UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

For Patients

Make an Appointment
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call 800-926-8273 between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

Find a Provider
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

Physician Access Services

Refer a Patient or Request Consultation
Call Physician Access Services at 855-543-0555 from 8 a.m. to 5 p.m.

Transfer an Inpatient
For hospital-to-hospital transfers, call 619-543-5709 (24-hour service) for instructions.
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. 2

**Nephrology (Kidney)**
- Apheresis .................................................................................................. i
- Chronic Kidney Disease ........................................................................... 3
- Critical Care Nephrology ......................................................................... i
- Dialysis ..................................................................................................... i
- Transplant Nephrology ............................................................................. i

**Obstetrics & Gynecology**
- General Gynecology .............................................................................. 4
- Gynecologic Oncology ............................................................................. i
- Maternal-Fetal Medicine (Perinatology) .................................................. i
- Midwifery .................................................................................................. i
- Reproductive Endocrinology and Infertility ............................................. i
- Urogynecology .......................................................................................... i

**Primary Care** ......................................................................................... 5

**Psychiatry**
- Geriatric Psychiatry ................................................................................ i

**Index** ..................................................................................................... 7
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Deepa Sannidhi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Telugu

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women's health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.
Nephrology (Kidney) - Chronic Kidney Disease

Pranav Garimella, MBBS, MPH, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialty:
Chronic Kidney Disease

Add'l Languages:
Hindi, Tamil, Telugu, Urdu

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty: Obstetrics & Gynecology
Subspeciality: General Gynecology
Add'l Languages: Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Deepa Sannidhi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Telugu

Hillcrest - 4th & Lewis Medical Offices

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women’s health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry
Add'l Language:
Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.
# Index

**B**
- Bammidi, Nora ........................................6

**G**
- Garimella, Pranav ...................................3

**K**
- Kabongo, Martin Luther ........................1, 5

**R**
- Rahman, Akbar ......................................1, 5

**S**
- Sannidhi, Deepa .................................2, 5

**R**
- Ries, Maureen C. ..............................4