Physician Directory

health.ucsd.edu
Patient Access: 800-926-8273
Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

Anesthesiology
- Critical Care ........................................................................................................................................................................... i

Family Medicine
- Integrative & Holistic Medicine .................................................................................................................................................. i

Gastroenterology
- Celiac Disease ............................................................................................................................................................................. i
- General Gastroenterology ................................................................................................................................................................. i
- GI Cancer ........................................................................................................................................................................................... i
- GI Motility ........................................................................................................................................................................................... i
- Inflammatory Bowel Diseases ............................................................................................................................................................ i
- Interventional Endoscopy / Pancreas & Bile Ducts .................................................................................................................................... i

Hematology/Blood Diseases ............................................................................................................................................................. 4

Hepatology (Liver) ............................................................................................................................................................................... 5

Nephrology (Kidney)
- Apheresis .......................................................................................................................................................................................... i
- Chronic Kidney Disease ...................................................................................................................................................................... i
- Critical Care Nephrology ................................................................................................................................................................. i
- Dialysis .............................................................................................................................................................................................. i
- Transplant Nephrology ...................................................................................................................................................................... i

Obstetrics & Gynecology
- General Gynecology ............................................................................................................................................................................ 7
- Gynecologic Oncology ........................................................................................................................................................................ i
- Maternal-Fetal Medicine (Perinatology) ........................................................................................................................................... i
- Midwifery ............................................................................................................................................................................................ i
- Reproductive Endocrinology and Infertility ...................................................................................................................................... i
- Urogynecology ...................................................................................................................................................................................... i

Orthopedics
- Foot & Ankle ..................................................................................................................................................................................... i
- Hand & Upper Extremity ....................................................................................................................................................................... i
- Joint ................................................................................................................................................................................................. 5.8
- Orthopedic Trauma .............................................................................................................................................................................. i
- Spline ................................................................................................................................................................................................... i
- Sports Medicine .................................................................................................................................................................................... i

Pain Management ............................................................................................................................................................................... 9

Primary Care ..................................................................................................................................................................................... 10

Transplantation
- Heart Transplantation ........................................................................................................................................................................ i
- Kidney Transplantation ...................................................................................................................................................................... i
- Liver Transplantation .......................................................................................................................................................................... 11
- Lung Transplantation ........................................................................................................................................................................ i
- Pancreas Transplantation ................................................................................................................................................................... i

Index ........................................................................................................................................................................................................... 12
Anesthesiology

Anesthesiology is the medical specialty that involves the preoperative, intraoperative, and postoperative care for patients in the administration of medications to control pain and support life functions during surgery. Learn more about anesthesiology services at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language: Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
Hematology/Blood Diseases

Hematology (the study of “blood diseases”) is the branch of internal medicine that is concerned with the study of blood, blood-forming organs, and blood diseases. Learn more about hematology/blood diseases at UC San Diego Health.

Srila Gopal, MBBS
Hematologist

Specialty:
Hematology/Blood Diseases

Add'l Languages:
Hindi, Tamil

Moores Cancer Center
Hillcrest - Medical Offices North

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (855) 355-5864
Direct Clinic Line: (858) 822-6100

Bio:
Srila Gopal, MBBS, is a board-certified hematologist who specializes in treating patients with blood disorders. She has a particular focus on hemoglobinopathies, including sickle cell disease, thalassemia, other anemias, and bleeding, clotting and white blood cell disorders. Dr. Gopal leads UC San Diego Health's adult sickle cell disease program.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health.

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
- Hepatology (Liver)
- Gastroenterology
- Transplantation

Subspecialty:
- Liver Transplantation

Add'l Language:
- Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
- New Patient Registration: (800) 926-8273
- Direct Clinic Line - Liver Center: (619) 543-5415
- Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
- Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
Nephrology (Kidney) - Chronic Kidney Disease

Pranav Garimella, MBBS, MPH, FASN
Nephrologist
Assistant Professor of Medicine

**Specialty:**
Nephrology (Kidney)

**Subspecialty:**
Chronic Kidney Disease

**Add'l Languages:**
Hindi, Tamil, Telugu, Urdu

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

**Bio:**
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Orthopedics - Joint

Krishna R. Cidambi, MD
Orthopedic Surgeon
Assistant Professor of Orthopaedic Surgery

Specialty:
Orthopedics
Subspecialty:
Joint
Add'l Languages:
Spanish, Tamil

Hillcrest - UC San Diego Medical Center
Encinitas - Garden View Road
La Jolla - Koman Family Outpatient Pavillon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8200

Bio:
Krishna R. Cidambi, MD, is an orthopedic surgeon who specializes in hip and knee replacements. His areas of expertise include anterior total hip replacement (minimally invasive hip replacement), posterior total hip replacement, total knee replacement and partial knee replacement.
Pain Management

Pain management is the pharmacological, nonpharmacological and other treatment to prevent, reduce, or stop pain. Learn more about pain management at UC San Diego Health.

Krishnan Chakravarthy, MD, PhD
Pain Management Specialist
Assistant Professor of Anesthesiology

Specialties:
Pain Management, Anesthesiology

Add'l Language:
Tamil

La Jolla - Koman Family Outpatient Pavilion

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 249-3800

Bio:
Krishnan Chakravarthy, MD, PhD, is an anesthesiologist who specializes in multi-modal pain management. As a pain management specialist, he evaluates, diagnoses and treats all forms of pain. Dr. Chakravarthy performs a variety of procedures to treat chronic pain, specializing in dorsal root stimulation therapy, a type of neurostimulation therapy designed to manage pain in areas of the lower body such as the foot, knee, hip or groin; dorsal column stimulation; and peripheral nerve stimulation.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue
Contact:
Registration and Scheduling: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Transplantation - Liver Transplantation

Saumya Jayakumar, MD, FRCPC
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology, Transplantation

Subspecialty:
Liver Transplantation

Add'l Language:
Tamil

Hillcrest - Medical Offices South
La Jolla - Perlman Medical Offices
La Jolla - 4510 Executive Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Saumya Jayakumar, MD, is a hepatologist who treats patients with liver disease. Her clinical and research interests include end-stage liver disease, liver transplant and non-alcoholic fatty liver disease.
## Index

### C
- Chakravarthy, Krishnan ............................. 1, 9
- Cidambi, Krishna R. ................................. 8

### G
- Garimella, Pranav ................................. 6
- Gopal, Srila ................................. 4

### J
- Jayakumar, Saumya ................................. 3, 5, 11.

### K
- Kabongo, Martin Luther ........................... 2, 10.

### R
- Rahman, Akbar ................................. 2, 10.
- Ries, Maureen C. ................................. 7.