UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Locations

## La Jolla

**La Jolla Emergency**  
Sulpizio Cardiovascular Center  
9434 Medical Center Drive  
La Jolla, CA 92037

**La Jolla Urgent Care**  
8910 Villa La Jolla Drive  
La Jolla, CA 92037

**Orthopedics Urgent Care**  
4520 Executive Drive, Suite Plaza 1  
San Diego, CA 92121

**Shiley Eye Institute**  
9415 Campus Point Drive  
La Jolla, CA 92037

**Sulpizio Cardiovascular Center**  
9434 Medical Center Drive  
La Jolla, CA 92037

## Moores Cancer Center

Moores Cancer Center  
3855 Health Sciences Drive  
La Jolla, CA 92033

## Jacobs Medical Center

Jacobs Medical Center  
9300 Campus Point Drive  
La Jolla, CA 92037

## Koman Family Outpatient Pavilion

Koman Family Outpatient Pavilion  
9400 Campus Point Drive  
La Jolla, CA 92037

## Perlman Medical Offices

Perlman Medical Offices  
9350 Campus Point Drive  
La Jolla, CA 92037

## Hillcrest

**Hillcrest Emergency**  
UC San Diego Medical Center  
200 West Arbor Drive  
San Diego, CA 92103

**4th and Lewis Medical Offices**  
330 Lewis Street  
San Diego, CA 92103

**Medical Offices North**  
200 West Arbor Drive  
San Diego, CA 92103

**Medical Offices South**  
4168 Front Street  
San Diego, CA 92103

**UC San Diego Medical Center**  
200 West Arbor Drive  
San Diego, CA 92103

## Rancho Bernardo

Includes **Rancho Bernardo Urgent Care**  
16950 Via Tazon  
San Diego, CA 92127

## Encinitas

Includes **Encinitas Express Care (Suite 110)**  
1200 Garden View Road  
Encinitas, CA 92024

477 North El Camino Real  
Encinitas, CA 92024

## College Area

6719 Alvarado Road, Suite 302  
San Diego, CA 92120

## Downtown

Downtown Express Care  
203 West F Street  
San Diego, CA 92101

## Vista

910 Sycamore Avenue  
Vista, CA 92081

## Sorrento Valley

4910 Directors Place  
San Diego, CA 92121

## Scripps Ranch

9909 Mira Mesa Blvd, Suite 200  
San Diego, CA 92131

## Kearny Mesa

7910 Frost Street  
San Diego, CA 92123

## Chula Vista

959 Lane Avenue  
Chula Vista, CA 91914

## Temecula

31720 Temecula Parkway, Suite 100  
Temecula, CA 92592
# Table of Contents

**Family Medicine**
- Integrative & Holistic Medicine ................................................................. i

**Obstetrics & Gynecology**
- General Gynecology ................................................................................. 2
- Gynecologic Oncology ............................................................................. i
- Maternal-Fetal Medicine (Perinatology) .................................................... i
- Midwifery .................................................................................................. i
- Reproductive Endocrinology and Infertility ............................................. i
- Urogynecology ........................................................................................ i

**Primary Care** .......................................................................................... 3

Index .......................................................................................................... 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspecialty:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - 9909 Mira Mesa Blvd

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine

Add'l Languages:
French, Spanish, Swahili

La Jolla - 9333 Genesee Avenue

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Index

K
Kabongo, Martin Luther ........................................ 1, 3

R
Rahman, Akbar ....................................................... 1, 3.

Ries, Maureen C. ................................................ 2.