UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

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**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

- **La Jolla Urgent Care**
  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

- **Orthopedics Urgent Care**
  - Sports Medicine
  - 4520 Executive Drive, Suite Plaza 1
  - San Diego, CA 92121

  - 4510 and 4520 Executive Drive
  - San Diego, CA 92121

  - 8910 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 8899 and 8929 University Center Lane
  - San Diego, CA 92122

  - 8939 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 9333 Genesee Avenue
  - San Diego, CA 92121

  - 8950 Villa La Jolla Drive
  - La Jolla, CA 92037

  - 9350 Campus Point Drive
  - La Jolla, CA 92037

  - Shiley Eye Institute
  - 9415 Campus Point Drive
  - La Jolla, CA 92037

  - Sulpizio Cardiovascular Center
  - 9434 Medical Center Drive
  - La Jolla, CA 92037

### Moores Cancer Center
- 3855 Health Sciences Drive
- La Jolla, CA 92037

### Jacobs Medical Center
- 9300 Campus Point Drive
- La Jolla, CA 92037

### Koman Family Outpatient Pavilion
- 9400 Campus Point Drive
- La Jolla, CA 92037

### Perlman Medical Offices
- 9350 Campus Point Drive
- La Jolla, CA 92037

### Hillcrest
- **Hillcrest Urgent Care**
  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - 4th and Lewis Medical Offices
  - 330 Lewis Street
  - San Diego, CA 92103

  - Medical Offices North
  - 200 West Arbor Drive
  - San Diego, CA 92103

  - Medical Offices South
  - 4168 Front Street
  - San Diego, CA 92103

  - UC San Diego Medical Center
  - 200 West Arbor Drive
  - San Diego, CA 92103

### Rancho Bernardo
- **Rancho Bernardo Urgent Care**
  - 16950 Via Tazon
  - San Diego, CA 92127

### Encinitas
- **Encinitas Urgent Care (Suite 110)**
  - 1200 Garden View Road
  - Encinitas, CA 92024

  - 477 North El Camino Real
  - Encinitas, CA 92024

### College Area
- 6719 Alvarado Road, Suite 302
- San Diego, CA 92120

### Downtown
- **Downtown Urgent Care**
  - 203 West F Street
  - San Diego, CA 92101

### Vista
- 910 Sycamore Avenue
- Vista, CA 92081

### Sorrento Valley
- 4910 Directors Place
- San Diego, CA 92121

### Scripps Ranch
- 9909 Mira Mesa Blvd, Suite 200
- San Diego, CA 92131

### Kearny Mesa
- 7910 Frost Street
- San Diego, CA 92123

### Chula Vista
- 959 Lane Avenue
- Chula Vista, CA 91914

### Temecula
- 31720 Temecula Parkway, Suite 100
- Temecula, CA 92592
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ........................................................................................................................................... i

**Nephrology (Kidney)**
- Apheresis ............................................................................................................................................................................. 2
- Chronic Kidney Disease ............................................................................................................................................................. 3
- Critical Care Nephrology ............................................................................................................................................................. i
- Dialysis ......................................................................................................................................................................................... 4
- Transplant Nephrology ............................................................................................................................................................... 5

**Obstetrics & Gynecology**
- General Gynecology ................................................................................................................................................................. 6
- Gynecologic Oncology ................................................................................................................................................................. i
- Maternal-Fetal Medicine (Perinatology) ..................................................................................................................................... i
- Midwifery ........................................................................................................................................................................................ i
- Reproductive Endocrinology and Infertility ................................................................................................................................. i
- Urogynecology ................................................................................................................................................................................ i

**Plastic Surgery**
- Cosmetic Surgery ........................................................................................................................................................................... 7
- Reconstructive Surgery ................................................................................................................................................................. i

**Primary Care** .............................................................................................................................................................................. 8

**Surgery**
- Critical Care ................................................................................................................................................................................... i
- General and Gastrointestinal Surgery ......................................................................................................................................... i
- Hepatobiliary Surgery ...................................................................................................................................................................... i
- Minimally Invasive Surgery ........................................................................................................................................................... i
- Surgical Oncology .......................................................................................................................................................................... i
- Thyroid and Parathyroid Surgery .................................................................................................................................................. i
- Trauma .......................................................................................................................................................................................... i

**Transplantation**
- Heart Transplantation ............................................................................................................................................................... 10
- Kidney Transplantation ............................................................................................................................................................. 10
- Liver Transplantation ................................................................................................................................................................. 10
- Lung Transplantation ................................................................................................................................................................. 10
- Pancreas Transplantation ............................................................................................................................................................ 10

**Index** ................................................................................................................................................................................................ . 11
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Nephrology (Kidney) - Apheresis

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialties:**
Chronic Kidney Disease, Dialysis, Apheresis

**Add'l Language:**
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

**Bio:**
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the [Chronic Kidney Disease Program](#) at UC San Diego Health.
Nephrology (Kidney) - Chronic Kidney Disease

Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant

Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Thomaz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Danuta Trzebinska, MD
Nephrologist
Associate Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialties:
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Hillcrest: (619) 543-6248
Direct Clinic Line: (619) 543-6397

Bio:
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Nephrology (Kidney) - Dialysis

Tomasz Beben, MD  
Nephrologist  
Assistant Professor of Medicine

Specialties:  
Nephrology (Kidney), Transplantation  
Subspecialties:  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant  
Nephrology

Add'l Language:  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 4510 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:  
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.

Danuta Trzebinska, MD  
Nephrologist  
Associate Professor of Medicine

Specialty:  
Nephrology (Kidney)  
Subspecialties:  
Chronic Kidney Disease, Dialysis, Apheresis

Add'l Language:  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
Hillcrest - Medical Offices South

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Hillcrest: (619) 543-6248  
Direct Clinic Line: (619) 543-6397

Bio:  
Danuta Trzebinska, MD, is a board-certified nephrologist with a special interest in chronic kidney disease. She is medical director of the Chronic Kidney Disease Program at UC San Diego Health.
Tomasz Beben, MD
Nephrologist
Assistant Professor of Medicine

Specialties:
Nephrology (Kidney), Transplantation

Subspecialties:
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:
Polish

Jacobs Medical Center
Hillcrest - UC San Diego Medical Center
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:
Thomasz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

**Martin Luther Kabongo, MD, PhD**
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Lingala, Spanish, Swahili, Tshiluba

**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

**Bio:**
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Akbar Rahman, MD, MPH**
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Spanish, Swahili

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Surgery

The branch of medicine that uses surgery in the treatment of disease, injury or disorders. Learn more about surgery at UC San Diego Health System.

Marek Dobke, MD
Plastic Surgeon
Professor of Surgery

Specialties:
Plastic Surgery, Surgery
Subspecialty:
Cosmetic Surgery
Add'l Language:
Polish

La Jolla - 4510 Executive Drive
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 294-3746

Bio:
Marek Dobke, MD, is a board-certified plastic surgeon with expertise in aesthetic and reconstructive surgery of the breast and in facial rejuvenation, as well as in the application of new technologies in cosmetic surgery.
Transplantation - Kidney Transplantation

Tomasz Beben, MD  
Nephrologist  
Assistant Professor of Medicine

Specialties:  
Nephrology (Kidney), Transplantation

Subspecialties:  
Chronic Kidney Disease, Kidney Transplantation, Dialysis, Transplant Nephrology

Add'l Language:  
Polish

Jacobs Medical Center  
Hillcrest - UC San Diego Medical Center  
La Jolla - 4510 Executive Drive

Contact:  
New Patient Registration: (800) 926-8273  
Direct Clinic Line - Executive Dr.: (858) 657-7729

Bio:  
Thomaz Beben, MD, is a board-certified nephrologist who specializes in chronic kidney disease. He sees patients on dialysis with end-stage renal disease, as well as pre- and post-kidney transplant patients. Dr. Beben also has expertise treating people with hypertensive nephrosclerosis and various electrolyte abnormalities.
# Index

<table>
<thead>
<tr>
<th>B</th>
<th>Dobke, Marek ........................................ 7, 9</th>
</tr>
</thead>
<tbody>
<tr>
<td>K</td>
<td>Kabongo, Martin Luther .......................... 1, 8</td>
</tr>
<tr>
<td>R</td>
<td>Rahman, Akbar ........................................ 1, 8</td>
</tr>
<tr>
<td>Ries, Maureen C.</td>
<td>........................................ 6.</td>
</tr>
<tr>
<td>T</td>
<td>Trzebinska, Danuta .......................... 2, 3, 4</td>
</tr>
</tbody>
</table>

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