UC San Diego Health Physician Directory

From routine doctor visits to the most advanced procedures, our doctors are here for you. Our specialty care for complex conditions — including cancer, heart disease, neurosurgery, pulmonology and more — is rated among the nation’s best by *U.S. News & World Report*.

**For Patients**

**Make an Appointment**
Whether you need to be seen for an urgent condition today or are looking for a new primary care physician or specialty care provider, we can help. Call **800-926-8273** between 8 a.m. – 6 p.m.

[health.ucsd.edu/request_appt](http://health.ucsd.edu/request_appt)

**Find a Provider**
Search by name, specialty, location or keyword to find the right provider for you.

[providers.ucsd.edu](http://providers.ucsd.edu)

**Physician Access Services**

**Refer a Patient or Request Consultation**
Call Physician Access Services at **855-543-0555** from 8 a.m. to 5 p.m.

**Transfer an Inpatient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions.
# Table of Contents

**Family Medicine**  
- Integrative & Holistic Medicine ................................................................. i

**Obstetrics & Gynecology**  
- General Gynecology .................................................................................. 2  
- Gynecologic Oncology ................................................................................. i  
- Maternal-Fetal Medicine (Perinatology) .......................................................... i  
- Midwifery ..................................................................................................... i  
- Reproductive Endocrinology and Infertility .................................................... i  
- Urogynecology ............................................................................................. i

**Primary Care** ............................................................................................... 3

**Index** .......................................................................................................... 4
Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about [family medicine](https://health.ucsd.edu) at UC San Diego Health.

**Martin Luther Kabongo, MD, PhD**
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine

**Add'l Languages:**  
French, Lingala, Spanish, Swahili, Tshiluba

**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

**Bio:**  
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Akbar Rahman, MD, MPH**
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine

**Add'l Languages:**  
French, Spanish, Swahili

**La Jolla - 9333 Genesee Avenue**

**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View Road
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health.

**Martin Luther Kabongo, MD, PhD**
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine

**Additional Languages:**  
French, Lingala, Spanish, Swahili, Tshiluba

**Scripps Ranch - 9909 Mira Mesa Blvd**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

**Bio:**  
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

**Akbar Rahman, MD, MPH**
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine

**Additional Languages:**  
French, Spanish, Swahili

**La Jolla - 9333 Genesee Avenue**

**Contact:**
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
# Index

<table>
<thead>
<tr>
<th>K</th>
<th>Kabongo, Martin Luther</th>
<th>1, 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>R</td>
<td>Rahman, Akbar</td>
<td>1, 3</td>
</tr>
<tr>
<td></td>
<td>Ries, Maureen C.</td>
<td>2</td>
</tr>
</tbody>
</table>