UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

*Make an Appointment*
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

*Find a Provider*
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

*Refer a Patient or Request Consultation*
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

*Transfer an Inpatient*
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
## Locations

### La Jolla
- **La Jolla Emergency**
  Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- **La Jolla Urgent Care**
  8910 Villa La Jolla Drive
  La Jolla, CA 92037

- **Orthopedics Urgent Care**
  Sports Medicine
  4520 Executive Drive, Suite Plaza 1
  San Diego, CA 92121

- 4510 and 4520 Executive Drive
  San Diego, CA 92121

- 8910 Villa La Jolla Drive
  La Jolla, CA 92037

- 8899 and 8929 University Center Lane
  San Diego, CA 92122

- 8939 Villa La Jolla Drive
  La Jolla, CA 92037

- 9333 Genessee Avenue
  San Diego, CA 92121

- 8950 Villa La Jolla Drive
  La Jolla, CA 92037

- 9350 Campus Point Drive
  La Jolla, CA 92037

- Shiley Eye Institute
  9415 Campus Point Drive
  La Jolla, CA 92037

- Sulpizio Cardiovascular Center
  9434 Medical Center Drive
  La Jolla, CA 92037

- Moores Cancer Center
  3855 Health Sciences Drive
  La Jolla, CA 92093

- Jacobs Medical Center
  9300 Campus Point Drive
  La Jolla, CA 92037

- Koman Family Outpatient Pavilion
  9400 Campus Point Drive
  La Jolla, CA 92037

- Perlman Medical Offices
  9350 Campus Point Drive
  La Jolla, CA 92037

- **Hillcrest**

  **Hillcrest Emergency**
  UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

- 4th and Lewis Medical Offices
  330 Lewis Street
  San Diego, CA 92103

- Medical Offices North
  200 West Arbor Drive
  San Diego, CA 92103

- Medical Offices South
  4168 Front Street
  San Diego, CA 92103

- UC San Diego Medical Center
  200 West Arbor Drive
  San Diego, CA 92103

- **Rancho Bernardo**

  Includes **Rancho Bernardo Urgent Care**
  16950 Via Tazon
  San Diego, CA 92127

- **Encinitas**

  Includes **Encinitas Express Care (Suite 110)**
  1200 Garden View Road
  Encinitas, CA 92024

  477 North El Camino Real
  Encinitas, CA 92024

- **College Area**
  6719 Alvarado Road, Suite 302
  San Diego, CA 92120

- **Downtown**

  Downtown Express Care
  203 West F Street
  San Diego, CA 92101

- **Vista**
  910 Sycamore Avenue
  Vista, CA 92081

- **Sorrento Valley**
  4910 Directors Place
  San Diego, CA 92121

- **Scripps Ranch**
  9909 Mira Mesa Blvd, Suite 200
  San Diego, CA 92131

- **Kearny Mesa**
  7910 Frost Street
  San Diego, CA 92123

- **Chula Vista**
  959 Lane Avenue
  Chula Vista, CA 91914

- **Temecula**
  31720 Temecula Parkway, Suite 100
  Temecula, CA 92592
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - Mira Mesa Blvd
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-7750

Bio:
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Spanish, Swahili

La Jolla - Genesee Avenue
Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8600

Bio:
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology
Subspeciality:
General Gynecology
Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Martin Luther Kabongo, MD, PhD
Primary Care Physician
Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
Add'l Languages:
French, Lingala, Spanish, Swahili, Tshiluba

Scripps Ranch - Mira Mesa Blvd

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Akbar Rahman, MD, MPH
Primary Care Physician
Assistant Professor of Family Medicine and Public Health

Specialties:
Primary Care, Family Medicine
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La Jolla - Genesee Avenue

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Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
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