both children and adults with neurological diseases and spends the majority of his clinical time focused on neuroimaging and cerebrovascular medicine.
**Neurosurgery - Spine**

**Andrew Nguyen, MD, PhD**  
Neurosurgeon  
Assistant Professor of Surgery

**Specialties:**  
Neurosurgery, Surgery  
**Subspecialty:**  
Spine  
**Add'l Language:**  
Vietnamese

**Hillcrest - UC San Diego Medical Center**  
**La Jolla - Perlman Medical Offices**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (619) 543-5540

**Bio:**  
Andrew Nguyen, MD, PhD, is a neurosurgeon who specializes in endovascular treatments for neurovascular diseases and minimally invasive spine surgery.
Obstetrics & Gynecology - General Gynecology

Mai Hoang, MD, FACOG
Obstetrician/Gynecologist

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Language:**
Vietnamese

**Hillcrest - UC San Diego Medical Center**
**Hillcrest - Medical Offices South**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-7878

**Bio:**
Mai Hoang, MD, is a board-certified obstetrician and gynecologist who provides comprehensive obstetric and gynecological care. She has special interests in low and high-risk pregnancies, including vaginal birth after Cesarean section (VBAC), irregular bleeding and minimally invasive surgery.

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

**Specialty:**
Obstetrics & Gynecology

**Subspecialty:**
General Gynecology

**Add'l Languages:**
Indonesian, Spanish, Swahili

**La Jolla - 8910 Villa La Jolla**
**Encinitas - Garden View Road**
**Jacobs Medical Center**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

**Bio:**
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Ophthalmology - Cornea

Thao Nguyen, MD
Assistant Clinical Professor

Specialty:
Ophthalmology

Subspecialty:
Cornea

Add'l Language:
Vietnamese

Shiley Eye Institute
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-6290

Bio:
Dr. Nguyen shares that, though a number of years into her practice, she still finds surgery on the eye interesting as it requires her full attention to detail and precision. "On a weekly basis I witness how eye surgeries provide dramatic results, and, in a relatively short time, make vast differences in my patients' quality of life."
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Clark Bach, MD
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Clark Bach, MD, is an internal medicine physician who provides primary care for adults, including preventive care, and diagnosis and treatment of acute and chronic diseases.

Christine Nguyen, MD
Primary Care Physician
Assistant Clinical Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Vietnamese

Vista - Sycamore Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (760) 598-1776

Bio:
Christine Nguyen, MD, is a board-certified internal medicine doctor. She provides primary care for adults and seniors, including preventive care and diagnosis and treatment of acute and chronic diseases.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Primary Care (cont.)

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Add'l Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.

Hang Tran, DO, MPH
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Add'l Language:
Vietnamese

Rancho Bernardo - Via Tazon

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Hang Tran, DO, is a board-certified family medicine doctor who treats patients of all ages, including children, adolescents, adults, and seniors. She focuses on preventive care, as well as the diagnosis and treatment of acute and chronic diseases. Dr. Tran also focuses on weight management and osteopathic manipulative therapy. She performs a variety of office procedures, including skin biopsies, joint injections, and laceration repairs.
Thao Drcar, MS, ANP-BC, CNS
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)

Add'l Language:
Vietnamese

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Thao Drcar, MS, is a board-certified adult nurse practitioner (ANP-BC) and clinical nurse specialist (CNS) who treats patients with chronic thromboembolic pulmonary hypertension (CTEPH). She helps manage the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).
Thao Drcar, MS, ANP-BC, CNS
Certified Adult Nurse Practitioner

Specialty:
Pulmonology (Lung)

Subspecialties:
Pulmonary Vascular Disease, Pulmonary Thromboendarterectomy (PTE)

Additional Language:
Vietnamese

Sulpizio Cardiovascular Center
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7100

Bio:
Thao Drcar, MS, is a board-certified adult nurse practitioner (ANP-BC) and clinical nurse specialist (CNS) who treats patients with chronic thromboembolic pulmonary hypertension (CTEPH). She helps manage the complex care of patients who are undergoing pulmonary thromboendarterectomy (PTE) surgery and balloon pulmonary angioplasty (BPA).
Rehabilitation - Physical Therapy

Yvonne Le, MS, DPT
Physical Therapist

**Specialty:**
Rehabilitation

**Subspecialty:**
Physical Therapy

**Add'l Language:**
Vietnamese

**La Jolla - Perlman Medical Offices**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 543-0333

**Bio:**
Yvonne Le, MS, DPT, is a physical therapist who helps people recover from orthopedic injuries and surgeries. She focuses on the patient as a whole to make physical therapy functional and to facilitate returning to work and meaningful activities.
Rheumatology

Rheumatology is a medical specialization concerned with the study and treatment of rheumatic disease; diseases which are usually caused by inflammation, swelling and pain in the joints and muscles. Learn more about [rheumatology](https://health.ucsd.edu) at UC San Diego Health.

Katherine Nguyen, MD
Rheumatologist
Associate Professor of Medicine

**Specialty:**
Rheumatology

**Add'l Language:**
Vietnamese

**Hillcrest - Medical Offices South**
La Jolla - Perlman Medical Offices

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line - La Jolla: (858) 657-6110

**Bio:**
Katherine Nguyen, MD, is a board-certified rheumatologist who treats general rheumatology conditions, with a special focus on treating the autoimmune diseases Sjögren's syndrome and rheumatoid arthritis (RA).
Senior Medicine

Senior medicine, also known as geriatric medicine, is a medical specialization focusing on the health care of older adults. Learn more about senior medicine at UC San Diego Health.

Khai H. Nguyen, MD, MHS
Primary Care Physician
Clinical Services Chief, Senior Medicine

Specialties:
Primary Care, Senior Medicine

Additional Language:
Vietnamese

La Jolla - Perlman Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 249-2500

Bio:
Khai Nguyen, MD, is a board-certified internal medicine doctor and geriatrician who specializes in caring for older adults. He provides primary care to patients, with an emphasis on health maintenance, disease prevention, treatment of acute and chronic illnesses and preservation of function. As a geriatrician, Dr. Nguyen aims to keep seniors healthy and high functioning as they transition through the stages of aging. His expertise includes providing therapeutic and rehabilitative care for conditions or health concerns that are common among the elderly such as frailty, falls, incontinence, memory and cognitive problems, and medication-related side effects. He also has expertise in end of life care and advance care planning.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health.

Andrew Nguyen, MD, PhD
Neurosurgeon
Assistant Professor of Surgery

Specialties:
Neurosurgery, Surgery
Subspecialty:
Spine
Add'l Language:
Vietnamese

Hillcrest - UC San Diego Medical Center
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-5540

Bio:
Andrew Nguyen, MD, PhD, is a neurosurgeon who specializes in endovascular treatments for neurovascular diseases and minimally invasive spine surgery.

Quyen Nguyen, MD, PhD
Otolaryngologist
Professor of Surgery

Specialties:
ENT/Head and Neck (Otolaryngology), Surgery
Subspecialties:
Otology & Neurotology / Skull-Base Surgery, Hearing & Balance Disorders, Facial Nerve Disorders
Add'l Languages:
French, Vietnamese

La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8590

Bio:
Quyen T. Nguyen, MD, PhD, is a board-certified head and neck surgeon who specializes in neurotology, or the management of diseases of the inner ear, temporal bone, and skull base, including tumors and other conditions. Her main focus is in cochlear implants for hearing restoration and facial nerve surgery.
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