Physician Directory

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Physician Access: 855-543-0555
UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

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Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care**  
Sports Medicine  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

4510 and 4520 Executive Drive  
San Diego, CA 92121

8910 Villa La Jolla Drive  
La Jolla, CA 92037

8899 and 8929 University Center Lane  
San Diego, CA 92122

8939 Villa La Jolla Drive  
La Jolla, CA 92037

9333 Genessee Avenue  
San Diego, CA 92121

8950 Villa La Jolla Drive  
La Jolla, CA 92037

9350 Campus Point Drive  
La Jolla, CA 92037

Shiley Eye Institute  
9415 Campus Point Drive  
La Jolla, CA 92093

Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92093

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92039

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

**Hillcrest**  

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

4th and Lewis Medical Offices  
330 Lewis Street  
San Diego, CA 92103

Medical Offices North  
200 West Arbor Drive  
San Diego, CA 92103

Medical Offices South  
4168 Front Street  
San Diego, CA 92103

UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**Rancho Bernardo**  
Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

**Encinitas**  
Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

**College Area**  
6719 Alvarado Road, Suite 302  
San Diego, CA 92120

**Downtown**  
Downtown Express Care  
203 West F Street  
San Diego, CA 92101

**Vista**  
910 Sycamore Avenue  
Vista, CA 92081

**Sorrento Valley**  
4910 Directors Place  
San Diego, CA 92121

**Scripps Ranch**  
9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

**Kearny Mesa**  
7910 Frost Street  
San Diego, CA 92123

**Chula Vista**  
959 Lane Avenue  
Chula Vista, CA 91914

**Temecula**  
31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Lingala, Spanish, Swahili, Tshiuba

_**Scripps Ranch - 9909 Mira Mesa Blvd**_

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

**Bio:**
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

**Specialties:**
Primary Care, Family Medicine

**Add'l Languages:**
French, Spanish, Swahili

_**La Jolla - 9333 Genesee Avenue**_

**Contact:**
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

**Bio:**
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Malayalam

Rancho Bernardo - Via Tazon

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452

Bio:
Dalia Elias, MBBS, is an internist who provides primary care for adults, including preventive care and diagnosis and treatment of acute and chronic medical conditions. She sees people commonly for conditions such as allergies, headaches, gastroesophageal reflux disease (GERD), bronchitis, asthma, diabetes, hypertension and heart disease.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Dalia Elias, MBBS
Primary Care Physician
Specialties:
Primary Care, Internal Medicine
Add'l Language:
Malayalam
Rancho Bernardo - Via Tazon
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 605-4452
Bio:
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Primary Care Physician
Assistant Professor of Family Medicine and Public Health
Specialties:
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Add'l Languages:
French, Spanish, Swahili
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Martin Luther Kabongo, MD, PhD
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Professor of Family Medicine and Public Health
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Scripps Ranch - 9909 Mira Mesa Blvd
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