UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

Patient Access

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

- **New Patients** *(who have never seen a UC San Diego Health provider)*
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

- **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

- **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

Referring Physician Access

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** *(24-hour service)* for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
# Locations

**La Jolla**
- 4510 and 4520 Executive Drive
  San Diego, CA 92121
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane
  San Diego, CA 92122
- 8939 Villa La Jolla Drive
  La Jolla, CA 92037
- 9333 Genesee Avenue
  San Diego, CA 92121
- 8950 Villa La Jolla Drive
  La Jolla, CA 92037
- 9350 Campus Point Drive
  La Jolla, CA 92037

**Hillcrest**
- **4th and Lewis Medical Offices**
  330 Lewis Street
  San Diego, CA 92103
- **Medical Offices North**
  200 West Arbor Drive
  San Diego, CA 92103
- **Medical Offices South**
  4168 Front Street
  San Diego, CA 92103
- **UC San Diego Medical Center**
  200 West Arbor Drive
  San Diego, CA 92103

**Encinitas**
- **1200 Garden View Road**
  Encinitas, CA 92024
- **477 North El Camino Real**
  Encinitas, CA 92024

**Vista**
- **910 Sycamore Avenue**
  Vista, CA 92081

**Scripps Ranch**
- **9909 Mira Mesa Blvd.**
  San Diego, CA 92131

**Kearny Mesa**
- 7910 Frost Street
  San Diego, CA 92123

**Rady Children’s Hospital-San Diego**
- 3020 Children’s Way
  San Diego, CA 92123

**Chula Vista**
- 959 Lane Avenue
  Chula Vista, CA 91914

**Temecula**
- 31720 Temecula Parkway
  Temecula, CA 92952

**Sorrento Valley**
- 4910 Directors Place
  San Diego, CA 92121
Locations

1. Jacobs Medical Center
2. Moores Cancer Center
3. Sulpizio Cardiovascular Center
4. UC San Diego Medical Center
5. UC San Diego Health
6. Clinic Locations
   - Rady Children’s Hospital–San Diego
7. Veterans Affairs
   - San Diego Healthcare System

- Temecula
- Vista
- Encinitas
- Sorrento Valley
- Scripps Ranch
- La Jolla
- Kearny Mesa
- Hillcrest
- Chula Vista

health.ucsd.edu  |  Patient Access 800-926-8273  |  Physician Access 855-543-0555
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Family Medicine

Family Medicine provides health care for all ages, genders and diseases — it is focused on knowledge of the patient in the context of family and community — stressing disease prevention and health promotion. Learn more about family medicine at UC San Diego Health System.

![Photo of Martin Luther Kabongo, MD, PhD](https://health.ucsd.edu)

**Martin Luther Kabongo, MD, PhD**  
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Languages:**  
French, Lingala, Spanish, Swahili, Tshiluba

**Scripps Ranch - Mira Mesa Blvd**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-7750

**Bio:**  
Martin Luther Kabongo, MD, is a board-certified family medicine doctor. He provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

![Photo of Akbar Rahman, MD, MPH](https://health.ucsd.edu)

**Akbar Rahman, MD, MPH**  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Languages:**  
French, Spanish, Swahili

**La Jolla - Genesee Avenue**  
**Contact:**  
New Patient Registration: (800) 926-8273  
Direct Clinic Line: (858) 657-8600

**Bio:**  
Akbar Rahman, MD, MPH, is a board-certified family physician who sees patients of all ages - children, adolescents, and adults. From routine check-ups for children, to well-woman care, to the care of more medically complex patients with chronic conditions such as diabetes and hypertension, he believes in taking a thorough, patient-centered approach to those under his care.
Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

**Martin Luther Kabongo, MD, PhD**  
Primary Care Physician  
Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine  
**Add'l Languages:**  
French, Lingala, Spanish, Swahili, Tshiluba

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Primary Care Physician  
Professor of Medicine

**Specialties:**  
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**Add'l Language:**  
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**Akbar Rahman, MD, MPH**  
Primary Care Physician  
Assistant Professor of Family Medicine and Public Health

**Specialties:**  
Primary Care, Family Medicine  
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