UC San Diego Health Physician Directory

Our physicians are recognized leaders in their professional societies, heading national organizations and committees dedicated to improving care and advancing knowledge about disease. They are prominently listed in publications such as America’s Top Doctors and *U.S. News & World Report*’s rankings of outstanding physicians and clinical programs.

**Patient Access**

**Request an Appointment**
Whether you’re looking for a primary care physician (PCP), need a specialist for treatment or are seeking a second opinion, you can make an appointment by following the steps below:

→ **New Patients (who have never seen a UC San Diego Health provider)**
  To register as a new patient and schedule an appointment, call **800-926-8273**, Monday through Friday, 8 a.m. to 5 p.m.

→ **Current Patients**
  Contact your physician’s office directly to schedule an appointment or call the main switchboard number, **858-657-7000**, and ask to be transferred to your physician’s office.

→ **Find a Doctor**
  To use our physician search website to find a physician by name or to search for a specialist, visit: [doctors.ucsd.edu](http://doctors.ucsd.edu).

**Referring Physician Access**

**Transfer a Patient**
For hospital-to-hospital transfers, call **619-543-5709** (24-hour service) for instructions or to speak to a transfer coordinator.

**Consultations**
If you need to talk with one of our physicians about a case or if you have any problems or concerns, please contact us at **855-543-0555** from 8 a.m. to 5 p.m. We want to hear from you.

**Refer Your Patient**
Call Physician Access at **855-543-0555** or fax **888-539-8781** and our team will register and schedule your referred patient. You will receive follow-up communication (consultation notes, discharges, etc.), as well as access to our electronic medical record system, UCSD Link.
## Locations

### La Jolla
- 4510 and 4520 Executive Drive
  San Diego, CA 92121
- 8910 Villa La Jolla Drive
  La Jolla, CA 92037
- 8899 and 8929 University Center Lane
  San Diego, CA 92122
- 8939 Villa La Jolla Drive
  La Jolla, CA 92037
- 9333 Genesee Avenue
  San Diego, CA 92121
- 8950 Villa La Jolla Drive
  La Jolla, CA 92037
- 9350 Campus Point Drive
  La Jolla, CA 92037

### Hillcrest
- **4th and Lewis Medical Offices**
  330 Lewis Street
  San Diego, CA 92103
- **Medical Offices North**
  200 West Arbor Drive
  San Diego, CA 92103
- **Medical Offices South**
  4168 Front Street
  San Diego, CA 92103
- **UC San Diego Medical Center**
  200 West Arbor Drive
  San Diego, CA 92103

### Encinitas
- 1200 Garden View Road
  Encinitas, CA 92024
- 477 North El Camino Real
  Encinitas, CA 92024

### Vista
- 910 Sycamore Avenue
  Vista, CA 92081

### Temecula
- 31720 Temecula Parkway
  Temecula, CA 92952

### Chula Vista
- 959 Lane Avenue
  Chula Vista, CA 91914

### Sorrento Valley
- 4910 Directors Place
  San Diego, CA 92121

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[health.ucsd.edu](http://health.ucsd.edu) | Patient Access **800-926-8273** | Physician Access **855-543-0555**
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https://health.ucsd.edu  
Tuesday, November 20, 2018
Family Medicine - Integrative & Holistic Medicine

Deepa Sannidhi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine

Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Telugu

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women's health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.
Gastroenterology

Gastroenterology is the branch of medicine concerned with the structure, functions, diseases and pathology of the stomach and the intestines — including digestive diseases. Learn more about gastroenterology at UC San Diego Health System.

Naveen Gara, MBBS
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology

Add'l Languages:
Hindi, Telugu

Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
Direct Clinic Line - Executive Dr. (Liver Transplantation): (858) 657-7728
Direct Clinic Line - Perlman Medical Offices (Gastroenterology): (619) 543-2347

Bio:
Naveen Gara, MBBS, is a hepatologist who cares for patients with hepatitis C, hepatitis B, fatty liver disease, alcoholic liver disease, autoimmune liver diseases, nonalcoholic fatty liver disease, and cirrhosis. He has expertise in performing endoscopic procedures to diagnose and treat digestive diseases.
Hepatology (Liver)

Hepatology is a medical specialty that incorporates the study of the liver, gallbladder, biliary tract, and pancreas as well as management of their disorders. Learn more about hepatology at UC San Diego Health System.

Naveen Gara, MBBS
Hepatologist
Assistant Professor of Medicine

Specialties:
Hepatology (Liver), Gastroenterology
Add'l Languages:
Hindi, Telugu

Hillcrest - Medical Offices South
La Jolla - 4510 Executive Drive
La Jolla - Perlman Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line - Liver Center: (619) 543-5415
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Internal Medicine

Internal Medicine specializes in diagnosis, nonsurgical treatment, and preventive medicine of diseases affecting the internal organs. Learn more about internal medicine at UC San Diego Health System.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.
Nephrology (Kidney) - Chronic Kidney Disease

Pranav Garimella, MBBS, MPH, FASN
Nephrologist
Assistant Professor of Medicine

Specialty:
Nephrology (Kidney)

Subspecialty:
Chronic Kidney Disease

Add'l Languages:
Hindi, Tamil, Telugu, Urdu

La Jolla - Perlman Medical Offices
Hillcrest - Medical Offices South

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 543-6397

Bio:
Pranav Garimella, MBBS, MPH, is a board-certified nephrologist who provides care for a wide range of kidney diseases, including chronic kidney disease, glomerulonephritis, hypertension, and acute kidney injury. He has a special interest in polycystic kidney disease, kidney stones, and metabolic bone disease.
Obstetrics & Gynecology - General Gynecology

Maureen C. Ries, MD
Obstetrician/Gynecologist
Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Specialty:
Obstetrics & Gynecology

Subspecialty:
General Gynecology

Add'l Languages:
Indonesian, Spanish, Swahili

La Jolla - 8910 Villa La Jolla
Encinitas - Garden View
Jacobs Medical Center

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 657-8745

Bio:
Maureen Ries, MD, is a board-certified obstetrician/gynecologist who provides a wide spectrum of care for women, including prenatal and childbirth care. She provides well-woman care, including health care maintenance and contraception. In addition, she has interests in vulvar skin disorders and general gynecologic surgery.
Primary Care

Primary care is the basic level of medical care at which a patient is evaluated and treated by a nurse or physician, and if necessary, is then referred to a medical specialist. Learn more about primary care at UC San Diego Health System.

Armelia Sani, MD, FACP
Primary Care Physician
Professor of Medicine

Specialties:
Primary Care, Internal Medicine

Add'l Language:
Indonesian

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9250

Bio:
Armelia Sani, MD, is a board-certified internal medicine doctor. She provides primary care for patients of all ages, including preventive care and treatment of acute and chronic diseases.

Deepa Sannidhi, MD
Primary Care Physician

Specialties:
Primary Care, Family Medicine
Subspecialty:
Integrative & Holistic Medicine

Add'l Language:
Telugu

Hillcrest - 4th & Lewis Medical Offices

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (619) 471-9260

Bio:
Deepa Sannidhi, MD, is a board-certified family medicine physician dedicated to practicing the full breadth of primary care and caring for patients of all ages, including children, adolescents, adults and seniors. Trained in preventive medicine, Dr. Sannidhi provides chronic disease management and also helps people prevent and treat disease through lifestyle and integrative medicine. Her expertise includes women’s health, integrative medicine, and lifestyle medicine, which uses evidence-based therapeutic approaches such as nutrition, exercise, stress management, sleep and other non-drug modalities, to decrease disease risk and illness.
Psychiatry

Psychiatry is the branch of medicine concerned with the diagnosis and treatment of mental disorders. Learn more about psychiatry at UC San Diego Health System.

Nora Bammidi, MBBS, FAPA
Psychiatrist

Specialty:
Psychiatry

Add'l Language:
Telugu

La Jolla - 8950 Villa La Jolla Drive

Contact:
New Patient Registration: (800) 926-8273
Direct Clinic Line: (858) 534-7792

Bio:
Nora Bammidi, MBBS, FAPA, is a board-certified psychiatrist who treats general mental health issues in adults, including depression, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), post traumatic stress disorder (PTSD), schizophrenia, insomnia and bipolar disorders. She provides medication management and psychotherapy to help treat these mental health conditions.
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